



# LNIPE

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION



NAAC A++ Accredited, Category-1, Deemed to be University & 12 B Status Granted by the UGC  
(Member of the International Association of Physical Culture & Sports University)  
Government of India, Ministry of Youth Affairs and Sports

# PROSPECTUS

## Year : 2021-22



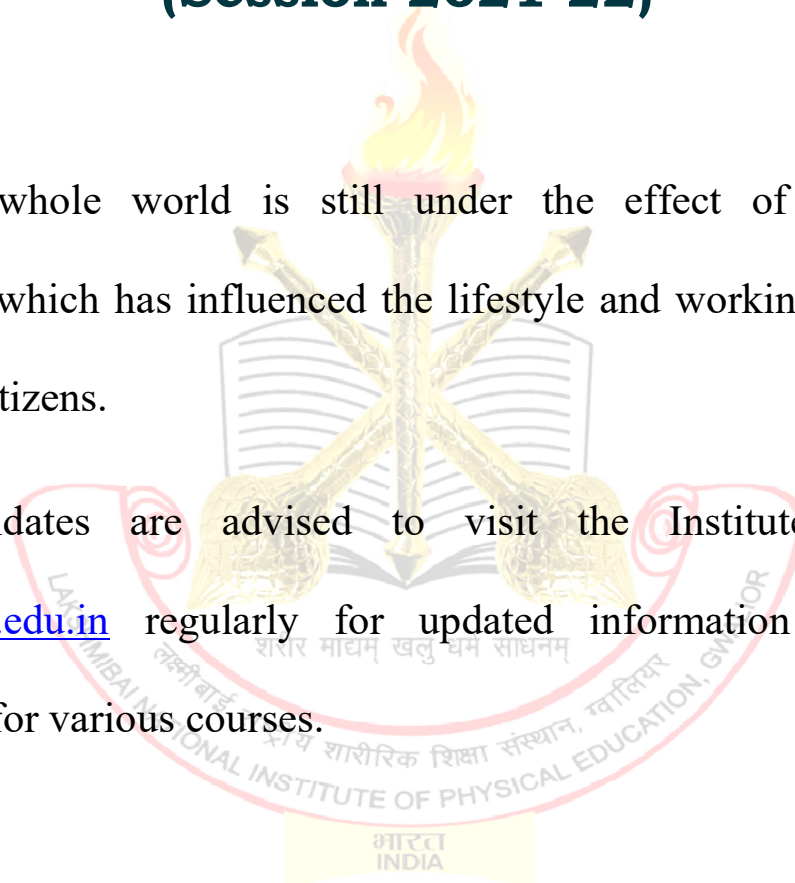
Shakti Nagar, Mela Road, Gwalior - 474 002 (M.P.) INDIA  
Website : [www.lnipe.edu.in](http://www.lnipe.edu.in)

## IMPORTANT INFORMATION FOR ADMISSION

**(Session 2021-22)**

The whole world is still under the effect of COVID-19 pandemic, which has influenced the lifestyle and working conditions of all the citizens.

Candidates are advised to visit the Institute's website [www.lnipe.edu.in](http://www.lnipe.edu.in) regularly for updated information related to admission for various courses.



## MESSAGE FROM THE VICE CHANCELLOR

Lakshmibai National Institute of Physical Education (LNIPE), founded in 1957, is a National Institution of excellence for teaching, research and application of knowledge in the field of Physical Education and Sports. Since its inception, the Institute has achieved many milestones due to the dedicated devoted teachers, students, quality teaching and research by adopting innovative approach. It is a matter of immense pleasure and pride to announce that in its 2<sup>nd</sup> Cycle of National Assessment and Accreditation Council (NAAC) the Institute has been accredited with A<sup>++</sup> grade with 3.79 CGPA, which is the highest grade awarded by NAAC and Category-I along with 12-B status by UGC.



The Institute and its North-East Regional Center, Guwahati (Assam) offers Bachelor of Physical Education (B.P.Ed.) and Master of Physical Education (M.P.Ed.) programmes along with M.A. (Yoga), M.A. (Sports Management), M.Sc (Exercise Physiology), M.Sc (Sports Biomechanics), M.A. (Sports Psychology), P.G. Diploma and Diploma programs/courses along with Ph.D. Institute also offer courses through online learning and distance mode. The alumni of the Institute enjoy high positions in various fields such as Physical Education, Sports, Yoga, Fitness and Hospitality Industry, Defense and Paramilitary organizations, Industrial Sectors, Corporate Houses and Media Houses etc. It is worthwhile to mention that the placement opportunities for the students studying in the Institute are 100%. It is our constant endeavor to provide conducive environment for academic, sports and overall excellence.

July, 2021

**Prof. Sabyasachi Mukherjee**  
Officiating Vice Chancellor

## VICE CHANCELLOR

Name	Telephone and Fax No.
Prof. S. Mukherjee	0751-4000800 / 900 (Off.) 0751-4000990 (Fax)

## I/C REGISTRAR

Name	Telephone and Fax No.
Prof. A.S. Sajwan	0751-4000902 / 917 (Off.) 0751-4000992 (Fax)

## DEANS, COE, DIRECTORS & PROCTOR

Name	Designation	Telephone No.
Prof. Laxmi Narayan Sarkar	Dean, Academics	0751-4000925
Prof. Arvind Singh Sajwan	Dean, Sports Sciences	0751-4000902
Prof. Leon Wilfred Vaz	Dean, Faculty of Physical Education & Applied Areas and Student Welfare	0751-4000981
Prof. Biswajit Basumatary	Dean, NERC, Guwahati	08811018526
Prof. Vivek Pandey	Director-IQAC	0751-4000968
Prof. Guru Dutt Ghai	Controller of Examination	0751-4000997
Dr. Bharat Verma	Chief Proctor	0751-4000914

## DEPARTMENT & FACULTY MEMBERS

<b>I. DEPARTMENT OF PHYSICAL EDUCATION PEDAGOGY</b>	<b>0751-4025548</b>
1. Lt. (Dr.) Brij Kishore Prasad [HOD] 2. Prof. Guru Dutt Ghai 3. Prof. Leon Wilfred Vaz 4. Prof. Indu Bora 5. Dr. Yatendra Kumar Singh 6. Dr. Pushpendra Purashwani	7. Dr. Yajuvendra Singh Rajpoot 8. Dr. Dileep Tirkey 9. Dr. Rahul H. Kanojia 10. Mr. Mukesh Narwariya 11. Dr. Manoj Sahu 12. Dr. Gaurav Sanotra
<b>II. DEPARTMENT OF EXERCISE PHYSIOLOGY</b>	<b>0751-4000968</b>
1. Prof. Vivek Pandey [HOD] 2. Dr. Birendra Jhajharia 3. Dr. Deepak Sharma	4. Dr. Gayatri Pandey 5. Ms. Payel Das 6. Mr. Padmakar
<b>III. DEPARTMENT OF SPORTS BIOMECHANICS</b>	<b>0751-4000995</b>
1. Prof. Joseph Singh [HOD] 2. Prof. Arvind Singh Sajwan 3. Dr. Vinita Bajpai Mishra	4. Dr. Amar Kumar 5. Dr. Moradvaj Singh
<b>IV. DEPARTMENT OF SPORTS PSYCHOLOGY</b>	<b>0751-4000914</b>
1. Prof. Mahendra Kumar Singh [HOD] 2. Prof. Jai Prakash Verma (on lien) 3. Dr. Chandra Prakash Singh Bhati	4. Dr. Bharat Verma 5. Dr. Megha Sahu



<b>V. DEPARTMENT OF HEALTH SCIENCES</b>	<b>0751-4000946</b>
1. <b>Prof. Laxmi Narayan Sarkar [HOD]</b>	4. Dr. Pramod Kumar Das
2. Dr. Sanjeev Yadav	5. Dr. Narendra Yadav
3. Dr. Anindita Das	
<b>VI. DEPARTMENT OF SPORTS MANAGEMENT &amp; COACHING</b>	<b>0751-4000887</b>
1. <b>Dr. Krishna Kant Sahu [HOD]</b>	3. Dr. Madan Singh Rathore
2. Dr. Ashish Phulkar	4. Dr. Samir Kumar Yadav
<b>VII. DEPARTMENT OF YOGIC SCIENCES</b>	<b>0751-4000808</b>
1. <b>Dr. Nibu R. Krishna [HOD]</b>	3. Dr. Anusha Tyagi (Yoga Instructor)
2. Dr. Sunil Kumar Deshmukh (Yoga Instructor)	
<b>VIII. LNIPE-NERC, GUWAHATI</b>	<b>09717005265</b>
1. <b>Dr. Shankar Jyoti Basumatary [HOD]</b>	8. Dr. Saon Sanyal
2. Prof. Biswajit Basumatary	9. Dr. Hem Chandra Joshi
3. Dr. Satpal Yadav	10. Dr. Pulen Das
4. Dr. Shailesh Kumar Singh	11. Dr. Ramesh Chand Yadav
5. Dr. Sujay Bisht	12. Mr. Nongmaithem Suhinder Singh
6. Dr. Sanjeev Kumar (on lien)	13. Ms. Meriline Gogoi
7. Mr. Thepfu Kolie Punyu	

### UGC-HRDC

Name	Designation	Telephone No.
<b>Prof. Anurodh Singh Sisodia</b>	<b>I/c Director</b>	<b>0751-4000946</b>
<b>Dr. Raj Kumar Sharma</b>	<b>Associate Professor</b>	<b>0751-4000810</b>

### ADMINISTRATION

Name	Designation	Telephone No.
<b>Dr. (Maj.) Shashi Bhushan Sharma</b>	<b>Deputy Registrar</b>	<b>0751-4000991</b>
<b>Shri Nand Lal Rohira</b>	<b>Deputy Registrar</b>	<b>0751-4000976</b>
<b>Shri Amit Yadav</b>	<b>Deputy Registrar</b>	<b>0751-4000963/ 918/926</b>
<b>Shri Bhaskar Jyoti Sharma</b>	<b>Assistant Registrar (LNIPE-NERC, Guwahati)</b>	<b>08011378573</b>

**ADMISSION  
ENQUIRY**

**0751-4000903**  
**0751-4000963**

**(10:00 am to 05:00 pm)**

## CONTENTS

S.No.	Description	Page No.
1.	LNIPE at a Glance	8-19
2.	Bachelor of Physical Education (B.P.Ed.) [Regular]	20-24
3.	Master of Physical Education (M.P.Ed.) [Regular]	25-27
4.	M.A. (Yoga) [Regular]	28-30
5.	M.A. (Sports Management) [Regular]	31-32
6.	M.A. (Sports Journalism) [Regular]	33-34
7.	M.A. (Sports Psychology) [Regular]	35-36
8.	M.Sc. (Exercise Physiology) [Regular]	37-38
9.	M.Sc. (Sports Biomechanics) [Regular]	39-40
10.	Diploma in Sports Coaching (DSC) [Regular]	41-42
11.	Post Graduate Diploma in Sports Coaching (PGDSC) [Regular]	43-46
12.	Post Graduate Diploma in Fitness Management (PGDFM) [Regular]	47-48
13.	Post Graduate Diploma in Yoga Education (PGDYEd.) [Regular]	49-50
14.	Diploma in Sports Event Management (DSEM) [ODL]	51-52
15.	Post Graduate Diploma in Sports Management (PGDSM) [ODL]	53-54
16.	Post Graduate Diploma in Sports Journalism (PGDSJ) [ODL]	55-56
17.	Post Graduate Diploma in Yoga Education (PGDYEd.) [ODL]	57-58
18.	Doctor of Philosophy (Ph.D.) Programmes [Regular]	59-62
19.	Annexure-I	Medical Fitness Certificate at the time of Entrance Test. 63
20.	Annexure-II	Certificate for Schedule Castes and Scheduled Tribes. 64-65
21.	Annexure-III	Certificate for Other Backward Classes 66-67
22.	Annexure-IV	Form of Declaration to be submitted by the OBC Candidate 68
23.	Annexure-V	Certificate for EWS 69
24.	Annexure-VI	Affidavit by the Student for submission of Migration Certificate/Transfer Certificate (TC) 70
25.	Annexure-VII	Format of Affidavit by the Student for Anti-Ragging 71
26.	Annexure-VIII	Format of Affidavit by Parent/Guardian for Anti-Ragging 72
27.	Annexure-IX	Format of Affidavit by the Student regarding Sports Achievement / Participation Certificate 73
28.	Annexure-X	Employer's No Objection Certificate 74
<b>Syllabus of Written Test (UG &amp; PG)</b>		
29.	Annexure-XI	Master of Physical Education (M.P.Ed.) 75-76
30.	Annexure-XII	M.A.(Yoga) 77
31.	Annexure-XIII	M.A. (Sports Management) 78
32.	Annexure-XIV	M.A. (Sports Journalism) 79
33.	Annexure-XV	M.A. (Sports Psychology) 80
34.	Annexure-XVI	M.Sc. (Exercise Physiology) 81
35.	Annexure-XVII	M.Sc. (Sports Biomechanics) 82
36.	Annexure-XVIII	Post Graduate Diploma in Fitness Management (PGDFM) 83
37.	Annexure-XIX	Post Graduate Diploma in Yoga Education (PGDYEd) 84

S.No.	Description		Page No.
Syllabus of Written Test (Ph.D.)			
38.	Annexure-XX (A)	Research Methodology and Statistics	85
39.	Annexure-XX (B)	Physical Education Pedagogy	86-87
40.	Annexure-XX (C)	Exercise Physiology	88
41.	Annexure-XX (D)	Sports Biomechanics	89-90
42.	Annexure-XX (E)	Sports Psychology	91-92
43.	Annexure-XX (F)	Health Sciences	93-94
44.	Annexure-XX (G)	Sports Management	95-96
45.	Annexure-XX (H)	Yoga	97
Fee Structure			
46.	Annexure-XXI	Bachelor of Physical Education (B.P.Ed.)	98
47.	Annexure-XXII	M.A. (Sports Management)	99
		M.A. (Sports Journalism)	
		M.A. (Sports Psychology)	
		M.Sc. (Exercise Physiology)	
		M.Sc. (Sports Biomechanics)	
		Doctor of Philosophy (Ph.D.) Programmes	
48.	Annexure-XXIII	Master of Physical Education (M.P.Ed.)	100
		M.A. (Yoga)	
		Diploma in Sports Coaching (DSC)	
		Post Graduate Diploma in Sports Coaching (PGDSC)	
		Post Graduate Diploma in Fitness Management (PGDFM)	
		Post Graduate Diploma in Yoga Education (PGDYEd.)	
49.	Annexure-XXIV (ODL)	Diploma in Sports Event Management (DSEM)	101
		Post Graduate Diploma in Sports Management (PGDSM)	
		Post Graduate Diploma in Sports Journalism (PGDSJ)	
		Post Graduate Diploma in Yoga Education (PGDYEd.)	
50.	Annexure-XXV	UNIFORM	102
51.	Annexure-XXVI	List of Centers/City (Online Written Test)	103



## 1. LNIFE AT A GLANCE

### 1.1 ABOUT LNIFE, GWALIOR

Lakshmibai National Institute of Physical Education (LNIFE), Gwalior was established by the Ministry of Education & Culture, Government of India as Lakshmibai College of Physical Education (LCPE) in August 1957, the centenary year of the War of Independence under the leadership of Padmashri Dr. P.M. Joseph. It is located at Gwalior (M.P.), where Rani Lakshmibai of Jhansi, a valiant heroine of the war, had laid down her life during the First Freedom Struggle in 1857.

