







Manav Rachna International Institute of Research & Studies Delhi NCR (India)



3rd BRICS Conference on Exercise & Sports Science

26th-29th February 2024

Registration https://bricscess.com/registration/

Abstract Submission https://bricscess.com/abstracts/





Council of Exercise & Sports Science https://bricscess.com/2024-conference/

Advances in Holistic Health Sport for Children and Youth:





About the 3rd BRICS-Council of Sports and Exercises Science-2024 Conference

The BRICS Council of Exercise and Sports Science (BRICSCESS) is an international professional organization consisting of professors, researchers, students, institutions, affiliates and other membership groups in exercise and sports science as provided for in this Constitution. BRICSCESS focuses on specific areas of Exercise and Sports Science including (but is not limited to) Exercise Physiology, Health and Fitness, Sports Biomechanics, Sports Nutrition, and other such related areas of Sports. BRICSCESS in recent times has successfully organized its flagship conference for knowledge exchange and professional networking in Brazil, & South Africa, to promote communication, interaction and cooperation among all stakeholders related to exercise and sports science including researchers, future leaders and students in Brazil, Russia, India, China, and South Africa. Sport has proven to be a flexible and cost-effective strategy for achieving peace and Development goals. Sport serves as a crucial catalyst for long-term growth and prosperity. We acknowledge the growing role that sports play in achieving development and peace through their promotion of tolerance and respect, and their impact on the empowerment of women and young people, as well as on health, education, and social inclusion goals at the individual, community, and global levels. To carry forward the legacy, the Faculty of Allied Health Science in collaboration with Knowledge partners are organizing a five-day conference - 3rd BRICSCESS 2023 to assist sport in reaching its maximum potential and for enrichment of the professionals

EXECUTIVE COUNCIL



Honorary International Advisor of BRICSCESS 2024 Professor Mingkai Chin (HONG-KONG CHINA)

Founding President BRICSCESS
President/Founder, The Foundation of Global
Community Health (GCH)
Co-Founder, GoFPEP
Former Vice President, HOP Sports



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Board of Directors, BRICSCESS Director Prof. Dr. Kadriya Akhmerova

FSBI "Federal Center for Preparation of the Sports Reserve" Ministry for Sport of the Russian Federation Russia



Council of Exercise & Sports Science

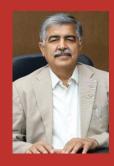
https://bricscess.com/2024-conference/

Keynote Speakers



Prof. Dr. Ming-Kai Chin

Founder and President, Foundation for Global Community Health (GCH) Founding and Immediate Past President, BRICS Council of Exercise & Sports Science (BRICSCESS) Connecting Holistic Health to Interactive Technology in Youth and Community through the United Nations Sustainable Development Goals 2030 (UNSDGs)



Prof. G.L. Khanna

Founding Member & Vice President of BRICSCESS
Pro Vice Chancellor
Manav Rachna International
Institute of Research and Studies
Faridabad, India
Member Prime Minister Olympics
Task Force India

Holistic Development of Fitness in Children and Youth in India: Need for Development of A Sustain able Model



Prof. Dr. Myriam Guerra-Balic

Board of Directors, GCH Research Group on Health, Physical Activity and Sport FPCEE-Blanquerna University Ramon Llull Spain

"Adapted Judo for Children with Autistic Spectrum Disorder: the AUTJUDO Project"



Prof. Dr. Stephen Kopecky

Past President, American Society for Preventive Cardiology Professor of Medicine College of Medicine, Mayo Clinic USA

Physical Activity and Reduction in Chronic Disease



Dr. Uri Schaefer

President, International Council of Sport Sciences and Physical Education (ICSSPE) Past President and Board member, International Council of Coaching Excellence (ICCE)

Lecturer on Sport Management and Sociology of Sport

Wingate Institute in Cooperation with the Rupin Academic College Israel Promoting Holistic and Sustainable Physical Education and Physical Activity for Children and Youth





