



BLK-MAX
Super Speciality Hospital



NATIONAL SPORTS INJURY CONCLAVE



"NAVIGATING THE PATHWAY TO RECOVERY: INNOVATIVE APPROACHES TO SPORTS INJURY PREVENTION AND TREATMENT"



09th July 2023



**NDMC CONVENTION CENTRE
NEW DELHI, INDIA**

ORGANIZED BY

PHYSICAL EDUCATION FOUNDATION OF INDIA
National Sports Promotion Organization
Recognized By Ministry of Youth Affairs & Sports
Government of India

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Background Overview:



WHAT IS NEED FOR NATIONAL LEVEL SPORTS INJURY CONCLAVE ?

Sports injuries have become an increasingly common occurrence in competitive sports as stakes are getting high. In recent years, there has been a proportionate increase in sports injuries due to the constant growth of sporting activities worldwide and intensive training, especially after the introduction of professional leagues across the spectrum of sports. According to a report from the National Center for Biotechnology Information, India has the highest number of sports injuries in the world, with more than 5 million people affected each year. This is a major concern for the nation, as it has a direct impact on the health, fitness and productivity of the population.

Unfortunately, the current state of sports injury management in India is inadequate. While there are a number of organizations that provide medical care and rehabilitation services, there is still a lack of awareness among the professional athletes, especially at Junior level and among the general public as well which is often involved in recreational sports. Therefore to support the rising sport activities among the general public there is a need to make people aware about the importance of preventive measures and the need for proper management and the same holds true for professional athletes as well, especially those who are still in early years of their careers The lack of awareness has led to an increase in the number of injuries and a decrease in the quality of care provided.

The Conclave will also serve as an opportunity to identify gaps in the current system and craft solutions to address them. Certainly, the National Sports Injury Conclave in India will prove to be a powerful tool to promote injury prevention and better management of sports injuries. It will provide a forum for experts to collaborate, share knowledge and develop innovative solutions to improve the quality of care.



About National Sports Injury Conclave

The National Sports Injury Conclave is a one day interdisciplinary conference focused on advancing knowledge and understanding of sports injury management, the theme of the conclave is "Navigating the Pathway to Recovery: Innovative Approaches to Sports Injury Prevention and Treatment". The event is scheduled to be held on 09th July 2023 (Sunday) in NDMC Convention Centre, New Delhi, India. The event is being organized by Physical Education Foundation of India (PEFI), A National Sports Promotion Organization, Recognized By Ministry of Youth Affairs & Sports (Government of India).

The event aims to bring together leading experts in the field of sports injury and Rehabilitation to share their knowledge and experience, discuss current trends and challenges, and explore solutions for best practices in Sports Injury and Rehabilitation. It will be a platform for stakeholders to engage in meaningful dialogue and exchange ideas, resulting in the development of innovative approaches to sports injury management. Leading sports and orthopedic surgeons, physiotherapists, sports medicine professionals, and sports administrators from across the country will also be invited in order to share their knowledge and experience on the subject. The event will certainly serve as a platform for networking, collaboration, and the development of best practices in Sports Injury and Rehabilitation.

Objectives

- Promote knowledge and understanding of sports injury and Rehabilitation among stakeholders.
- Develop an open dialogue among stakeholders regarding current trends and challenges in sports injury and Rehabilitation.
- Explore best practices and innovative strategies for Sports Injury and Rehabilitation.
- Discuss strategies for preventing and managing sports injuries.
- Identify risk factors for sports injuries and develop interventions for reducing their incidence.
- Promote awareness on the importance of preventive measures and injury management in sports.
- Explore innovative technologies and approaches for Sports Injury and Rehabilitation.

Target Audience



Who should participate?

The National Sports Injury Conclave is designed for sports medicine professionals, athletes, coaches, trainers, physical therapists, sports administrators, and anyone else with an interest in sports injury and Rehabilitation. The target audience for the National Sports Injury Management and Prevention Conclave would include:

- Sports Coaches
- Athletes
- Sports Medicine Professionals
- Physical Therapists, Orthopedic Surgeons, and Athletic Trainers
- Sports Medicine Research Professionals
- Sports Equipment Manufacturers
- Sports Administrators and Policymakers
- Sports Governing Bodies Representatives
- Sports Nutritionists
- Sports Psychologists
- Sports Physiologists
- Sports Biomechanics experts
- Sports Data Analysts
- Sports Journalists and Media Professionals
- Parents of Young Athletes
- Sports Venue Managers





AGENDA

Welcome and Introductions

Overview of National Sports Injury and Rehabilitation Conclave

The event will feature presentations, panel discussions, and interactive sessions focused on the following topics:

- Anatomy and physiology of injuries
- Prevention and treatment of sports injuries
- Risk assessment and management
- Injury rehabilitation
- Return to play protocols
- Technology and data analytics in Sports Injury and Rehabilitation
- Current trends and challenges in Sports Injury and Rehabilitation
- Best practices and innovative strategies for Sports Injury and Rehabilitation



KEY OF ATTRACTION

INJURY PREVENTION

- Common Injuries and prevention
- Physiotherapist
- Sports medicine

HOW TO DEAL INJURIES

- Psychologist
- On site physiotherapist role
- Conservative treatment

MANAGEMENT OF INJURIES

- Physiotherapy care
- Surgical Management
- Rehabilitation



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REGISTRATION FEES

STUDENTS	RS. 1000
PEFI MEMBERS	RS. 1500
PROFESSIONALS	RS. 2000

Scan QR for location



09th July 2023



NDMC CONVENTION CENTRE
 15, SANSAD MARG, CONNAUGHT PLACE,
 NEW DELHI, DELHI - 110001

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