The Institute started as an affiliated college of Vikram University, Ujjain and then came into the fold of Jiwaji University, Gwalior in 1964. The Institute was given a status of national importance; hence, it was renamed Lakshmibai National College of Physical Education (LNCPE) in 1973. The college was conferred the status of an 'Autonomous College' of Jiwaji University, Gwalior in 1982.

For its unique educational services in the field of Physical Education, Sports and Research, the Govt. of India, Ministry of Human Resource Development conferred the status of a "Deemed to be University" in September 1995 under Section 3 of U.G.C. Act, 1956. The Institute was renamed as Lakshmibai National Institute of Physical Education (LNIFE). This Institute is the only "Deemed to be University" in the field of Physical Education in India and enjoys a unique place of its kind in Asia.

As the main purpose of establishing this Institute was to upgrade the status of Physical Education by producing quality teachers and leaders through graduate and post-graduate courses, for the first time in the country, three years' Bachelor of Physical Education (BPE) was started in 1957 and two years' Master of Physical Education (MPE) in 1963. In 1980, the then college reached yet another milestone and became the first Institution in India to have offered a one-year programme of Master of Philosophy (M.Phil.) in Physical Education. The College offered Ph.D. programme in Physical Education in the year 1982.

To bring three years B.P.E. at par with other professional degree courses, the duration of the course was extended to four years and was renamed as Bachelor of Physical Education (B.P.Ed. 4 Year Integrated). The National Council of Teacher Education (NCTE) has accorded recognition to this course. The M.P.Ed. Degree Course also has recognition from the NCTE.

The Institute offers various Master's Degree, Post Graduate Diploma, Diploma and Certificate courses in various disciplines of Physical Education, Sports & Allied Areas and Yoga through Offline and Online mode. Online and Distance Learning approved by DEB-UGC since 2019.

### 1.2 CAMPUS

The Lakshmibai National Institute of Physical Education (LNIFE) campus is located in Shakti Nagar, on Race Course Road, at a distance of about one kilometer from Gwalior Railway Station/Bus Stand. Gwalior is situated on the Agra-Mumbai national highway and on the main North-South rail route, about 320 km from New Delhi.

The Institute campus covers an area of about 153 acres and is residential. The buildings of the Institute consist of Academic Block, Laboratories, Research Block, Language Lab, Auditorium and Administrative Block. A state of the art Library



Building with all modern facilities is available in the Campus, for the use of Staff, Students, Researchers and others.

There are seven Boys Hostels & four Girls Hostels; separate Mess for boys and girls, Health Center. Sports facilities ranging from an Indoor and outdoor Swimming Pool, two Indoor Gymnasium Complexes, Fitness Center, Judo Hall, Table Tennis Hall, Weight Lifting & Weight Training Halls, Squash Rackets Complex, Air Conditioned Auditorium and Unique Multipurpose Hall for Badminton, Basketball and Volleyball. It also Houses a Climbing Wall, Shooting Range, Boxing Ring and Skating Rink. The Institute has also several other well laid Play Fields for Outdoor Games and Sports like Synthetic Hockey Field, Synthetic Track & Field, Cricket field with Indoor Pitch, Football fields, Handball courts, Basketball courts, Volleyball courts, Tennis courts, Kabaddi, Kho-kho, etc.

The Institute's Library is equipped with Professional Books, Literature and Digital Content for e-learning. It subscribes to several Professional and Research Journals/Magazines/Periodicals and is undoubtedly the best of its kind in India. The Research Laboratories are also well equipped with modern and sophisticated equipment to cater to the scholarly needs of the students. The Institute also runs one of the Human Resource Development Centers under the University Grant Commission (UGC-HRDC).

The campus has sufficient number of Residential Quarters for its Faculty, Officers, and other Employees. The Campus also has fully furnished Guest Houses, a Facility Center, Workshop, a Bank with ATM Facility and a Post Office.



### 1.3 ABOUT LNIPE-NERC GUWAHATI

- 1.3.1 The Lakshmibai National Institute of Physical Education, North East Regional Centre, Guwahati has been established in 2009-10 after approval from Government of India vide letter No. 2-10/2009-ID dated 20.08.2009 and signing of a Memorandum of Understanding between Government of Assam and LNIPE on 14th May 2010.
- 1.3.2 The LNIPE, NERC, Guwahati is located at Tepesia Sports Complex, Sonapur-782402, Guwahati on the outskirts of Guwahati City (Assam) at half kilometer distance away from Guwahati – Dimapur National Highway 37, which was one of the venue for the 33<sup>rd</sup> National Games, 2007. LNIPE Guwahati is situated 45 kilometers from Guwahati Airport and 27 kilometer from Railway station towards the east.
- 1.3.3 LNIPE-North East Regional Center (NERC) at Guwahati (Assam) was established by the Institute from the academic session 2009-10 with the approval of Government of India. The Center offers B.P.Ed., M.P.Ed. and Ph.D. course.
- 1.3.4 The Institute building consists of an Academic Block & Administrative Block with resourceful Laboratories like; ***Sports Psychology Lab, Sport Biomechanics Lab, Sport Physiology Lab and Sport Training Lab*** primarily focusing on research based studies. Institute has an upcoming auditorium with a provision of 1000 seating capacity, and possesses one of the best library in physical education and sport in the entire North East, India





## 1.4 AWARDS AND RECOGNITION

- 1.4.1 Accredited with a CGPA of 3.79 on a seven point scale at A<sup>++</sup> Grade by National Assessment and Accreditation Council (NAAC).
- 1.4.2 Graded as Category-I deemed to be University by University Grant Commission (UGC) in 2018.
- 1.4.3 Granted the status of Deemed to be University in 2018 under section 12 B of the UGC Act, 1956.
- 1.4.4 Awarded as “Excellent Institute of Physical Education in India” in the 11<sup>th</sup> National Education Summit & Awards 2017.
- 1.4.5 Awarded the India 2 Grand Jury Award in Sports and Co-Curricular Education in 2019.
- 1.4.6 Granted Membership of International Association of Physical Cultural and Sports Universities-2019 at Kazakhstan.
- 1.4.7 Chief Post Master General Madhya Pradesh Circle Bhopal released “Special Cover” on LNIPE for completing 60 years of excellence (Diamond Jubilee) in 2017.

## 1.5 OBJECTIVES

- 1.5.1 To prepare highly qualified leaders/teachers in the field of Physical Education, Sports/Games and other inter-disciplinary subjects.
- 1.5.2 To serve as a center of excellence and innovations in Physical Education and to undertake, promote and disseminate research and publish literature in this field.
- 1.5.3 To provide academic mentorship & leadership to other organisations in the field of Physical Education & sports.
- 1.5.4 To provide vocational guidance, counseling, consultancy and placement services.
- 1.5.5 To promote mass participation in Physical Education and Sports.
- 1.5.6 To undertake extension programmes and outreach activities to contribute in the development of society.
- 1.5.7 To develop and promote programme of Physical Education and sports/ games in educational institutions and other organisations.
- 1.5.8 To act as a Nodal Agency/Resource Center in mentoring and guiding various Government and Non-Government Institutes/Agencies of Physical Education, Sports and Fitness.
- 1.5.9 To provide for instruction and training in such branches of learning as it may deem fit.
- 1.5.10 To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.

## 1.6 UNDER-GRADUATE PROGRAMME

The Institute offers following under graduate programmes :-

### 1.6.1 Regular Courses :

- (i) Bachelor of Physical Education .....08 Sem.
- (ii) Diploma in Sports Coaching .....02 Sem.  
(only for defense & para-military personnels)

### 1.6.2 Open and Distance Learning Courses :

- (i) Diploma in Sports Event Management .....02 Sem.

## 1.7 POST-GRADUATE PROGRAMMES

The Institute offers following post graduate programmes :-

### 1.7.1 Regular Courses :

- (i) Master of Physical Education .....04 Sem.
- (ii) M.A. (Yoga) .....04 Sem.
- (iii) M.Sc. (Exercise Physiology) .....04 Sem.
- (iv) M.Sc. (Sports Biomechanics) .....04 Sem.
- (v) M.A. (Sports Psychology) .....04 Sem.
- (vi) M.A. (Sports Journalism) .....04 Sem.
- (vii) M.A. (Sports Management) .....04 Sem.
- (viii) Post Graduate Diploma in Sports Coaching .....02 Sem.
- (ix) Post Graduate Diploma in Fitness Management .....02 Sem.
- (x) Post Graduate Diploma in Yoga Education .....02 Sem.

### 1.7.2 Open and Distance Learning Courses :

- (i) Post Graduate Diploma in Sports Management .....02 Sem.
- (ii) Post Graduate Diploma in Sports Journalism .....02 Sem.
- (iii) Post Graduate Diploma in Yoga Education .....02 Sem.

## 1.8 DOCTORAL PROGRAMMES

- 1.8.1 Doctor of Philosophy (Ph.D.) in Physical Education
- 1.8.2 Doctor of Philosophy (Ph.D.) in Yoga
- 1.8.3 Doctor of Philosophy (Ph.D.) in Inter-Disciplinary

## 1.9 FACULTIES

### 1.9.1 FACULTY OF PHYSICAL EDUCATION PEDAGOGY AND ALLIED AREAS

#### 1.9.1.1 Department of Physical Education Pedagogy

The Department of Physical Education Pedagogy is continuously striving for excellence in Physical Education Pedagogy by providing innovative curriculum, research, embracing lifelong opportunities for discovery, learning and participation that contribute to a healthy lifestyle.

#### 1.9.1.2 Department of Sports Management & Coaching

The Department offers various courses to prepare high quality, sport managers, physical fitness trainers, sports journalist, event managers and coaches in various games/sports with micro specializations, in order to cater to the ever-increasing demand of the society and to uplift the standard of Indian sports.

#### 1.9.1.3 Department of Yogic Sciences

The Department offers various courses for developing competency and enhancing skills in the field of Yoga. The main object is to prepare high quality Yogic experts in order to cater to the ever-increasing demand of the society and to uplift the standard of Athletes.



## 1.9.2 FACULTY OF SPORTS SCIENCES

### 1.9.2.1 Department of Sports Biomechanics

The Department of Sports Biomechanics caters the need of students in the area of analysis of human movements and sports techniques. Stress is laid on the development of in-depth knowledge in the area of science of sports techniques and its practical application. After passing this course, students shall be able to analyse the efficiency of human movement and provide scientific backup in the area of sports techniques.

### 1.9.2.2 Department of Exercise Physiology

The Department aims to prepare qualified professionals at different levels. Exercise physiology is a rapidly evolving field that is becoming increasingly important for excellence in sports performance and fitness. This course will enhance the ability of students in dealing with body's responses to physical activities. The knowledge acquired will provide functional benefits to athletes and special population.

### 1.9.2.3 Department of Health Sciences

The Department aims to disseminate knowledge and proficiency in health care, fitness, total health through different courses by adopting a multidisciplinary approach. The objective is to re-orient the physical education professionals and other graduates in the field of health and fitness so as to generate vocational opportunities and provide services to the society for wellness and quality living.

### 1.9.2.4 Department of Sports Psychology

The aim of Department of Sport Psychology is to understand the effects of psychological factors on physical performance and to understand the effects of participating in physical activity on psychological development, health and well-being. The application of this understanding to real life cases is the essence of Sport Psychology.

## 1.10 HOSTEL AND MESS

It is mandatory for the students of B.P.Ed. and M.P.Ed. to reside in the hostels and take their meals in the mess. A booklet containing rules and regulations regarding discipline and conduct in the Institute's hostel and mess is given to the students at the time of admission.

## 1.11 HEALTH CENTER

The Institute Health Center provides treatment on a nominal fee i.e. Rs. 500/- per semester for ordinary injuries and ailments under the supervision of resident doctors. Physiotherapy treatment for sports related injuries is also available. In case of emergency, the students referred to government-approved hospitals for further treatment. In such cases, they will have to pay the cost of treatment. Medical officers/wardens authorized to sign on behalf of the parents/guardians for administration of anesthesia or any form of medical treatment involving risk in an emergency. All students are required to follow the Institute's rules regarding health and medical services. Students are also insured under group Mediclaim Policy.

### **1.12 CO-CURRICULAR ACTIVITIES**

The Institute promotes cultural and literary activities through the Student Cultural Club and Literary Society respectively, by providing the students an opportunity to participate in dramatics, music, debates, symposia, quiz competitions etc. The students are encouraged to involve extensively in activities like NCC, NSS, Outreach Activities, Camping and Adventure Programmes to develop leadership qualities and all-round personality development.

### **1.13 SPORTS PARTICIPATION**

Competitive sports are an integral part of the academic programme of the Institute. Since attaining the status of Deemed to be a University, the Institute teams directly participate in the Inter University Tournaments in various games and sports. The Institute teams also participate at different levels as per its policy.

### **1.14 ADMISSION AND RESERVATIONS**

- 1.14.1 The Institute is co-educational and admits candidates from India and abroad. For all courses, the reservation policy of Government of India is applicable. (except for in-service candidate from defense and paramilitary for Diploma in Sports Coaching).
- 1.14.2 Three percent (3%) supernumerary seats in B.P.Ed. and M.P.Ed. courses shall be available for the son/daughter (including married daughter) of permanent employees including those on probation, retired and Serving/retired deceased employees; provided the candidates fulfill the minimum eligibility requirements and claims that he/she belongs to employee ward category in the application form. LNIFE employee wards category candidates are required to submit a certificate issued by the Registrar of LNIFE after certifying their family details from employee service book of the concerned employee.

### **1.15 APPLICATION FOR ADMISSION**

- 1.15.1 Application for admission shall be made online for all the courses except Diploma in Sports Coaching.
  - 1.15.1.1 Online applications for all the courses shall be made through National Testing Agency (NTA).
  - 1.15.1.2 Candidates for admission to B.P.Ed. need to give their choice of venue for Sports Skill Proficiency Test and choice of Study Center (Gwalior / Guwahati) at the time of filling the form.
  - 1.15.1.3 Candidates for admission to M.P.Ed. need to give their choice of Study Center (Gwalior / Guwahati) and choice of department at the time of filling the form.
  - 1.15.1.4 Candidates for admission to Ph.D. in Physical Education and Inter-Disciplinary need to give their choice of Study Center (Gwalior / Guwahati) at the time of filling the form. Ph.D. in Yoga, offered in Gwalior only.
  - 1.15.1.5 Offline application form for admission to Diploma in Sports Coaching (DSC) has to be downloaded from the Institute's Website [www.lnife.edu.in](http://www.lnife.edu.in) Candidate has to fill the form, duly forwarded and signed by the competent authority and then scanned copy of form along with all the requisite documents (including online fee transaction receipt) should be mailed to [aracademics@gwalior.lnife.edu.in](mailto:aracademics@gwalior.lnife.edu.in)

1.15.1.6 Requisite documents to be submitted/uploaded are as follows for both online and offline application :-

- (i) Date of birth Certificate (Birth Certificate/Mark-sheet/Certificate of Secondary examination).
- (ii) Mark-sheet of the qualifying examination prescribed for respective courses.
- (iii) Character certificate from the Institute last attended.
- (iv) Medical Fitness Certificate along with application form as per format attached [Annexure-I](#), failing which, the application form will not be accepted.
- (v) Caste Certificate (SC/ST/OBC), preferably in prescribed format [Annexure-II](#) and [Annexure-III](#).
- (vi) Declaration regarding non-creamy layer (applicable for OBC candidates only) in prescribed format [Annexure-IV](#).
- (vii) EWS Certificate, preferably in prescribed format [Annexure-V](#).
- (viii) Candidates seeking admission in B.P.Ed. and PGDSC courses need to submit their highest three Sports Achievement/Participation Certificate. The highest certificate will be considered in place of Sports Skill Proficiency Test in case of COVID-19 Pandemic situations like lockdown/travel ban etc.