Assoc. Prof. Dr. Maria Abulkhanova Founding Member and Vice President of BRICSCESS Russia Using Digital Technologies in the Competence «Physical Education, Sport and Fitness» According to WorldSkills Russia



Prof. Dr. Kadriya Akhmerova Board of Directors, BRICSCESS Director, FSBI "Federal Center for Preparation of the Sports Reserve" Ministry for Sport of the Russian Federation Russia

> The Care of Health across Life Span of Athletes: Modernity and Challenges in the Russian Federation



Assoc. Prof. Dr. Albina Andreeva Board of Directors, BRICSCESS
Department of Physiology, Russian State
University of Sport (SCOLIPE)
Chief Specialist of the Department of
Federal Projects
FSBI "Federal Center for Preparation of
the Sports Reserve"
Ministry for Sport of the Russian
Federation
Russia



Assoc. Prof. Dr. Govindasamy Balasekaran, FACSM President, Asian Council & Exercise Sports Science (ACESS) American College of Sports Medicine (ACSM) Health Fitness Director Former Head, Physical Education & Sports Science Former Programme Director, Sport Science Management Physical Education & Sports Science National Institute of Education Nanyang Technological University Singapore

Using the OMNI Rate of Perceived Exertion (RPE) Scale to Self-Regulate Exercise Intensity to Induce Cardiovascular & Peripheral Adaptations During Soccer Training



Prof. Emeritus Dr. lan Culpan Executive Board member, The Foundation for Global for Community Health (GCH) Senior International Advisor, Asian Council of Exercise and Sport Science (ACESS) Co-Director, New Zealand Centre for Olympic Studies Immediate Past President, Oceania

Region, FIEP School of Health Sciences, University of Canterbury New Zealand Physical Education and Wellbeing: It's not Rocket Science



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Prof. Dr. Serap Inal

Dean and Department Head Department of Physiotherapy and Rehabilitation Faculty of Health Sciences Istanbul Galata University Turkey

Prevention of Knee Joint Injuries among Prepubertal and Pubertal Children:11+ and FIFA 11+



Assoc. Prof. Dr Garry Kuan

Secretary-General, Asian-South Pacific Association of Sport Psychology Executive Board Member, Asian Council of Exercise and Sports Science (ACESS) Exercise and Sports Science Programme Universiti Sains Malaysia Malaysia

The Innovative Approach of Using Music for Health and Sport: From Conceptual Underpinnings to Applications Prof.



Prof. Dr. Gıyasettin **Demirhan & Sinan Vural** Board of Directors, GCH Former President, Turkish Sports Sciences Association Former Dean, Faculty of Sports Hacettepe University Turkey

The Effect of Physical Activity-Based Brain Breaks on Gain Score



Assoc. Prof. Dr. Maya van Gent

Human Movement Science Department Faculty of Health Sciences University of Fort Hare South Africa

Influence of a Physical Activity and Psychosocial Intervention on Risk Factors Associated with NCD among Adolescents



Prof. Dr. Verónica **Violant Holz**

President, ICPESS 2022-Barcelona Chief Investigator, The Acknowledged Research Group (SGR, 806): Hospital Pedagogy in Neonatology & Paediatrics Chief of the International Observatory of Hospital Pedagogy Department of Didactic & Educational Organization Faculty of Education,

University of barcelona, Spain

Good Health Practices Applied to Hospital Pedagogy during the Illness Process





Assoc. Prof. Dr. Nara Oliveira

Board of Directors, BRICSCESS Human Movement Sciences Department Federal University of Sao Paulo, Brazil

Physical Education, Well-Being and Health among Brazilian Children During the Social Distancing Period



Asso. Prof. Dr. Foong Kiew OOI

Lecturer and Former Programme Chairman Exercise and Sports Science Programme School of Health Sciences Universiti Sains Malaysia Malaysia.

