"A healthy mind lives in a healthy body...", we have believed and followed this for ages. The Prime Minister in his vision for a NEW and VIBRANT India, lays special emphasis on the physical training of the Youth. Excellence in Sports and Games is widely accepted and recognized as a mark of the all-round development of the Nation. These are not only vital from the health perspective but also essential from the holistic development of the human being. At the global level if a country is known for its wealth and power, Sports is the latest trend to judge its development and prosperity.

The Director at New Era Public School, Dwarka, with his dynamic leadership is taking a step forward in Nation Building by laying a special emphasis on the all-round development of the physical activities in its campus and recognizing the crucial contribution of the Physical Education Teachers. It is the PETs who play the most pivotal role in grooming the youth towards liking participation in sports and games.

To promote sports further at the grass root level, schools with effective and wellequipped PETs/Coaches is absolutely critical to mentor and guide the youth in the right direction. Since competition in sports is growing daily, it is imperative to update the knowledge and skills of the PETs/Coaches through scientific approaches.

Taking a lead in adapting the novel approach of the scientific development of the PETs/Coaches, New Era Public School, Dwarka, is planning to organize a daylong seminar at its school campus.

The seminar would be focusing on the very key and related issues handled by the PETs/Coaches in their mundane interactions with the youth.

It is worth mentioning that the topics being covered in the seminar shall be delivered by international Coaches/Experts.

Registration link is provided below and would be carried out on a "First cum First Serve" basis.

Date - 26th Feb' 2022

Timing - 10 am to 3 pm

Dr. Ajay K. Bansal

Dronacharya Awardee