**1.15.2 Fee Details :**

**1.15.2.1 Online Written Test :**

Candidates of all the courses will need to pay application and online testing fee of Rs. 1500/- to NTA through Net Banking/Debit Card/Credit Card or Kiosk of NTA Online only.

**1.15.2.2 Sports Skill Proficiency Test :**

In addition to the above fee, all qualified candidates (written examination) for admission for B.P.Ed. and PGDSC need to pay Rs. 500/- during Sports Skill Proficiency Test at respective venues i.e. Gwalior/Guwahati campus.

1.15.3 Offline application fee for Diploma in Sports Coaching (DSC) is Rs. 1500/-. Candidates can deposit the fee through Internet Banking/NEFT/ IMPS as per detail given below :-

<b>Bank</b>	<b>: State Bank of India</b>
<b>Account Holder</b>	<b>: Registrar LNIPE Fee Account</b>
<b>Account No.</b>	<b>: 00000030316228244</b>
<b>IFSC</b>	<b>: SBIN0002875</b>
<b>Branch</b>	<b>: Mela Road, Gwalior (M.P.) INDIA</b>

**1.16 FOREIGN NATIONALS/NRI CANDIDATES**

Foreign Nationals/NRI candidates applying through Proper Channels/Diplomatic Channels i.e. through concerned Embassy or Indian Council for Cultural Relations shall only be admitted based on their credentials, attainment of minimum qualifying marks in Entrance Test to be conducted separately (to be announced) and meeting acceptable standards in medical examination. For details, please refer to **Guidelines for Admission of Foreign Nationals/NRI candidates** at [www.lnipe.edu.in](http://www.lnipe.edu.in). At the time of registration, candidates need to submit NOC from their respective embassy.

They have to deposit Rs. 5000/- through Internet Banking/NEFT/ IMPS as per detail given below :-

<b>Bank</b>	<b>: State Bank of India</b>
<b>Account Holder</b>	<b>: Registrar LNIPE Fee Account</b>
<b>Account No.</b>	<b>: 00000030316228244</b>
<b>IFSC</b>	<b>: SBIN0002875</b>
<b>Branch</b>	<b>: Mela Road, Gwalior (M.P.) INDIA</b>

### 1.17 GENERAL CONDITIONS FOR ADMISSION

The following conditions of admission shall apply to all the candidates seeking admission in different courses:-

- 1.17.1 Candidates expelled from any other Board/Institute/University or dismissed from Government service on disciplinary grounds and those who known as being involved in acts of crime and gross indiscipline or misconduct will not be eligible for admission. The Institute may approach the police for verification in this regard. After admission, if anybody found guilty in this regard, he/she will have to discontinue the course.
- 1.17.2 The medium of examination shall be either Hindi or English for all the courses, whereas, the medium of examination for Ph.D. programme shall be only in English.
- 1.17.3 Admission will be granted to the candidates at their own risk and candidate will be liable for wrong information (if any) furnished by them. If, at any point of time, if it came to notice, then admission granted will be cancelled and the candidate shall be asked to leave the Institute.
- 1.17.4 All the provisionally selected candidates will be required to produce the certificates (uploaded at the time of online application) in original along with following documents at the time of registration within the stipulated time period for this purpose:-
  - 1.17.4.1 Format of Affidavit by the student for Transfer/Migration Certificate enclosed as [Annexure-VI](#).
  - 1.17.4.2 Format of Affidavit by the Student for Anti-Ragging (Rs. 100/- Stamp Paper) enclosed as [Annexure-VII](#).
  - 1.17.4.3 Format of Affidavit by the Parent/Guardian for Anti-Ragging (Rs. 100/- Stamp Paper) enclosed as [Annexure-VIII](#).
  - 1.17.4.4 The selected candidates need to download seat allotment letter from NTA and submit during registration.
- 1.17.5 Non-eligible candidates, those who fail to deposit the required documents by the stipulated date), even after attaining a position in the merit list among provisionally selected candidates, will not be considered for admission.

### 1.18 ADMISSION OF CANDIDATES

- 1.18.1 The admission of candidates shall be purely provisional and based on declarations made by the candidates in their application forms. Therefore, the candidates are advised to fill the form carefully. If a candidate declares him/her passed qualifying examination and belonging to reserved category but the appropriate documents are not up to the satisfaction of the Institute or have not submitted at the time of admission, then his/her provisional selection shall stand cancelled automatically.



1.18.2 It is mandatory for all the provisionally selected candidates to pass the Medical Examination conducted by the Institute for admission.

### **1.19 RULES FOR BREAKING THE TIE**

The step wise tie breaking policy that is going to be followed by the Institute Admission Committee while preparing the final merit list for LNIPE Gwalior and LNIPE NERC Guwahati. In a situation where the total marks obtained by the two or more candidates in the B.P.Ed., PGDSC and M.P.Ed. Entrance exam is the same, then the criteria of tie-break policy mentioned below will be followed:

#### **1.19.1 Criteria to decide the merit list for admission to B.P.Ed.**

- Step I** - The higher rank will be assigned to the candidate who had obtained higher marks in Online Entrance Exam.
- Step II** - If the tie is not broken after the first step, then the higher rank will be given to the aspirants who had secured higher marks in the 10<sup>th</sup> Grade.
- Step III** - If the tie is not broken after the second step, a candidate having more age (as per date of birth) shall be consider higher in the merit list.

#### **1.19.2 Criteria to decide the merit list for admission to PGDSC**

- Step I** - The higher rank will be assigned to the candidate who had obtained higher marks in Online Entrance Exam.
- Step II** - If the tie is not broken after the first step, then the higher rank will be given to the aspirants who had secured higher marks in the 12<sup>th</sup> Grade.
- Step III** - If the tie is not broken after the second step, a candidate having more age (as per date of birth) shall be consider higher in the merit list.

#### **1.19.3 Criteria to decide the merit list for admission to M.P.Ed.**

- Step I** - If the tie is not broken then the higher rank will be given to the aspirants who had secured higher marks in the 12<sup>th</sup> Grade.
- Step II** - If the tie is not broken after the second step, a candidate having more age (as per date of birth) shall be consider higher in the merit list.

### **1.20 PAYMENT OF FEES**

The provisionally selected candidates shall be required to pay the fee online as mentioned in the fee structure under different [Annexure-XXI to XXIV](#) for various courses. In case any student fails to deposit the fee within the stipulated period, his/her admission shall stand cancelled and other candidates will be admitted through counseling.

### **1.21 ATTENDANCE, CONDUCT, REFUND OF FEE AND CAUTION MONEY**

1.21.1 The Institute expects 100% attendance from the students in each subject/activity/area of the total curriculum but, due to medical leave/personal leave, etc., a relaxation of 15% may be given. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up to 10% in attendance. Prior to one month from the date of semester examinations, the student must have complete 85% attendance. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up to 10% in attendance.

- 1.21.2 Students are expected to maintain exemplary conduct inside and outside the Institute. Breach of Institute rules may result in disciplinary action including expulsion from the Institute and the Institute reserves the right to make changes in the rules at any time, which shall be notified to the students for their compliance. All the disciplinary cases of the students shall be dealt with as per the Students' Rule Book. At the time of admission, every student shall be required to sign a declaration to the effect that he/she submits himself/herself to the disciplinary jurisdiction of the Vice-Chancellor and other statutory bodies/ authorities of the Institute.
- 1.21.3 Refund of fee to the students shall be regulated as per the UGC norms as revised from time to time.
- 1.21.4 Refund of caution money (if due) shall be made by the Institute only after the declaration of the final result of the course and on production of the No Dues Certificate.
- 1.21.5 Students are advised to visit notice boards regularly, displayed at different places pertaining to academic matters. They should also visit "Student's Corner" at the homepage of the Institute website.
- 1.21.6 The students shall be supplied a copy of the Institute Rule Book after the admission.

## **1.22 UNIFORM**

Students of all the courses shall be provided uniform from the Central Store of the Institute on actual cost basis. The details of required fee for this purpose are given in fee structure of respective programme.

## **1.23 SPORTS EQUIPMENT**

All the students have to procure personal equipment as specified for different games/sports on their own.

## **1.24 CLOTHING AND OTHER REQUIREMENTS**

Due to extreme weather conditions, both at Gwalior and Guwahati, the temperature ranges between 35°C to 45°C in summers, and 5°C to 12°C in winters. Hence, the students are advised to bring appropriate bedding and clothing.

## **1.25 SCHOLARSHIPS**

### **1.25.1 MERIT SCHOLARSHIP:**

The Merit Scholarship shall be awarded as per Institute rules approved by competent authority.

### **1.25.2 SPORTS SCHOLARSHIP:**

The Sports Scholarship awarded as per Institute rules.

### **1.25.3 Ph.D. SCHOLARSHIP:**

The Ph.D. Scholarship awarded as per Institute rules.

### **1.25.4 PROF. R.P. SHARMA SCHOLARSHIP:**

The best footballers (one male and one female) will be awarded this scholarship amounting to Rupees one thousand (Rs. 1000/-) each year from the interest of the fixed deposit made by the family members of (Late) Prof. R.P. Sharma.

#### 1.25.5 OTHER SCHOLARSHIPS:

Most of the States and Union Territory Governments offer scholarships to their domiciled students. In addition, the North East Council also awards scholarships. As per the directives of the University Grants Commission, all the eligible SC/ST/OBC students should submit their scholarship form for the academic year by February for processing the scholarship.

**Note:** *Award of any scholarship is liable to be withdrawn in case of unsatisfactory work or misconduct.*

#### 1.26 AWARD OF DEGREE/DIPLOMA

The selected candidates shall be awarded with the Degree/Diploma of respective courses/program, subject to successful completion of the examination as per requirements prescribed under the rules/scheme of examination of the relevant courses, which is available on Institute website [www.lnife.edu.in](http://www.lnife.edu.in).

**1.27** The proposed courses will run subject to administrative feasibility.

**1.28** The Institute has a right to alter or modify contents of the prospectus as per the administrative feasibility.

**1.29** This prospectus supersedes all previous prospectus and their contents cannot be considered for any legal purposes. However, all disputes shall be subject to Gwalior Jurisdiction.

**1.30** The Institute will verify/check the certificates/credentials of the candidate at the time of admission or anytime during the course/programme/degree. In case it is found that the documents/information submitted by the candidate is false, the candidate has suppressed relevant information, or the candidate is found ineligible, the admission of the candidate shall be terminated at any point of time.

**1.31** The cost of online and offline application is non-refundable.

**Note:**

- (i) *Ragging of any kind is strictly prohibited/banned in the Institute campus as per the government orders and existing laws. Anybody found indulging in ragging should be strictly dealt with as per the existing laws. As per the orders of Hon'ble Supreme Court of India, if any incident of ragging comes to the notice of the authority, the concerned student/s shall be given liberty to explain and if his explanation is not found satisfactory, the authority would not hesitate to expel such student/s from the Institute.*
- (ii) *As per the UGC Regulation on Curbing the Menace of Ragging in Higher Educational Institutions 2009 as amended from time to time, all the students enrolled in various courses and their parents shall submit separate affidavits in prescribed formats, which are available on the Institute website as well as in the prospectus.*
- (iii) *For maintaining peace and tranquility and for disciplinary reasons, no student is permitted to keep any motor vehicle in the hostels. Violation of this rule shall invite severe punishment to the extent of expulsion from the Institute.*



## 2. BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.)

[Eight-Semesters]

### 2.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test ( <b>Online</b> )	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Sports Skill Proficiency Test	<b>Gwalior Center</b> <b>30.08.2021 to 01.09.2021</b> <b>Guwahati Center</b> <b>04.09.2021 to 06.09.2021</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

**Note :**

- (i) *Total number of candidates for counseling shall be 50% more than the available seats in each category.*
- (ii) *The vacancies created after closing the counseling of 1<sup>st</sup> Phase will be upgraded first by the already registered candidates who have given option for the up-gradation at both the study centers. The candidates from waiting list on merit basis will fill remaining vacancies, at both the centers.*
- (iii) *The candidates who were upgraded after 1<sup>st</sup> Phase of counseling will not be permitted to retain their original seat and center allotted to them.*

### 2.2 ALLOCATION OF SEATS

#### 2.2.1 Division and Reservation of seats at LNIFE, Gwalior:

Category	LNIFE, Gwalior		
	Men [70]	Women [30]	Total [100]
UR	35	15	50
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC (27%)	19	8	27
EWS (10%) (Supernumerary)	07	03	10
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02		02
Ward of regular LNIFE staff (Supernumerary)	03		03



### 2.2.2 Division and Reservation of seats at LNIFE-NERC, Guwahati :

Category	LNIFE-NERC, Guwahati		
	Men [70]	Women [30]	Total [100]
UR	35	15	50
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC (27%)	19	8	27
EWS (10%) (Supernumerary)	07	03	10
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02		02
Ward of regular LNIFE staff (Supernumerary)	03		03

**Note :** Seats for Foreign National candidates will be supernumerary.

## 2.3 ELIGIBILITY FOR ADMISSION

A candidate shall be eligible to appear in admission test:

2.3.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/ University etc. with at least:

- 50% Marks for UR, OBC categories and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% Marks for SC/ST category.

2.3.2 The maximum age of the candidate shall be 21 years as on 1<sup>st</sup> July, 2021 which shall be further relaxable up to 3 years for OBC Candidates and 5 years for SC, ST Candidates.

**Note :**

- All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test, but their final results must be declared on or before the last date of Registration.*
- Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

## 2.4 CHOICE OF STUDY CENTER

All the candidates applying for B.P.Ed. admission shall give their choice of study center.

- Study Center-1 : LNIFE, Gwalior  
Study Center-2 : LNIFE-NERC, Guwahati

**Note:** There shall be no migration permitted from one study center to another study center for entire duration of course.