Influence of Sports
Participation, Genetic Factor
and Nutritional
Supplementation on Bone
Health & Muscular
Performance in Young
Population



Prof. Dr. Chae-Hee Park

ACSM Exercise is Medicine® Older Adult Committee Member Director, Academic Information Center Dept. Sport and Healthy Aging Korea National Sport University Republic of Korea

Intergenerational a Sport Program between Youth and Elderly: A Case of Pickball clubs



Prof. Dr. J. Hans de Ridder

President, BRICSCESS
President, BRICSCESS Congress
2019- Cape Town
Board of Directors, the GCH Foundation
Senior Vice-President, ISAK
Director, School of Human Movement Sciences, North-West University-Potchefstroom
South Africa

Concussion in School Rugby: Are We Winning the Battle?



Prof. Dr. Fatma Saçli uzunöz

President, 5th ICPESS 2018
Senior FLV, ICPESS 2015, GoFPEP
2016, BRICSCESS 2017
Department of Coaching Education
Former Founding Director, School
of Sport Sciences and Technology
Nevşehir Hacı Bektaş Veli University
Turkey

Physical Activity Involvement from Classrooms to Houses: Case from Cappadocia Region of Turkey





Prof. Dr. Ricardo R. Uvinha

Founding Member and Secretary General of BRICSCESS Dean, School of Arts, Sciences and Humanities University of Sao Paulo Research Development Center on Sport and Leisure Policies: Regional Partnership through Physical Activity, Exercise, and Health Science



Prof. Rajesh Kumar (India)

Chairman and Principal, Department of Physical Education, Osmania University, Hyderabad, T.S. India. Impact of Physical Activity Programs in the Schools for promotion of Fitness among Students.

Workshops



Dr. Michelle Lombardo

President, The OrganWise Guys Inc.

Learn How to Establish Lifelong Healthy Behaviors in Children and Youth Using a Science-based, Child-friendly, Sustainable



Prof. Dr. Erika Zemková

Department of Biological and Medical Sciences Faculty of Physical Education and Sport Comenius University in Bratislava Slovakia

Young and Old Alike: Agility Skills Testing and Training within a Long-term Physical Development Model



Prof. Dr. Waheeda Khan

Prof. & Advisor SGT University, Gurugram India Synergy of Gratitude and Mindfulness in Sports and Physical Fitness: Harnessing the Science of Human Flourishing and Wellbeing



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GCH FLV



Dr. Mottakin Ahmed

Sports Officer Government college Silwani, Raisen India Childhood Obesity and its Associated Factors among School Going Children in Raisen, Madhya Pradesh,



Prof. Dr. Dané Coletzee

Senior SFLV
Program Leader: Kinderkinetics
Faculty of Health Science
School of Human Movement Sciences
North-West University - Potchefstroom
South Africa

Relationship of BMI on the agility and strength skills of six-to-eight-year-old learners in the North West Province of South Africa: The PERF-FIT study



Assoc. Prof. Dr. Biljana Popeska Senior FLV Faculty of Educational Sciences Goce Delcev University-Stip Republic of North Macedonia Physical Activity Level and Psychological Well-being of University Students and Possibilities for its Improvement: Case Study from North Macedonia



Assoc. Prof. Dr. Bijen Filiz

Department of Coaching Education Afyon Kocatepe University Turkey The Effects of Brain Breaks® Physical Activity Videos on Focus, Task Tracking and Academic Achievement in Turkey



Dr. Antonín Kuban

Senior FLV
Director/Co-founder: Kindergarten
Housenka and IMAGO individual
learning school in Prague
Director of Music-based P.E. Program,
teacher and trainer
Faculty of Physical Education and
Sports
Charles University
Czech Republic

The Best Practice, Enhancing Children 's PA in Kindergartens by Connecting Music and Movement in Pre-School Education



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GCH FLV



Dr. Zornitza Miladenova

Senior FLV President, Association of Touristic Animators Bulgaria

Tourism and Leisure in the Post COVID Digital Era



Ms.Yew Cheo NG

Graduate Student Nanyang Technological University, Singapore Does External Pneumatic Compression Help with Recovery and Improve Performance after Cycle Ergometer Anaerobic Exercise?