## 2.5 ADMISSION PROCEDURE

- 2.5.1 The admission process for B.P.Ed. will comprise of both written examination and Sports Skill Proficiency Test. The Merit will be based on aggregate of both:

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 40 Multiple-Choice Questions based on General Awareness, G.K. (Sports) and Reasoning. The duration of test will be of 60 minutes.	40
2.	<b>SPORTS SKILL PROFICIENCY TEST</b>	60
<b>TOTAL MARKS</b>		<b>100</b>

- 2.5.2 National Testing Agency (NTA) will conduct Written Test (MCQ) through online mode on 14.08.2021 at various centers listed as [Annexure-XXVI](#).

- 2.5.3 Sports Skill Proficiency Test for admission to BPED program will be conducted for only those candidates who qualify the Written Test (Minimum 16 marks (40%) for UR/EWS/OBC and 14 marks (35%) for SC/ST out of 40 marks) at two centers i.e. LNIPE Gwalior and LNIPE-NERC Guwahati in mentioned games/sports:

2.5.3.1 **LNIPE, Gwalior from 30.08.2021 to 01.09.2021** : Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.

2.5.3.2 **LNIPE-NERC, Guwahati from 04.09.2021 to 06.09.2021** : Archery, Badminton, Basketball, Cricket, Cycling, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.

**Note :** *At the time of Sports Skill Proficiency Test, candidate should abide by the guidelines issued by the Government of India regarding COVID-19 (Test Report and Vaccination).*

## 2.6 DIRECT ADMISSION

- 2.6.1 Direct admission will be provided to the candidates who have represented India in designated International Championship in the following competitions- Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championships in the below mentioned games and sports:

### **LNIPE, Gwalior:**

***Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball and Yoga.***

### **LNIPE-NERC, Guwahati :**

***Archery, Badminton, Basketball, Cricket, Cycling, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball and Yoga.***

**Note :** *The Test and Study center for Archery and Cycling will be only at LNIPE-NERC, Guwahati.*

- 2.6.2 All such candidates who wish to be considered for direct admission shall mandatorily apply through <https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) and upload all the documents along with sports achievements certificate. In case if the candidate is not considered for direct admission, he/she has to appear in Online Test like other candidate.
- 2.6.3 It is expected from the selected candidate to represent the Institute in the game in which he/she has represented the country.

**Note :**

- (i) *The candidates with such participation in Sports/Games will be given age relaxation of 3 years, which shall be applicable to each and every category i.e. UR, OBC, SC & ST. The age will be reckoned as on 01<sup>st</sup> July, 2021.*
- (ii) *Participation of candidate in any kind of International Invitational Tournaments shall not be considered for Direct Admission.*
- (iii) *List of eligible candidates for Direct Admission will be uploaded on Institute's website : [www.lnipe.edu.in](http://www.lnipe.edu.in)*
- (iv) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

**2.7 FEMALE CANDIDATES**

Married women are not eligible for admission.

**2.8 FEE STRUCTURE**

Each Student shall pay the fee as given in [Annexure-XXI](#).

**2.9 UNIFORM**

Uniform will be provided by the Institute as per [Annexure-XXV](#).

**2.10 COURSE INFORMATION**

Duration of the course is 4 years (eight-semesters). A candidate must complete the course and pass the final examination within six academic years from the first admission to this programme. During the eight-semesters course, the students will be taught / provided experience in the following areas:

PART-A	Theory Course (Core & Elective Course)
PART-B	Activity Course
PART-C	Internship
PART-D	Sports Specialization

In B.P.Ed.-I, II, III & IV Sem. Part- A and B will be taught. In B.P.Ed.-V Sem. Part- A, B, and C will be taught. In B.P.Ed.-VI & VIII Sem. Part-A, Part-B, Part-C and Part- D will be taught, whereas in B.P.Ed.-VII Sem. Part-A, Part-C and Part- D will be taught.

**2.10.1 PART-A: THEORY COURSE**

**The following subjects will be taught in B.P.Ed. (Eight-Semester Course) :**  
 Introduction & development of Physical Education, English & Communication Skills, Fundamentals of ICT in Physical Education, Movement Education, First Aid and Safety Education, Kinesiology, English and Communication Skills, Inclusive and Gender Education, Sports Sociology and Moral Education, Understanding Learner and Learning, Pedagogy of Primary Physical

Education, Educational Technology, Adapted Physical Education, Basic Statistic, Anatomy and Physiology, Basic of Curriculum, Pedagogy of Upper Primary Physical Education, Recreation and Camping, Introduction to Social Sciences, Pedagogy of Secondary Physical Education, Methods in Physical Education, Basic Research, Basics of Sports Training, Test Measurement and Evaluation in Physical Education, Yoga Education, Self-Development and Value Education, Education for Global Citizenship, Correctives in Physical Education, Management in Physical Education, Health Education, Environmental Education.

**Note :** *The Subjects mentioned in Part-A can be altered / replaced / deleted keeping administrative feasibility in mind.*

#### 2.10.2 **PART-B : ACTIVITY COURSE**

**The following activities will be taught in B.P.Ed. Eight semester course:**

Track & Field-I (Running & Jumping Events); Basketball; Light Apparatus & Minor Games; Track & Field-II (Throwing Events); Football; Kabaddi/Kho-Kho/Weight Lifting; Swimming; Gymnastics; Racket Sports-Badminton/Table Tennis/Tennis/Squash Racket; Volleyball; Combat Sports-Boxing/Wrestling/Judo; Hockey; Aerobics; Cricket; Yoga; Outdoor Activity (Camp/tour); Field Testing; Lab Testing.

**Note :** *The games/sports/activities mentioned in Part-B can be altered / replaced / deleted keeping administrative feasibility in mind.*

#### 2.10.3 **PART-C: INTERNSHIP (V TO VIII SEMESTERS)**

School Exposure is included in B.P.Ed.-V Semester. Exposure to multicultural context & teaching ability (general) are included in B.P.Ed.-VI semesters. School internship (based on field experience) is included in B.P.Ed.-VII Semester whereas in B.P.Ed.-VIII Semester working with community is included as internship program. Teaching ability includes lessons on Skills of Games and Sports, Calisthenics, Light Apparatus, Marching, Handling Primary Class, Fundamental Skills of games and sports, Teaching Children with Special needs etc.

#### 2.10.4 **PART-D: SPORTS SPECIALIZATION**

**Specialization will be offered in the following games & sports:**

Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Power Lifting/Weight Lifting, Squash, Swimming, Table-Tennis, Tennis, Track & Field, Volleyball & Yoga.

Sports Specialization includes the following four areas:

- 2.10.4.1 Theory of Game/Sport
- 2.10.4.2 Skill Proficiency
- 2.10.4.3 Officiating ability
- 2.10.4.4 Coaching ability





### 3. MASTER OF PHYSICAL EDUCATION (M.P.Ed.)

[Four-Semesters]

#### 3.1 DISCIPLINE / SPECIALISATION AREAS

Master of Physical Education (M.P.Ed.) shall be offered in the following subject specialization:

- 3.1.1 Physical Education Pedagogy
- 3.1.2 Exercise Physiology
- 3.1.3 Sports Biomechanics
- 3.1.4 Sports Psychology
- 3.1.5 Health Sciences
- 3.1.6 Sports Management

#### 3.2 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

**Note :**

- (i) *Total number of candidates for counseling shall be 50% more than the available seats in each category.*
- (ii) *The vacancies created after closing the counseling of 1<sup>st</sup> Phase will be upgraded first by the already registered candidates who have given option for the up-gradation at both the study centers. The candidates of waiting list on merit will fill the remaining vacancies at both the centers.*
- (iii) *The candidates who will be upgraded after 1<sup>st</sup> Phase of counseling will not be permitted to retain their original seat and center allotted to them.*

#### 3.3 ALLOCATION OF SEATS

Category	Total Seats - 80 (Gwalior)	Total Seats -40 (Guwahati)
UR	40	20
SC (15%)	12	06
ST (7.5%)	06	03
OBC (27%)	22	11
EWS (10%) (Supernumerary)	08	04

The wards of Kashmiri Migrants and Kashmiri Pandit/ Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02	02
Ward of regular LNIPE staff (Supernumerary)	02	01

**Note :**

- (i) *There are supernumerary seats for Foreign National candidates.*
- (ii) *The Department should have candidates belonging to different reservation categories in proportionate to the number of seats given to the department.*

### 3.4 ELIGIBILITY FOR ADMISSION

3.4.1 Bachelor of Physical Education (B.P.Ed) or equivalent with at least :

- 50% marks for UR, OBC categories and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% Marks for SC/ST category.

**OR**

Bachelor of Science (B.Sc.) in Health and Physical Education with at least :

- 50% marks for UR, OBC categories and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% Marks for SC/ST category.

3.4.2 The reservation of seats and/or relaxation in qualifying marks for SC/ST/OBC and other categories shall be as per the rule of Government of India.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

### 3.5 CHOICE OF STUDY CENTER

All the candidates applying for M.P.Ed. admission shall give their choice of study center.

Study Center-1 : LNIPE, Gwalior

Study Center-2 : LNIPE-NERC, Guwahati

**Note :** *There shall be no migration permitted from one study center to another study center for entire duration of course..*

### 3.6 ADMISSION PROCEDURE

3.6.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 100 Multiple-Choice Questions based on Concern Subject Knowledge & Teaching Aptitude. The duration of test will be of 90 minutes. The syllabus is given in <a href="#">Annexure-XI</a> .	<b>100</b>

**Note :**

- (i) *Format of Affidavit by the student regarding Sports Achievement/ Participation Certificate is enclose at [Annexure-IX](#).*

- (ii) *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### 3.7 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

### 3.8 FEE STRUCTURE

Each student shall pay the fee as given in [Annexure-XXIII](#).

### 3.9 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

### 3.10 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme. During the four-semester course, students will be taught/ provided experience in the following areas:

PART-A	Theory Subjects
PART-B	Sport/Game Specialization*
PART-C	Teaching Practice (Theory)
PART-D	Internship

\* **Specialization will be offered in the following games & sports:** Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Swimming, Table Tennis, Tennis, Track & Field, Volleyball, Weight Lifting and Yoga.

## 4. M.A. (YOGA)

**[Four-Semesters]**

### 4.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 4.2 ALLOCATION OF SEATS

Category	Total Seats [30]
UR	15
SC (15%)	05
ST (7.5%)	02
OBC (27%)	08
EWS (10%)(Supernumerary)	03
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

**Note :**

1. Seats for Foreign National candidates will be supernumerary.
2. The minimum no. of students required to run the course in this course shall be five (05)

### 4.3 ELIGIBILITY FOR ADMISSION

Bachelor Degree with minimum 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] in any discipline recognized by the University/Institute along with one-year Post Graduate Diploma/Diploma in Yoga.

**OR**

B.A./B.Sc. in Yoga with 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley].

**OR**

Bachelor of Physical Education (B.P.Ed.) with Specialization in Yoga along with minimum 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley].



**Note:**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no “call letter” for the Entrance Test should be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform advance yogic activities.*
- (iv) *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

**4.4 ADMISSION PROCEDURE**

4.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XII</a> .	<b>50</b>

**4.5 FEMALE CANDIDATES**

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

**4.6 FEE STRUCTURE**

Each student shall pay the fee as given in [Annexure-XXIII](#).

**4.7 UNIFORM**

Uniform will be provided by the Institute as per [Annexure-XXV](#).

**4.8 COURSE INFORMATION**

Duration of the course is 2 years (four-semesters). A candidate must complete the course and pass the final examination within four academic years from the first admission to this programme. Details of Theory and Practical are as follows:

**Semester-I : Theory & Practical Subjects**

Foundations of Yoga; Applied Statistics; Basics of Research Methodology; Human Anatomy and Physiology-I.  
Yoga Practical-I and Yoga Practical-II.

**Semester-II : Theory & Practical Subjects**

Foundations of Yoga-II; Patanjali Yoga Sutra; Principles and Practices of Hatha Yoga; Human Anatomy and Physiology-II.  
Yoga Practical-III and Teaching Ability-I.

**Semester-III : Theory & Practical Subjects**

Principles of Psychology and Counselling in Yoga; Yoga Therapy and Diagnostic Tools; Swasthvritta; Diet and Nutrition; Shrimad Bhagwad Gita.

Yoga Practical-IV and Teaching Ability-II.

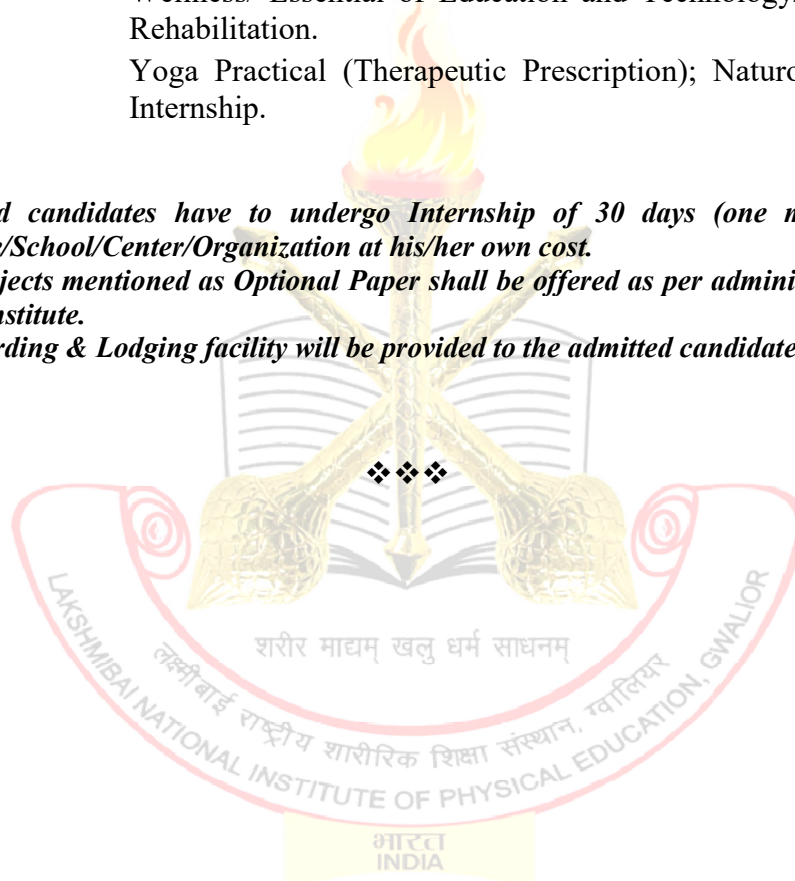
**Semester-IV : Theory & Practical Subjects**

Human Consciousness in Indian Philosophy; Fundamentals of Naturopathy; Value Education in Yoga; Dissertation/ Fitness and Wellness/ Essential of Education and Technology/Correctives and Rehabilitation.

Yoga Practical (Therapeutic Prescription); Naturopathy Practical; Internship.

**Note :**

- (i) *Admitted candidates have to undergo Internship of 30 days (one month) from any Institute/School/Center/Organization at his/her own cost.*
- (ii) *The subjects mentioned as Optional Paper shall be offered as per administrative feasibility of the Institute.*
- (iii) *No Boarding & Lodging facility will be provided to the admitted candidates at the Institute.*



## 5. M.A. (SPORTS MANAGEMENT)

[Four-Semesters]

### 5.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 5.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

**Note :**

1. Seats for Foreign National candidates will be supernumerary.
2. The minimum no. of students required to run the course in this course shall be five (05)

### 5.3 ELIGIBILITY FOR ADMISSION

Any graduate with at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] is eligible for admission test.

**Note :**

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.

- (ii) *Candidates should note that no “call letter” for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

## 5.4 ADMISSION PROCEDURE

5.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XIII</a> .	50

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

## 5.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 5.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXII](#).

## 5.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 5.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme.

**Note :** *No Boarding & Lodging facility will be provided to the admitted candidates at the Institute.*





## 6. M.A. (SPORTS JOURNALISM)

[Four-Semesters]

### 6.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**

<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

**Note :** *The minimum number of seats to start this program shall be Five (05), if the number is less than mentioned above, then the fee will be refunded to provisionally selected candidates.*

### 6.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

**Note :**

1. *Seats for Foreign National candidates will be supernumerary.*
2. *The minimum no. of students required to run the course in this course shall be five (05)*

### 6.3 ELIGIBILITY FOR ADMISSION

Any graduate with at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] is eligible for admission test.

**Note :**

- All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- Admission to physically challenged candidates of any category is not permissible.*

## 6.4 ADMISSION PROCEDURE

6.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XIV</a> .	50

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

## 6.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 6.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXII](#).

## 6.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 6.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme.

**Note :** *No Boarding & Lodging facility will be provided to the admitted candidates at the Institute.*



## 7. M.A. (SPORTS PSYCHOLOGY)

[Four-Semesters]

### 7.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 7.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIFE staff (Supernumerary)	01

**Note :**

1. Seats for Foreign National candidates will be supernumerary.
2. The minimum no. of students required to run the course in this course shall be five (05)

### 7.3 ESSENTIAL QUALIFICATION

Candidates who have obtained at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] in the B.P.Ed. four years degree/B.A. (Hons.) in Psychology/Bachelor's Degree with Psychology/Sport Psychology as one of the subject.

**Note :**

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (ii) Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.
- (iii) Admission to physically challenged candidates of any category is not permissible.

## 7.4 ADMISSION PROCEDURE

7.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. Syllabus is given in <a href="#">Annexure-XV</a> .	<b>50</b>

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

## 7.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 7.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXII](#).

## 7.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 7.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme. The Institute has adopted Choice Based Credit System for imparting teaching at M.A. level.

**Note :** *Boarding & Lodging facility is optional for selected candidates in the Institute.*





## 8. M.Sc. (EXERCISE PHYSIOLOGY)

[Four-Semesters]

### 8.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 8.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** Seats for Foreign National candidates will be supernumerary.

### 8.3 ELIGIBILITY FOR ADMISSION

Candidate who have obtained at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] in the B.P.Ed. four years degree / B.Sc. with Life Science/Bio Science are eligible for admission test.

**Note :**

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (ii) Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.
- (iii) Admission to physically challenged candidates of any category is not permissible.

## 8.4 ADMISSION PROCEDURE

8.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XVI</a> .	<b>50</b>

**Note :** While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

## 8.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 8.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXII](#).

## 8.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 8.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme. The Institute has adopted Choice Based Credit System for imparting teaching at M.Sc. level.

**Note :** Boarding & Lodging facility is optional for selected candidates in the Institute.



## 9. M.Sc. (SPORTS BIOMECHANICS)

**[Four-Semesters]**

### 9.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 9.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** Seats for Foreign National candidates will be supernumerary.

### 9.3 ELIGIBILITY FOR ADMISSION

Candidates who have obtained at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] in the B.P.Ed. four years degree / B.Sc. (with Physics as one of the subject)/B.Sc. Sports Biomechanics/B.E./B.Tech. are eligible for admission test.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible.*

#### 9.4 ADMISSION PROCEDURE

9.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XVII</a> .	<b>50</b>

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

#### 9.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

#### 9.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXII](#).

#### 9.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

#### 9.8 COURSE INFORMATION

Duration of the course is 2 years (four-semesters). A candidate must complete the Course and pass the final examination within four academic years from the first admission to this programme. The Institute has adopted Choice Based Credit System for imparting teaching at M.Sc. level.

**Note :** *Boarding & Lodging facility is optional for selected candidates in the Institute.*





## 10. DIPLOMA IN SPORTS COACHING (DSC)

**[Two-Semesters]**

**(only for Defense and Paramilitary Personnel)**

### 10.1 DISCIPLINE OFFERED

Diploma in Sports Coaching shall be offered in following games/sports viz. Athletics, Basketball, Football, Handball and Volleyball (subject to administrative feasibility).

### 10.2 ADMISSION SCHEDULE

Total No. of Seats	<b>25 (in each games)</b>
Offline Registration Form	<b>Till 31.07.2021</b>
Seat Allotment Letter	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

**Note :**

- (i) *The minimum number of students required to run the course in a game/sports shall be five (5).*
- (ii) *Reservation policy will not be applicable for Diploma in Sports Coaching.*

### 10.3 ELIGIBILITY FOR ADMISSION

10.3.1 A candidate shall be eligible to apply for admission to Diploma in Sports Coaching if he has passed 10+2 examination/equivalent examination conducted by CBSE/State or UT Board/Open School Board.

10.3.2 Only those candidate(s) who are deputed by Defense/Army Sports Control Board and Para-military Services based on of their sports performance & achievements are eligible for the course.

**Note:** *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

### 10.4 ADMISSION PROCEDURE

All the eligible candidates will be admitted directly to the course, however they need to pass the Medical Test conducted by the Institute.

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### 10.5 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXIII](#).

**Note :** *If in any games/sports the course is dropped/discontinued by the Institute due to candidates being less than 5, then fee will be refunded to provisionally selected candidates.*

## 10.6 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 10.7 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects and Practical Skills are as follows:

### 10.7.1 THEORY SUBJECTS :

Fundamentals of Anatomy, Physiology and Physiology of Exercise; Fundamentals of Kinesiology and Biomechanics; General Methods of Sports Training; Applied Sports Psychology; Sports Anthropometry; Athlete's Care & Rehabilitation; Theory of Main Sport/Game: Paper – I and Theory of Main Sport/Game: Paper – II.

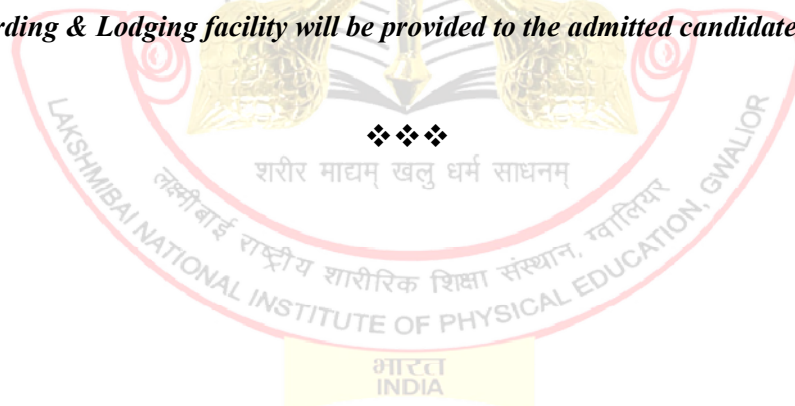
### 10.7.2 PRACTICAL :

Skills proficiency and Playing Ability; Officiating; Teaching and Coaching Ability.

### 10.7.3 INTERNSHIP :

Internship of two months duration preferably in the month of May to July.

**Note :** *No Boarding & Lodging facility will be provided to the admitted candidates at the Institute.*



## 11. POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)

**[Two-Semesters]**

### 11.1 DISCIPLINE OFFERED

Post Graduate Diploma in Sports Coaching shall be offered in following games/sports viz. Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Volleyball and Wrestling (subject to administrative feasibility).

### 11.2 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 11.3 ALLOCATION OF SEATS

The minimum number of students required to run the course in a game/sports shall be ten (10). Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

Category	Total Seats in each game [20]
UR	10
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** *Seats for Foreign National candidates will be supernumerary.*

### 11.4 ELIGIBILITY FOR ADMISSION

A candidate shall be eligible to appear in Entrance Test for Post Graduate Diploma in Sports Coaching, if he/she has passed graduation degree, conducted by a recognized University, with at least 45% marks [40% in case of SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in

Kashmir valley] with Inter-University/National level participation in the concerned game / sport.

**OR**

Bachelor's degree from recognized university with participation in international competition or secured 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> position in National / Inter-University competition in sports and games as approved and funded by respective AIU/IOA/MYAS.

**OR**

A candidate shall be eligible to appear in admission test for Post Graduate Diploma in Sports Coaching if he/she has passed Bachelor of Physical Education (B.P.Ed. One / Two Years) conducted by a recognized University, with at least 45% marks (40% in case of SC/ST candidates) with Inter – University / National level participation in the concerned game / sport.

**OR**

A Post Graduate Degree from any recognized University at least 45% marks (40% in case of SC/ST candidates) with Inter – University / National level participation in the concerned game / sport.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

## 11.5 ADMISSION PROCEDURE

11.5.1 The admission process for PGDSC will comprise of both Written examination and Sports Skill Proficiency Test. The Merit will be based on aggregate of both:

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> Consists of 40 Multiple-Choice Questions based on General Awareness, G.K. (Sports) and Reasoning. The duration of test will be of 60 minutes.	40
2.	<b>SPORTS SKILL PROFICIENCY</b>	60
<b>TOTAL MARKS</b>		<b>100</b>

11.5.2 **Sports Skill Proficiency Test** for admission to PGDSC program will be conducted for only those candidates who qualify the Written Test (Minimum 16 marks (40%) for UR/EWS/OBC and 14 marks (35%) for SC/ST out of 40 marks) at LNIPE Gwalior in mentioned games/sports **on 09-10 September, 2021:**

*Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Volleyball and Wrestling.*

**Note :** While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.



## 11.6 DIRECT ADMISSION

11.6.1 Direct admission will be provided to the candidates who have represented India in designated International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship in the following games and sports:

***Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Volleyball and Wrestling.***

11.6.2 Representation shall be in such games/sports which are approved and funded by MYAS/IOA.

11.6.3 All such candidates who wish to be considered for direct admission shall mandatorily apply on National Testing Agency (NTA) and upload all the documents along with sports achievements certificate. In case if the candidate is not considered for direct admission, he/she has to appear in Online Test like other candidate.

**Note :**

- (i) *Participation of candidate in any kind of International Invitational Tournaments shall not be considered for Direct Admission.*
- (ii) *List of eligible candidates for Direct Admission will be uploaded on Institute's website : [www.lnipe.edu.in](http://www.lnipe.edu.in)*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

## 11.7 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 11.8 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXIII](#).

**Note :** *For a course to continue a minimum of 10 candidates are required (in each game/sports). If the course is discontinue due to this reason, than the fee will be refunded to provisionally selected candidates.*

## 11.9 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 11.10 COURSE INFORMATION

### 11.10.1 THEORY SUBJECTS :

Sports Training; Sports Psychology; Kinesiology and Sports Biomechanics; Physiology and Physiology of Exercise; Sports Anthropometry; Athlete's Care & Rehabilitation; Theory of Main Sport/Game: Papers – I and Theory of Main Sport/Game: Papers – II

**11.10.2 PRACTICAL :**

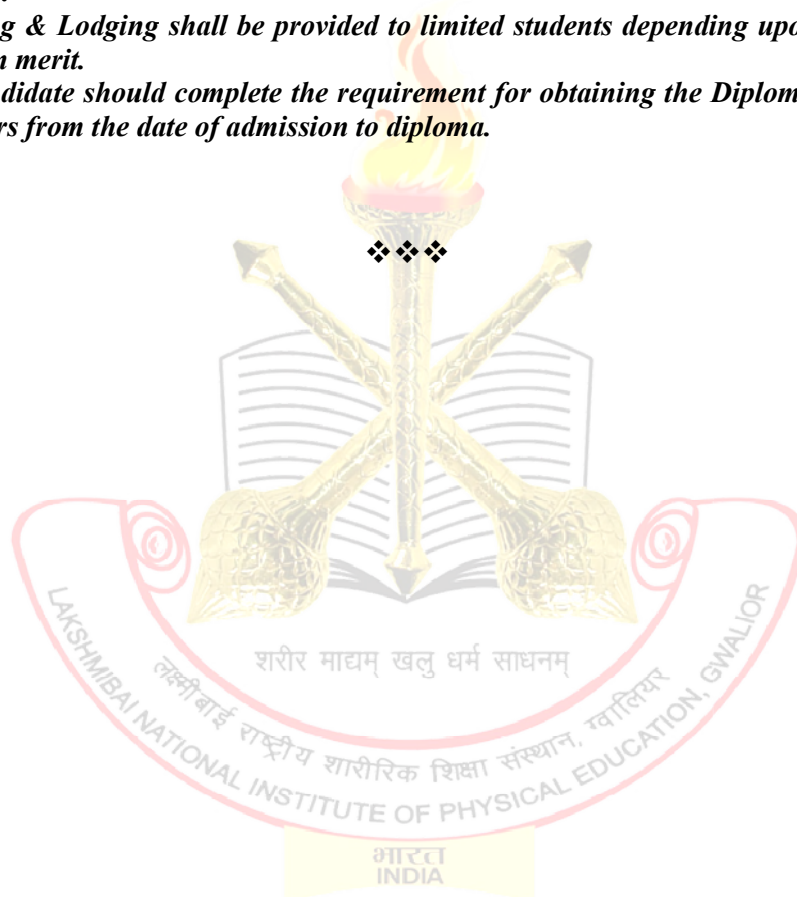
Skill Proficiency and Playing Ability; Officiating; Teaching Ability and Coaching Ability.

**11.10.3 INTERNSHIP :**

Internship of two months duration (preferably in the month of May, June and July, 2021).

**Note :**

- (i) *The sports/games mentioned above shall be offered as per administrative feasibility of the Institute.*
- (ii) *Boarding & Lodging shall be provided to limited students depending upon the availability based on merit.*
- (iii) *The candidate should complete the requirement for obtaining the Diploma within a period of 2 years from the date of admission to diploma.*



## 12. POST GRADUATE DIPLOMA IN FITNESS MANAGEMENT (PGDFM)

**[Two-Semesters]**

### 12.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 12.2 ALLOCATION OF SEATS

Category	Total Seats in each game [20]
UR	10
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** Seats for Foreign National candidates will be supernumerary.

### 12.3 ELIGIBILITY FOR ADMISSION

Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley].

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.*

## 12.4 ADMISSION PROCEDURE

12.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XVIII</a> .	<b>50</b>

**Note :** While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

## 12.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 12.6 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXIII](#).

## 12.7 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

## 12.8 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects and Practical are as follows:

### 12.8.1 THEORY SUBJECTS :

Fitness & Wellness-I; Health Club Management & Therapeutic Aspects of Fitness-I; Applied Human Anatomy & Physiology; Yoga & Naturopathy-I; Fitness Management-I; Fitness & Wellness-II; Health Club Management & Therapeutic Aspects of Fitness-II; Management of Special Areas in Fitness; Yoga & Naturopathy-II; Fitness Management-II

### 12.8.2 PRACTICAL :

Fitness Lesson Plan-II; Sports & Gym Training Proficiency-I; Internship Programme; Sports & Gym Training Proficiency-II and Demonstration Ability.