Ms.Larissa Pires

Ph.D. Student Federal University of São Paulo, Santos, Brazil Mental Health, Resilient Coping Strategies and Hope of Residents of the City of São Paulo during the Period of Social Distancing in COVID-19



Dr. Kalkidan Zegeye,

General Practitioner/ Msc Student Ras Desta Damtew Memorial Hospital Ethiopia Nutrition, Health and Wellness School Programs for High School Girls in Addis Ababa

SCIENTIFIC SESSIONS

- Paper Presentation
- Pre- Conference workshops
- International key notes

- Poster presentation
- Panel discussion



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3rd Conference on BRICS Exercise & Sports Science

About MRIIRS

Manav Rachna International Institute of Research and Studies (MRIIRS) is a National Assessment and Accreditation Council (NAAC) accredited A-grade University. It was granted the Deemed university status under Section 3 of the UGC Act 1956, as Manav Rachna International University. For 25 years, MREI has been the place where visionaries, inventors, and trailblazers get their start. A vibrant, inclusive learning environment. A place of learning, discovery, innovation, expression and discourse.

Across its 25 years saga, MRIIRS continues to set new benchmarks into quality education and research while carrying forward the mantle of excellence, with the philosophy of Manav Rachna (the reality of all vision or root of all knowledge). Sports, along with knowledge form an important component of this development process. Recently, the Manav Rachna Educational Institutions (MREI) was conferred with the Rashtriya Khel Protsahan Award 2021.

About School of Allied Health Sciences

School of Allied Health Sciences (SAHS) prides itself on creating an environment of substantial academic freedom overlaid by rigorous, self-imposed standards of excellence and socially responsive practices. We at SAHS, willingly submit ourselves to a unique, rigorous, open, and continuous process of appraisal and feedback from the students.

Our faculty plays a hands-on role in the governance of the teaching methodology and assumes total ownership of collective decisions, while keeping themselves abreast of current developments in the related fields of Physiotherapy, Nutrition and Dietetics. FAHS maintains active interface with the public and private entrepreneurs of the health industry and other promotional organizations to understand the future needs and demands

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DEAN, SCHOOL OF ALLIED HEALTH SCIENCES, MRIIRS



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PROF. (DR.) G. L.KHANNA

PRO VICE CHANCELLOR, MRIIRS



LOCAL ORGANIZING COMMITTEES

CORE COMMITTEE

Prof. (Dr.) Sanjeev Gupta

Prof (Dr.) Divya Sanghi

Prof. (Dr.) Gurjeet Kaur Chawla

Dr. Lakhwinder Kaur

Prof (Dr.) Kommi Kalpana

Dr. Nitesh Malhotra

COMMITTEES	CONVENERS
Registration Committee	Dr. Nitesh Malhotra & Dr. Madhvi Awasthi
Scientific Committee (Including poster & oral prsentation)	Dr. Kommi Kalpana, Dr. Irshad Ahmad, Dr. Mehak Katyal, Dr. Ankita Sharma
Finance Committee & purchase (KITS)	Dr. Divya Sanghi & Dr. Mahak Sharma
Catering Committee	Dr. Pratibha , Dr. Sunita & Lucy George
Transport Committee & Accomodation Committee	Dr. Shobhit Saxena, Dr. Dheeraj Kumar, Dr. Pooja Sharma
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Medical Aid Committee	Dr. Preeti Saini
Cultural Committee	Dr. Gurjeet Kaur Chawla & Dr. Ankita Sejpal
Publicity & Marketing	Dr. Lakhwinder Kaur & Dr .Preeti Saini
Sponsorship & Exhibition Committee	Dr. Gurjeet Kaur Chawla & Dr. Sanjeev Gupta
Cultural Committee & Stage Committee	Dr. Gurjeet Kaur Chawla, Dr. Pooja Sharma