### 12.8.3 INTERNSHIP :

Internship of duration (One month) preferably in the month of May & June.

**Note :** Boarding & Lodging shall be provided to limited students depending upon the availability based on merit.





## 13. POST GRADUATE DIPLOMA IN YOGA EDUCATION (PGDYEd)

**[Two-Semesters]**

### 13.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Correction Window	<b>01.08.2021 to 03.08.2021</b>
Availability of Downloading the Admit Card.	<b>12.08.2021</b>
Date of Written Test (Online)	<b>14.08.2021</b>
Challenge of Answer Keys	<b>TBA*</b>
Declaration of Results of Written Test	<b>TBA*</b>
Seat Allotment Letter (Online)	<b>TBA*</b>
Medical Examination dates (at study center after selection)	<b>TBA*</b>
Date of Registration and Payment of Fee	<b>TBA*</b>
Collecting Admission Slip by the selected candidates from the office of the AR (Acad.)	<b>TBA*</b>

\* **TBA = To be announced later through website :**  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 13.2 ALLOCATION OF SEATS

Category	Total Seats [30]
UR	15
SC (15%)	05
ST (7.5%)	02
OBC (27%)	08
EWS (10%) (Supernumerary)	03
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** Seats for Foreign National candidates will be supernumerary.

### 13.3 ELIGIBILITY FOR ADMISSION

The aspirants should have obtained minimum 45% [40% for SC/ST and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] Marks in Bachelor Degree in any discipline from a recognized University/Institute.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform advance yogic activities.*

### 13.4 ADMISSION PROCEDURE

13.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes. The syllabus is given in <a href="#">Annexure-XIX</a> .	<b>50</b>

### 13.5 FEE STRUCTURE

Each student shall pay the fee as given in [Annexure-XXIII](#).

### 13.6 UNIFORM

Uniform will be provided by the Institute as per [Annexure-XXV](#).

### 13.7 COURSE INFORMATION

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme. Details of Theory and Practical are as follows:

**Semester-I : Theory & Practical Subjects**

Fundamentals of Yoga; Foundations and Practices of Hatha Yoga; Applied Anatomy & Physiology; Naturopathy; Yoga Practical-I; Naturopathy Practical; Teaching Ability-I

**Semester-II : Theory & Practical Subjects**

Patanjali Yoga Sutra; Yoga & Health; Principles of Psychology and Counselling; Alternate Therapy; Yoga Practical-II; Alternate Therapies Practical; Teaching Ability-II; Internship.

**Note :**

- (i) *Admitted candidates have to undergo Internship of 30 days (one month) from any Institute/School/Center/Organization at his/her own cost.*
- (ii) *The subjects mentioned above shall be offered as per administrative feasibility of the Institute.*
- (iii) *No Boarding & Lodging facility will be provided to the admitted candidates at the Institute.*



## **14. DIPLOMA IN SPORTS EVENT MANAGEMENT**

**[Two-Semesters]**

**(Open and Distance Learning mode)**

### **14.1 ADMISSION SCHEDULE**

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Date of Registration and Payment of Fee	<b>TBA*</b>

\* *TBA = To be announced later through website :*  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### **14.2 ELIGIBILITY FOR ADMISSION**

14.2.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board with 45% marks (40% for SC/ST candidate) and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

**Note :**

- (i) *All the candidates appearing as Supplementary/Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible.*

### **14.3 ADMISSION PROCEDURE**

14.3.1 All the eligible candidate shall be directly admitted to this programme.

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### **14.4 FEE STRUCTURE**

Each Student shall pay the fee as given in [Annexure-XXIV](#).

### **14.5 COURSE INFORMATION**

Duration of the course is 01 year (two-semesters). A candidate must complete the course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects, Practical and Internship are as follows:

#### **14.5.1 COURSE OVERVIEW :**

##### **14.5.1.1 Course Delivery :**

- Classes will be conducted online. It includes recorded auto-graded and peer-reviewed assignments, video lectures, and community discussion forums.
- Students will receive a shareable electronic course material.

##### **14.5.1.2 Assessment & Evaluation :**

- Continuous assessment – Theory, Practical & Internship (Field Work/Live Project/Case Studies).
- Final Examination – Final Examination will be conducted at the end of each semester online.

#### 14.5.2 THEORY SUBJECTS :

Meaning and concept of Event & Sport Event, Managing Sports Events, Human Resource Management, Sports Facility Management, Marketing Management, Sport Event Finance Management, Mass Media and Public Relations, Internship-I, Internship-II

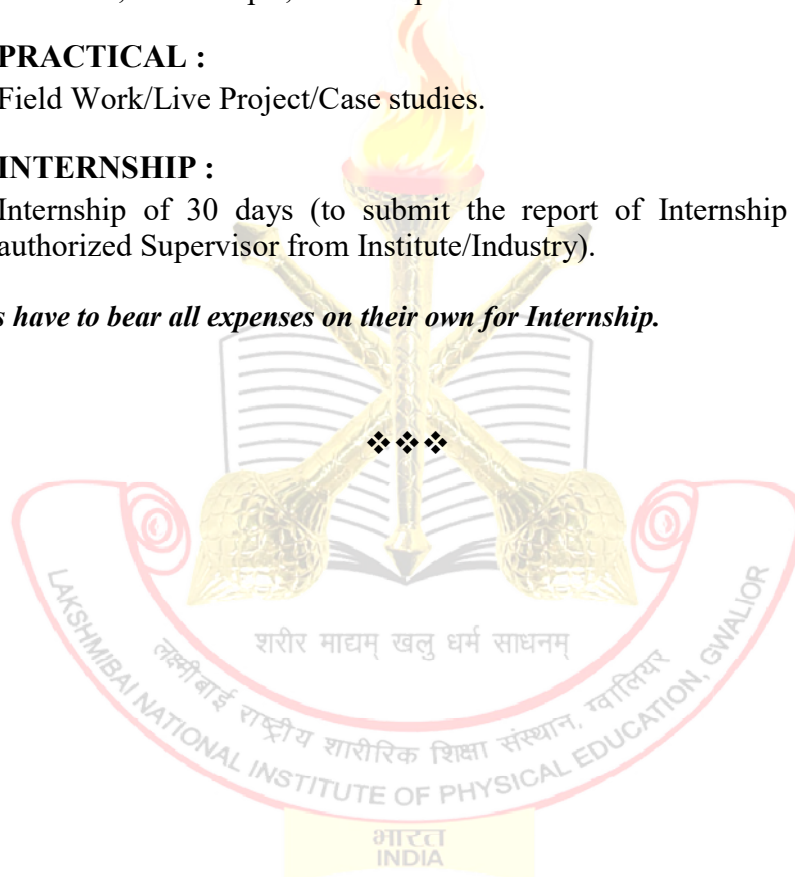
#### 14.5.3 PRACTICAL :

Field Work/Live Project/Case studies.

#### 14.5.4 INTERNSHIP :

Internship of 30 days (to submit the report of Internship duly signed by authorized Supervisor from Institute/Industry).

**Note :** *Students have to bear all expenses on their own for Internship.*





## 15. POST GRADUATE DIPLOMA IN SPORTS MANAGEMENT (PGDSM)

**[Two-Semesters]**

**(Open and Distance Learning mode)**

### 15.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Date of Registration and Payment of Fee	<b>TBA*</b>

\* **TBA = To be announced later through website :**

<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 15.2 ELIGIBILITY FOR ADMISSION

15.2.1 Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks (40% for SC/ST candidate) and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

15.2.2 While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible.*

### 15.3 ADMISSION PROCEDURE

15.3.1 All the eligible candidate shall be directly admitted to this programme.

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### 15.4 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXIV](#).

### 15.5 COURSE INFORMATION

Duration of the course is 01 year (two-semester). A candidate must complete the course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects and Practical are as follows:

#### 15.5.1 COURSE OVERVIEW :

##### 15.5.1.1 Course Delivery :

- Classes will be conducted online. It includes recorded auto-graded and peer-reviewed assignments, video lectures, and community discussion forums.
- Students will receive a shareable electronic course material.

### 15.5.1.2 Assessment & Evaluation :

- Continuous assessment – Theory, Practical & Internship (Field Work/Live Project/Case Studies).
- Final Examination – Final Examination will be conducted at the end of each semester online.

### 15.5.2 THEORY SUBJECTS :

Principles of Management and Organizational Behavior; Financial Management; Foundations of Sports Sciences; Fundamentals of Sports Management; Marketing Management; Business Communications; Value Education; Project Viva Voce (Internal Assessment); Operation Management; Human Resource Management; Public Relations and Media Management; Managing of Sports Facilities and Events; Fitness and Wellness Management; Project Viva Voce (External Assessment).

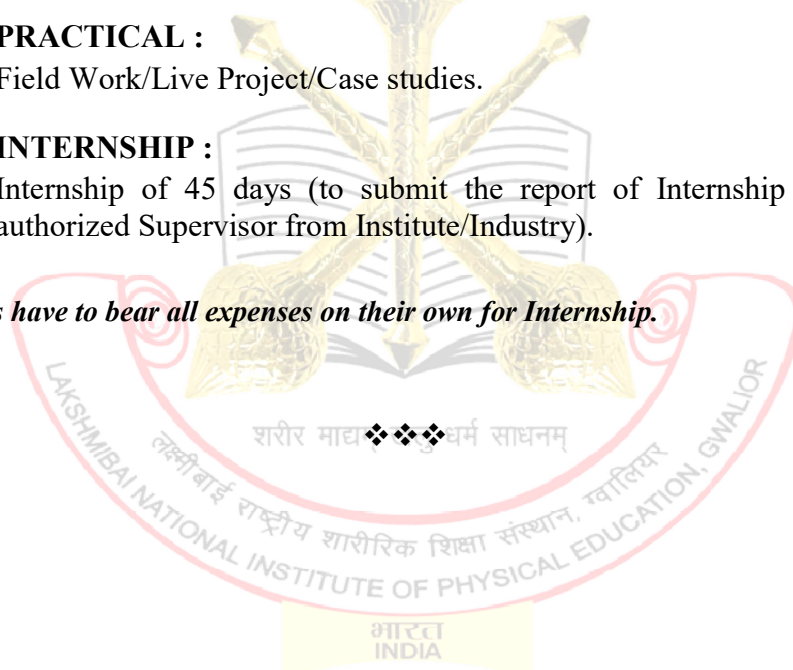
### 15.5.3 PRACTICAL :

Field Work/Live Project/Case studies.

### 15.5.4 INTERNSHIP :

Internship of 45 days (to submit the report of Internship duly signed by authorized Supervisor from Institute/Industry).

**Note :** *Students have to bear all expenses on their own for Internship.*



## 16. POST GRADUATE DIPLOMA IN SPORTS JOURNALISM (PGDSJ)

**[Two-Semesters]**

**(Open and Distance Learning mode)**

### 16.1 ADMISSION SCHEDULE

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Date of Registration and Payment of Fee	<b>TBA*</b>

\* *TBA = To be announced later through website :*

<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 16.2 ELIGIBILITY FOR ADMISSION

1.1.1 Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks (40% for SC/ST candidate) and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.

1.1.2 While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible.*

### 16.3 ADMISSION PROCEDURE

16.3.1 All the eligible candidate shall be directly admitted to this programme.

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### 16.4 FEE STRUCTURE

Each Student shall pay the fee as given in [Annexure-XXIV](#).

### 16.5 COURSE INFORMATION

Duration of the course is 01 year (two-semester). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects and Practical Skills are as follows:

#### 16.5.1 COURSE OVERVIEW :

##### 16.5.1.1 Course Delivery :

- Classes will be conducted online. It includes recorded auto-graded and peer-reviewed assignments, video lectures, and community discussion forums.
- Students will receive a shareable electronic course material.

##### 16.5.1.2 Assessment & Evaluation :

- Continuous assessment – Theory, Practical & Internship (Field Work/Live Project/Case Studies).
- Final Examination – Final Examination will be conducted at the end of each semester online.

#### 16.5.2 THEORY SUBJECTS :

Introduction to communication Models and Press Laws; Reporting, Writing and Editing; Foundation of Sports Sciences; Evolution and History of Sports; Magazine Writing in Sports; Fundamentals of Computer & I.T.; Communication Skills; Project Work.

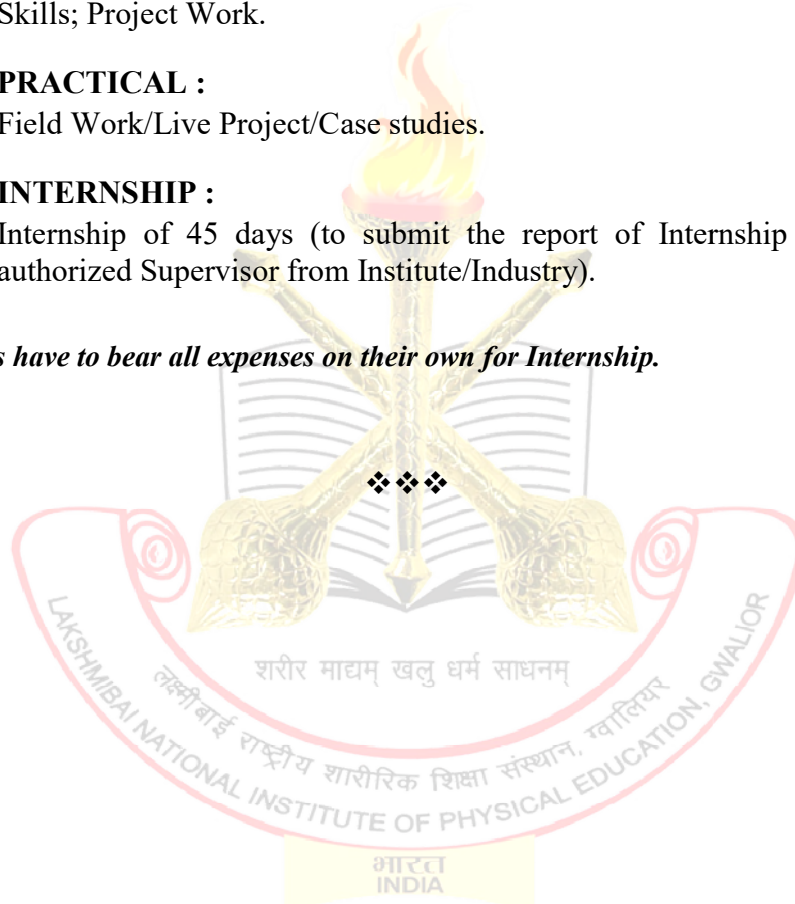
#### 16.5.3 PRACTICAL :

Field Work/Live Project/Case studies.

#### 16.5.4 INTERNSHIP :

Internship of 45 days (to submit the report of Internship duly signed by authorized Supervisor from Institute/Industry).

**Note :** *Students have to bear all expenses on their own for Internship.*





## **17. POST GRADUATE DIPLOMA IN YOGA EDUCATION (PGDYEd.)**

**[Two-Semesters]**

**(Open and Distance Learning mode)**

### **17.1 ADMISSION SCHEDULE**

Online Registration and submission of application form	<b>Till 31.07.2021</b>
Date of Registration and Payment of Fee	<b>TBA*</b>

\* *TBA = To be announced later through website :*  
<https://lnipe.nta.ac.in> / [www.nta.ac.in](http://www.nta.ac.in) / [www.lnipe.edu.in](http://www.lnipe.edu.in)

### **17.2 ELIGIBILITY FOR ADMISSION**

The aspirants should have obtained minimum 45% [40% for SC/ST and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] Marks in Bachelor Degree in any discipline from a recognized University/Institute.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2020-21 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (ii) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should download the admit card Online after filling up the Online Admission Form.*
- (iii) *Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform advance yogic activities.*

### **17.3 ADMISSION PROCEDURE**

17.3.1 All the eligible candidate shall be directly admitted to this programme.

**Note :** *While applying for admission, the candidate should read the General Conditions for Admission at para 1.15.*

### **17.4 FEE STRUCTURE**

Each student shall pay the fee as given in [Annexure-XXIV](#).

### **17.5 COURSE INFORMATION**

Duration of the course is 01 year (two-semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to this programme. Details of Theory and Practical are as follows:

**Semester-I : Theory & Practical Subjects**

Fundamentals of Yoga; Foundations and Practices of Hatha Yoga; Applied Anatomy & Physiology; Naturopathy; Yoga Practical-I; Naturopathy Practical; Teaching Ability-I.

**Semester-II : Theory & Practical Subjects**

Patanjali Yoga Sutra; Yoga & Health; Principles of Psychology and Counselling; Alternate Therapy; Yoga Practical-II; Alternate Therapies Practical; Teaching Ability-II; Internship.

**Note :**

- (i) *Admitted candidates have to undergo Internship of 30 days (one month) from any Institute/School/Center/Organization at his/her own cost.*
- (ii) *The subjects mentioned above shall be offered as per administrative feasibility of the Institute.*



## 18. DOCTOR OF PHILOSOPHY (Ph.D.) PROGRAMME

### 18.1 Ph.D. PROGRAMMES

18.1.1 PHYSICAL EDUCATION

18.1.2 YOGA

18.1.3 INTER-DISCIPLINARY

### 18.2 REGULATIONS

The regulation provides information to the prospective students about the admission requirements, programme features, and the process of undergoing the Ph.D. programme. The Ph.D. program of this institute is only on regular mode (full time and part time) and is governed by the Institute's Ph.D. Ordinance, which is in line with the UGC regulations (as amended from time to time). The prospective candidates are advised to refer to the institute's website [www.lnipe.edu.in](http://www.lnipe.edu.in) for other details of this program.

### 18.3 STUDY CENTERS

Name of the Course	Name of the Study Center
Physical Education	LNIPE, Gwalior LNIPE-NERC Guwahati
Yoga	LNIPE, Gwalior
Inter-Disciplinary	LNIPE, Gwalior LNIPE-NERC Guwahati

### 18.4 ADMISSION SCHEDULE

Online Registration and submission of application form	TBA*
Correction Window	TBA*
Availability of Downloading the Admit Card.	TBA*
Date of Written Test (Online)	TBA*
Viva-Voce	TBA*
Challenge of Answer Keys	TBA*
Declaration of Results of Written Test	TBA*
Seat Allotment Letter (Online)	TBA*
Date of Registration and Payment of Fee	TBA*

\* TBA = To be announced later through website : [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 18.5 DURATION

Ph.D. Programme shall be for a minimum duration of three years, including course work and a maximum of six years. Increase the minimum and maximum duration in the period will be as per Ph.D. Ordinance of the Institute.

## 18.6 ALLOCATION OF SEATS

The number of seats for Ph.D. Programme through RET shall be as follows :

Category	Total Seats – 40* Gwalior	Total Seats – 20* Guwahati
UR	20	10
SC (15%)	06	03
ST (7.5%)	04	02
OBC (27%)	10	05
EWS (10%) (Supernumerary)	04	02

- \* *The seats for UGC-NET with JRF candidates are supernumerary.*
- \* *The supernumerary quota for foreign nationals and self-financing foreign nationals shall be restricted to a maximum of 15% of the seats advertised for Ph.D. programme.*
- \* *The supernumerary quota for in-service candidate shall be restricted to a maximum of 15% of the seats advertised for Ph.D. programme.*
- \* *The supernumerary quota for internal candidate shall be restricted to a maximum of 15% of the seats advertised for Ph.D. programme.*

**Note :** *The issue of equivalence of the degree possessed by the self-financing foreign candidate shall be resolved by the equivalence committee of the concerned country before their admission. They shall be admitted to the Ph.D. programme only if the degree possessed by candidates entitles them for employment as Ph.D. scholars in the universities of their own country.*

## 18.7 ELIGIBILITY FOR ADMISSION

In order to appear in the entrance examination for Ph.D. programme a candidate must have passed Master Degree in concerned subject or its equivalent degree from recognized University/Institute in India or abroad with at least 55% marks (50% for SC/ST) or equivalent grade.

## 18.8 DIRECT ADMISSION

A candidate who fulfills the following conditions may be considered for direct admission for the Ph.D. Program. However, appearance in interview/viva voce shall remain a mandatory requirement for admission to course work.

18.8.1 The In-service candidate i.e. permanent/regular employee of any other University/Institution/College/Government Department/Public Sector undertaking/ R&D Organization, who is sponsored as a Full-Time candidate by the said organisation, with at least 2 years of experience and who is relieved for a period of not less than six months for pursuing Ph.D. programme. In-service candidates must bring the following original certificates at the time of Entrance Test

18.8.1.1 Appointment letter

18.8.1.2 Form 16 of last two years

18.8.1.3 NOC On prescribed format as given in [Annexure-X](#).

18.8.2 A candidate who is a recipient of National Doctoral Fellowship or other fellowships from government/semi-government organizations (through All-India selection procedure conducted by the agency/ organization for award of research fellowships (such as CSIR, ICSSR, UGC-NET with JRF).

18.8.3 A foreign national who is a recipient of fellowship by the Indian Council for Cultural Relations (ICCR), Government of India and who is sponsored by

his/her Government, subject to fulfilling conditions as mentioned in Institute Ordinance.

18.8.4 A self-financing foreign national who is admitted through the respective Embassy/High commission of his/her country or admitted under a MoU with due clearance from the Indian Missions abroad. As per revised guidelines/ instructions of the Department of Higher education, MHRD, GOI on grant of research visa, the foreigners desirous of undertaking research in India, should therefore, apply to the concerned Indian Missions abroad with the brief synopsis of the research project to be undertaken in India, the details of places to be visited, previous visits, whether the scholar has secured admission into a recognized or reputed institution and evidence of financial resources. subject to fulfilling conditions as mentioned in Institute's ordinance.

18.8.5 A regular teacher working in LNIPE will be considered as internal candidate.

## 18.9 ADMISSION PROCEDURE

18.9.1 A candidate shall be admitted for the Ph.D. programme at the beginning of the respective session provided the result of the qualifying examination is declared before the commencement of admission test.

18.9.2 All the eligible candidates shall report at the Institute on notified dates.

18.9.3 Admission to the Ph.D. programme shall be either through RET or through direct admission as per the Ordinance. RET consists of two parts:

Part A – Written Test.

Part B – Interview/viva-voce.

### Part A – Written Test :

(I) Research Methodology and Statistics

(II) Physical Education / Yoga / Inter-Disciplinary

### The break-up of marks shall be as follows :

Paper - I	Research Methodology and Statistics	50 Marks
Paper - II	Physical Education / Yoga / Inter-Disciplinary	50 Marks
<b>Total</b>		<b>100 Marks</b>

**Note :** Only those who secure 50% marks (45% for SC/ST) in written test shall be eligible for the Interview/viva-voce.

### Part B – Interview/viva-voce :

I	Interview/viva-voce	100 Marks
---	---------------------	-----------

Grand Total (Part: A+B)	200 Marks
-------------------------	-----------

### Note :

- Minimum of 50% marks (45% for SC/ST) in Part-B shall be mandatory for all the candidates (including direct admission candidates) to qualify the entrance examination.
- Except for exempted as well as Direct Admission candidates, merit for other candidates will be decided on the basis of 70% weightage from Part-A and 30% weightage from Part-B.



18.9.4 The written test shall have questions which assess the conceptual clarity of candidate about different aspects of research, applied statistics and selected subject/area. The test shall have Multiple-Choice Questions (MCQ). Syllabus for written test (Part-A) is attached in [Annexure-XX\(A\) to XX\(H\)](#).

18.9.5 The Candidates have to appear for Interview/viva voce

**Note :**

- (i) *Minimum of 55% marks (50% for SC/ST) in Part-B shall be mandatory for all categories of candidates (including direct admission candidate) to qualify the entrance examination.*
- (ii) *Candidates have to face Interview/viva-voce in the area opted by them during the entrance exam.*
- (iii) *The list of selected direct admission candidates shall be prepared separately.*
- (iv) *Declaration to be made by the candidates at the time of registration.*

### **18.10 STRUCTURE OF THE COURSE WORK**

The candidates in Ph.D. programme are supposed to undergo a one semester course work. Only after successful completion of the course work in the first semester the candidates shall be allowed to proceed further. The structure of the course work shall be as follows:

Semester	Contents
<b>I</b>	Research Methodology
	Research and Publication Ethics
	Advance Statistics and Computer Application
	Physical Education / Yoga / Inter-Disciplinary

### **18.11 FEE STRUCTURE**

Each student shall pay the fee as given in [Annexure-XXII](#).

### **18.12 UNIFORM**

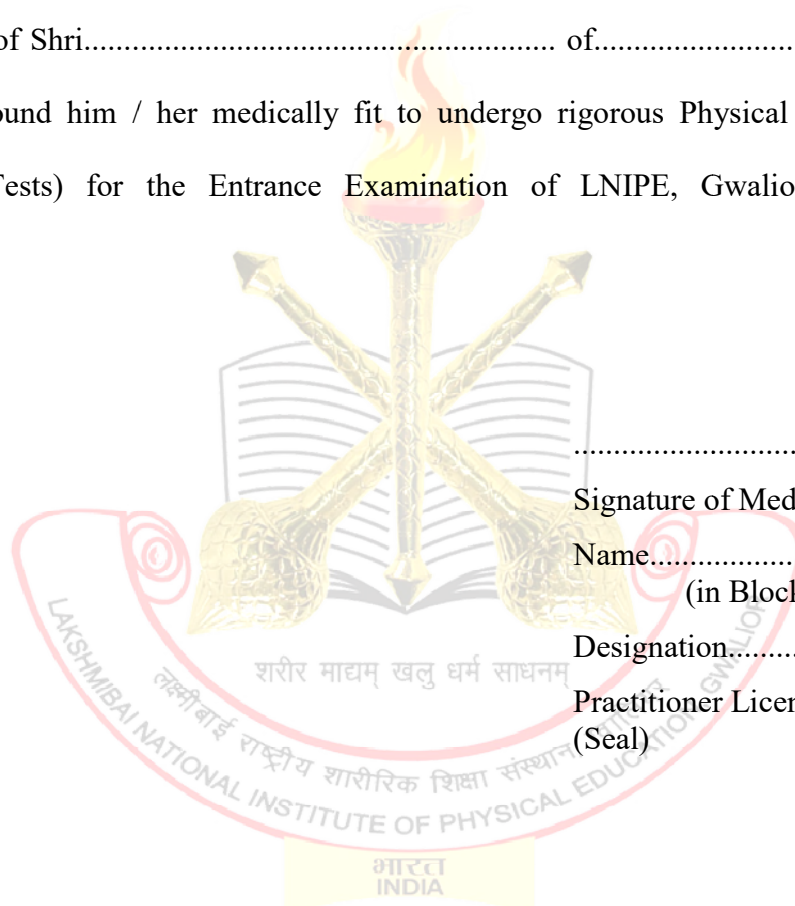
Uniform will be provided by the Institute as per [Annexure-XXV](#).



## Annexure-I

## MEDICAL FITNESS CERTIFICATE AT THE TIME OF ENTRANCE TEST

This is to certify that I have medically examined Mr./Ms. ....(Name)  
 Son/Daughter of Shri..... of.....  
 District and found him / her medically fit to undergo rigorous Physical Fitness & Skill  
 Proficiency (Tests) for the Entrance Examination of LNIPE, Gwalior/LNIPE-NERC,  
 Guwahati



.....  
 Signature of Medical Officer

Name.....  
 (in Block Letter)

Designation.....

Practitioner License No. ....  
 (Seal)

**Annexure-II**

**CERTIFICATE FOR SCHEDULE CASTES AND  
SCHEDULED TRIBES**

**THE FORM OF CERTIFICATE TO BE PRODUCED BY SCHEDULED CASTES  
AND SCHEDULED TRIBES CANDIDATES APPLYING FOR APPOINTMENT TO  
POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER  
GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari\*.....  
Son/daughter\* of..... of Village/Town\*  
..... in District/Division\*.....  
of the State/Union Territory\*..... belongs  
to the..... caste/tribe\* which is recognized  
as a Scheduled Caste/Scheduled Tribe\* under :-

- The Constitution (Scheduled Castes) Order, 1950
- The Constitution (Scheduled Tribes) Order, 1950
- The Constitution (Scheduled Castes) Union Territories Order, 1951
- The Constitution (Scheduled Tribes) Union Territories Order, 1951  
[As amended by the Scheduled Castes and Scheduled Tribes List (Modification) Order, 1956; the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971, The Scheduled Caste and Scheduled Tribes Order (Amendment) Act, 1976, The State of Mizoram Act, 1986, the State of Arunachal Pradesh Act, 1986 and the Goa, Daman and Diu (Reorganization) Act, 1987.]
- The Constitution (Jammu & Kashmir) Scheduled Castes Order, 1956
- The Constitution (Andaman and Nicobar Islands) Scheduled Tribes Order, 1959 as amended by the Scheduled Castes and Scheduled Tribes Order (Amendment) Act, 1976.
- The Constitution (Dadar and Nagar Haveli) Scheduled Castes Order, 1962
- The Constitution (Dadar and Nagar Haveli) Scheduled Tribes Order, 1962
- The Constitution (Pondicherry) Scheduled Castes Order, 1964
- The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967
- The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968
- The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968
- The Constitution (Nagaland) Scheduled Tribes Order, 1970
- The Constitution (Sikkim) Scheduled Castes Order, 1978
- The Constitution (Sikkim) Scheduled Tribes Order, 1978
- The Constitution (Jammu & Kashmir) Scheduled Tribes Order, 1989
- The Constitution (SC) Order (Amendment) Act, 1990
- The Constitution (ST) Order (Amendment) Act, 1991
- The Constitution (ST) Order (Second Amendment) Act, 1991
- The Scheduled Caste and Scheduled Tribes Orders (Amendment) Act 2002
- The Constitution (Scheduled Castes) Order (Amendment) Act, 2002
- The Constitution (Scheduled Caste and Scheduled Tribes) Order (Amendment) Act, 2002
- The Constitution (Scheduled Caste) Order (Second Amendment) Act, 2002

- Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration to another.