Key Highlights

More than 600 delegates to participate from India and BRICS nations and a very prestigious delegation besides other middle east European and other global economies. Some other notable features of this conference are:

- More than 30 Countries participating (https://bricscess.com/keynotes-invited-speakers/)
- 2. Official delegations from various countries for B2B Meeting
- 3. Delegation from Global Health community Network
- 4. Participants from Indian Universities and Institutions & Sports organizations
- 5. The conference is already endorsed by more than 60 reputed globalorganizations and brands (https://bricscess.com/endorsements/)
- 6. Future leaders Volunteers from reputed international organisations (https://bricscess.com/flvs/)
- 7. Brainstorming by global think-tank on Sustainable practices & trends

CALL FOR ABSTRACT SUBMISSION

Abstracts will be published in the Turkish Journal of Physiotherapy and Rehabilitation. This is a Scopus Indexed Journal.

Important Dates

31 August 2023

Final abstract submission deadline

30 September 2023

Final abstract acceptance notification

ABSTRACT SUB-THEMES

Interdisciplinary Approaches in Sports Sciences, Physical Education, and Nutritional Sciences

Holistic Development of Children and Youth

Models of Sports Culture in various countries

Advances and innovative approaches in Science and Technology for health promotion and Talent development in Sports

Computing, Data Analytics and Sports Intelligence

Practices in Rehabilitation, Injury prevention, and Clean Sports



Council of Exercise & Sports Science

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Abstract Guidelines

- Narrative: Each abstract narrative should contain no more than 500 words, 12 point Times
 New Roman font, single-spaced, justified in the following structure:
- Abstract title: The title should be explicit (14 point Times New Roman font) and in capital letters
- Full name and professional affiliation of author(s), mailing address and e-mail of the presenting author (12 point Times New Roman font).
- Introduction | Methods/Methodology | Results & Discussion | Conclusion | Key words
- · The abstract should not contain line spaces, references, tables or unusual abbreviations.
- The presenting author's name is to be highlighted and formatted in bold.

CONFERENCE REGISTRATION				
Category	Early Bird Registration Before: 30th September 2023	Before 31st January 2024	After 31st January 2024	Conference Dinner
Delegates (International)	USD300	USD 350	USD 400	USD 50
Delegates (Indian)	9000 INR	12000 INR	18000 INR	2000 INR
Student (International)	USD 150	USD 200	USD 300	USD 30
Student (Indian)	6000 INR	8000 INR	10000 INR	1000 INR

Bank Details		
Name	Manav Rachna International Institute of Research and Studies	
Account No.	201004119068	
Bank Name	IndusInd Bank, NIT Faridabad Branch	
IFSC Code	INDB0000702	
MICR Code	110234066	
Swift Code	INDBINBB (Head Office)	
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Indian Delegates can pay through

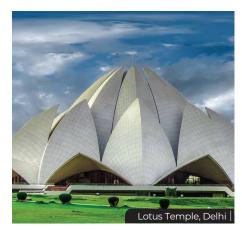


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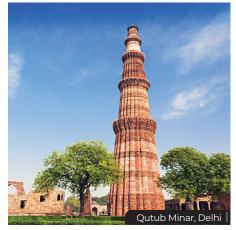


PLACES TO VISIT

Delhi, the vibrant capital city of India, is a captivating blend of history, culture, and modernity. With its rich heritage, iconic landmarks like the Red Fort and India Gate, and bustling markets offering a variety of experiences, Delhi promises an unforgettable journey for conference attendees. Explore the diverse culinary delights, witness the colorful traditions, and engage in intellectual discussions in this dynamic metropolis during our conference. Welcome to Delhi – where tradition meets innovation!























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RAJHANS, FARIDABAD

https://rb.gy/d2xd7

0129251205

» Rooms:

- Luxury Room: INR 6,000 plus taxes
- Executive Room: INR 4,499 plus taxes
- >> Meals Available: Breakfast and Dinner
- » Facilities: Swimming Pool, Restaurant, Lounge, Bar, Golf and Health Club



PARK PLAZA, FARIDABAD

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01294241111

» Rooms:

- Single Room: INR 5,000 plus taxes
- Double Room: INR 5,500 plus taxes
 - » Meals Available: Breakfast
- » Facilities: Spa, Gym, Swimming Pool, Open Bar



RADISSON BLU, FARIDABAD

https://rb.gy/ufg6s

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- » Rooms (prices without breakfast):
- Single Room (Single Occupancy):

INR 5,499 plus taxes

Single Room (Double Occupancy):

INR 5,999 plus taxes

Double Room (Single Occupancy):

INR 11,000 plus taxes

• Double Room (Double Occupancy): INR

12,000 plus taxes

- » Meals Available: Breakfast & Dinner
- » Facilities: Pool, Spa, Restaurant, Gym, Bar



TAJ VIVANTA, FARIDABAD

https://www.vivantahotels.com/en-in/vivanta-surajkund-ncr/

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» Rooms:

• Single Room (with Breakfast):

INR 6,762

 Single Room (with Breakfast and Lunch/Dinner): INR 9,956

• Double Room (with Breakfast):

INR 13.524

Double Room (with Breakfast and

Lunch/Dinner): INR 19,912

» Facilities: Gym, Spa, Pool and Open Bar (Charged separately)



Endorsement



































































































































































Key Sponsorship

Title "Name of the company Sponsors BRICSCESS 2024" Rs. 10,00,000/-

Privileges

- Name / Logo of the company with the conference title at all possible place in print and AV
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- Name / Logo of the company on three vertical hanging banners at the venue at prominent place
- Facilitated Product launch podium opportunity
- Multiple company / brand presentations podium opportunity
- · Company introduction Video will be played in prize distribution Ceremony
- Opportunity of round table discussion with foreign delegates
- · Announcement on Radio Manav Rachna (107.8).
- Open Space of 10 ft x 10 ft will be provided whereby you may put your company kiosk or display your product.
- Name/Logo of the company on hoarding outside the campus
- Name/Logo of the company in guest invitations and delegates/volunteers / student ID cards.
- During event Title sponsor name and brand will be highlighted by the Anchor of the event in Prize distribution Ceremony.
- Name / Logo of the company in venue Decoration.
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- Open Space of 10 ft x 5 ft will be provided to put your company kiosk /display your product.
- Name / Logo of the company on One vertical banner in campus at prominent place.
- · During event Title sponsor name and brand will be highlighted by the Anchor of the event in
- · Prize distribution Ceremony.
- Can put upto 3 standees all over the campus.
- Company name will be mentioned in all Manav Rachna and 3rd BRICSCESS 2024
- · social media handles.
- · Company logo in guest invitations.
- Logo of company will be printed on T-shirts.



Key SponsorshipTitle "Powered by" Rs. 3,00,000/-

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- Open Space of 10 ft x 5 ft will be provided whereby you may put your company kiosk or display your product.
- During event Main sponsor name and brand will be highlighted through Anchor of the event
- Can put upto 2 standees all over the campus.
- Company name will be mentioned in all Manav Rachna and 3rd BRICSCESS 2024 social media handles.
- Company logo in guest invitations

For more sponsorship opportunities / Exhibition Stalls, Promotional activities Contact:

Secretariat:

Prof. (Dr) Sanjeev Gupta (Organizing Secretary) Ph: +91 9873430002

Co-Organizing Secretary **Dr. Nitesh Malhotra**Ph: +91 75032 29661

bricscess2024@mriu.edu.in