This Certificate is issued on the basis of the Scheduled Caste/Scheduled Tribes certificate issued to Shri/Shrimati\*..... Father/Mother of Shri/Shrimati/Kumari\*..... of Village/Town..... in District/Division\*..... of the State/Union Territory..... Who belongs to the caste/tribe\* which is recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory\* of..... issued by the..... dated.....

%3. Shri/Shrimati/Kumari\*.....and/or\* his/her\* family ordinarily resides in village/town\*..... of ..... District/Division\* of the State/Union Territory of.....

Signature.....

Place.....

\*\*Designation.....

(With Seal of Office)

Date.....

\*please delete the words which are not applicable.

@Please quote specific Presidential Order.

%Delete the paragraph which is not applicable.

**Note :** The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

**\*\*List of authorities empowered to issue Scheduled Caste/Scheduled Tribe Certificate.**

- District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1<sup>st</sup> Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.  
(#not below of the rank of 1<sup>st</sup> Class Stipendiary Magistrate)
- Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- Revenue Officers not below the rank of Tehsildar.
- Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- Administrator/Secretary to Administrator/Development officer (Lakshadweep).

**Annexure-III**

**CERTIFICATE FOR OTHER BACKWARD CLASSES**

**THE FORM OF CERTIFICATE TO BE PRODUCED BY OTHER BACKWARD CLASSES CANDIDATES APPLYING FOR APPOINTMENT TO POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari\*.....  
 Son/daughter\* of Shri..... of Village/Town\*.....  
 ..... in District/Division\*.....of the State/Union  
 Territory\*..... belongs to the.....Community  
 which is recognized as a backward class under :-

- @ Government of India, Ministry of Welfare Resolution No. 12011/68/93-BCC (C) dated 10<sup>th</sup> September, 1993 published in the Gazette of India Extraordinary Part-I, Section-1, No. 186 dated 13<sup>th</sup> September 1993.
- @ Government of India, Ministry of Welfare Resolution No. 12011/9/94-BCC dated 19<sup>th</sup> October, 1994, published in the Gazette of India Extraordinary Part-I, Section-1, No. 163 dated 20<sup>th</sup> October 1994.
- @ Government of India, Ministry of Welfare Resolution No. 12011/7/95-BCC dated 24<sup>th</sup> May, 1995 published in the Gazette of India Extraordinary Part-I, Section-1, No. 88 dated 25<sup>th</sup> May 1995.
- @ Government of India, Ministry of Welfare Resolution No. 12011/96/94-BCC dated 09<sup>th</sup> March, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 60 dated 11<sup>th</sup> March 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/44/96-BCC dated 06<sup>th</sup> December, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 11<sup>th</sup> December 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/99/94-BCC dated 11<sup>th</sup> December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 236 dated 12<sup>th</sup> December 1997.
- @ Government of India, Ministry of Welfare Resolution No. 12011/13/97-BCC dated 03<sup>rd</sup> December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 239 dated 17<sup>th</sup> December 1997.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/68/98-BCC dated 27<sup>th</sup> October, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 241 dated 27<sup>th</sup> October 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/88/98-BCC dated 06<sup>th</sup> December, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 270 dated 06<sup>th</sup> December, 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/36/99-BCC dated 04<sup>th</sup> April, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 71 dated 04<sup>th</sup> April, 2000
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/44/99-BCC dated 21<sup>st</sup> September, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 21<sup>st</sup> September, 2000.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12015/9/2000-BCC dated 06<sup>th</sup> September, 2001 published in the Gazette of India Extraordinary Part-I, Section-1, No. 246 dated 06<sup>th</sup> September, 2001.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/1/2001-BCC dated 19<sup>th</sup> June, 2003 published in the Gazette of India Extraordinary Part-I, Section-1, No. 151 dated 20<sup>th</sup> June, 2003.



- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/4/2002-BCC dated 13<sup>th</sup> January, 2004 published in the Gazette of India Extraordinary Part-I, Section-1, No. 09 dated 13<sup>th</sup> January, 2004.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/14/2004-BCC dated 12<sup>th</sup> March, 2007 published in the Gazette of India Extraordinary Part-I, Section-1, No. 67 dated 12<sup>th</sup> March, 2007.

Shri/Shrimati/Kumari\*.....and/or\* his/her\*  
family ordinarily resided in Village/Town.....of.....  
District/Division\* of the State/Union Territory\* of.....

This is also to certify that he/she\* does not belong to the person/sections\* (Creamy layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08<sup>th</sup> September 1993, O.M. No. 36033/3/2004-Estt (Res.) dated 09<sup>th</sup> March 2004 and O.M. No. 36033/3/2004-Estt. (Res) dated 14<sup>th</sup> October 2008.

Signature.....

Place.....

Date.....

\*\*Designation.....

(With Seal of Office)

\*please delete the words which are not applicable.

@Strike out whichever is not applicable.

**Note :** The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

**\*\*List of authorities empowered to issue OBC Certificate.**

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/ Additional Deputy Commissioner/Deputy Collector/1<sup>st</sup> Class Stipendiary Magistrate/ #Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner. (#not below of the rank of 1<sup>st</sup> Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

**Note 1:** Candidates claiming to belong to OBCs should note that the name of their caste (including its spellings) as indicated in their certificates, should be exactly the same as published in the lists notified by the Central Government from time to time. A certificate containing any variation in the caste name will not be accepted.

**Note 2:** The OBC claim of a candidate will be determined in relation to the State (or part of the State) to which his/her father originally belongs. A candidate who has migrated from one State (or part of the State) to another should, therefore, produce an OBC certificate which should have been issued to him/her based on his/her father's OBC certificate from the State to which he (father) originally belongs.

## Annexure-IV

# **FORM OF DECLARATION TO BE SUBMITTED BY THE OBC CANDIDATE**

*(in addition to the community certificate)*

I ..... Son/Daughter  
of Shri..... resident of Village/Town/City  
..... District..... State.....  
hereby declare that I belong to the.....  
community which is recognized as a backward class by the Government of India for the  
purpose of reservation in services as per orders contained in Department of Personnel and  
Training Office Memorandum No. 36102/22/93-Estt. (SCT) dated 08<sup>th</sup> September 1993. **It is  
also declared that I do not belong to persons/sections/sections (Creamy Layer)  
mentioned in column 3 of the Schedule to the Government of India, Department of  
Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08<sup>th</sup> September 1993,  
O.M. No. 36033/3/2004-Estt. (Res.) dated 09<sup>th</sup> March 2004, O.M. No. 36033/3/2004-Estt.  
(Res.) dated 14<sup>th</sup> October 2008 and O.M. No. 36033/1/2013 (Res.) dated 27<sup>th</sup> May 2013.**

Address (Ordinary Residence)

Signature.....

Full Name.....

Date.....

**Annexure-V**

**CERTIFICATE FOR EWS**

**Government of \_\_\_\_\_**  
(Name & Address of the authority issuing the certificate)

**INCOME & ASSET CERTIFICATE TO BE PRODUCED BY  
ECONOMICALLY WEAKER SECTIONS**

**Certificate No.** \_\_\_\_\_

**Date** \_\_\_\_\_

**VALID FOR THE YEAR** \_\_\_\_\_

This is to certify that Shri/Smt./Kumari \_\_\_\_\_  
son/daughter/wife of \_\_\_\_\_ permanent resident of \_\_\_\_\_  
\_\_\_\_\_, Village/Street \_\_\_\_\_ Post Office \_\_\_\_\_  
District \_\_\_\_\_ in the State/Union Territory \_\_\_\_\_ Pin Code \_\_\_\_\_  
whose photograph is attested below belongs to Economically Weaker  
Sections, since the gross annual income\* of his/her **“family”**\*\* is below Rs. 8 lakh (Rupees  
Eight Lakh only) for the financial year \_\_\_\_\_. His/her family does not own or possess any of  
the following assets\*\*\* :

- I. 5 acres of agricultural land and above;
  - II. Residential flat of 1000 sq.ft. and above;
  - III. Residential plot of 100 sq.yards and above in notified municipalities;
  - IV. Residential plot of 200 sq.yards and above in areas other than the notified municipalities.
2. Shri/Smt./Kumari \_\_\_\_\_ belongs to the \_\_\_\_\_ caste  
which is not recognized as Scheduled Caste, Scheduled Tribe and Other Backward Classes  
(Central List)

Recent Passport  
size attested  
photograph of  
the applicant

Signature with seal of Office \_\_\_\_\_

Name \_\_\_\_\_

Designation \_\_\_\_\_

\* Note 1 : Income covered all sources i.e. salary, agricultural, business, profession, etc.

\*\* Note 2 : The term **“Family”** for this purpose include the person, who seeks benefit of reservation, his/her parents are siblings below the age of 18 years as also his/her spouse and children below the age of 18 years.

\*\*\* Note 3 : The property held by a **“Family”** in different locations of different places/cities have been clubbed while applying the land or property holding test to determine EWS status.

**Annexure-VI**

**AFFIDAVIT BY THE STUDENT FOR  
SUBMISSION OF MIGRATION CERTIFICATE/  
TRANSFER CERTIFICATE (TC)**

*(This format shall be notarized on a stamp of Rs. 10/-)*

I, ..... Son/Daughter of Mr./Mrs. ...., having been admitted to **Lakshmibai National Institute of Physical Education, Gwalior**, and I have carefully read and fully understood the conditions / provisions contained in the below mentioned affidavit:-

- 1) I hereby solemnly aver and undertake that I will submit my Transfer/Migration Certificate by 31<sup>st</sup> October of the admission year.
- 2) I hereby affirm that if the Transfer/Migration Certificate is/are not submitted by me in the Institute (LNIFE) within the stipulated time limit i.e. 31<sup>st</sup> October of the admission year, in such circumstances, my admission shall be liable to be cancelled.
- 3) I hereby declare that I am well versed with the condition and I will abide by the stipulated time limit for submission of Migration Certificate and Transfer Certificate. In case I fail to do so, my admission shall be liable to be cancelled.

Declared this..... day of..... month of 2020.

.....  
Signature of deponent  
Name of Student:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of....., 2020.

.....  
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... of....., .....after reading the contents of this affidavit.

**OATH COMMISSIONER**

**Annexure-VII**

**FORMAT OF AFFIDAVIT BY THE STUDENT  
FOR ANTI-RAGGING**

*(This format shall be notarized on a stamp of Rs. 100/-)*

I, ....., S/o / D/o Mr./Mrs. ...., having been admitted to **LNIPE, Gwalior / LNIPE Regional Off-Campus at Guwahati** have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”) carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a) I will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
  - b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
- 6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this.....day of..... month of..... year.

\_\_\_\_\_  
Signature of deponent  
Name:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at..... on this the..... of....., .....

\_\_\_\_\_  
Signature of deponent

Solemnly affirmed and signed in my presence on this the.....of....., .....after reading the contents of this affidavit.

OATH COMMISSIONER



**Annexure-VIII**

**FORMAT OF AFFIDAVIT BY PARENT/GUARDIAN  
FOR ANTI-RAGGING**

*(This format shall be notarized on a stamp of Rs. 100/-)*

I, Mr./Mrs. .... father/mother/guardian of.....  
having been admitted to **LNIFE, Gwalior / LNIFE Regional Off-Campus at Guwahati**  
have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher  
Educational Institutions, 2009, (hereinafter called the “Regulations”), carefully read and fully  
understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a) My ward will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
  - b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
- 6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this.....day of.....month of .....year.

.....  
Signature of deponent  
Name :  
Address :  
Telephone/Mobile No.

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of....., .....

.....  
Signature of deponent

Solemnly affirmed and signed in my presence on this the (day) of (month), (year) after reading the contents of this affidavit.

## Annexure-IX

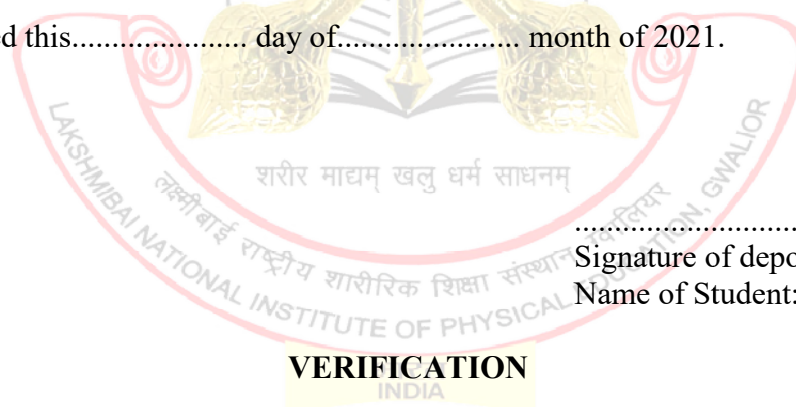
# **FORMAT OF AFFIDAVIT BY THE STUDENT REGARDING SPORTS ACHIEVEMENT/PARTICIPATION CERTIFICATE**

*(This format shall be notarized on a stamp of Rs. 50/-)*

I, ..... Son/Daughter of Mr./Mrs. ...., have applied for admission in ..... **Lakshmibai National Institute of Physical Education, Gwalior**, and solemnly declare that the certificate regarding “**Sports Achievement/Participation**” submitted by me, are true to the best of my knowledge. I also undertake that at any point of time if any information is found to be incorrect/false, I shall be liable to be rusticated from the Institute or shall bear other consequences thereof.

I shall fully abide by the decision of the Institute.

Declared this..... day of..... month of 2021.



.....  
Signature of deponent  
Name of Student:

## **VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at.....on this the..... of....., 2021.

.....  
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... of....., .....after reading the contents of this affidavit.

OATH COMMISSIONER

## Annexure-X

**EMPLOYER'S NO OBJECTION CERTIFICATE***(Only for In-service Candidate)*

This is to certify that Mr./Ms. ....

is permanent/regular employee in this Institute/Organization/University and has been working in the ..... Department on post of ..... Since ..... and total service experience is ..... The Institute/Organization/University has no objection on Mr./Ms. .... to enroll and work for Ph.D. program. He/She will be relieved for a period of six (06) months for pursuing Ph.D. programme at LNIPE.

Date : .....

Place : .....

**Signature of Employer & Seal**

**Annexure-XI**

**SYLLABUS OF WRITTEN TEST**  
**Master of Physical Education (M.P.Ed.)**

Subject Knowledge	Teaching Aptitude	Total
70 Marks	30 Marks	100 Marks

- 1. Introduction, History and Foundations of Physical Education**
  - 1.1 Aims and objectives of Education and Physical Education, Biological, Psychological and Sociological Principles and their application in Physical Education.
  - 1.2 Different Schools of Philosophy and their relevance to Physical Education (Idealism, Realism, Pragmatism, Naturalism and Existentialism)
  - 1.3 Physical Education in Greece (Sparta and Athens), Rome (Circus, Gladiatorial Combats), Germany (Johann B. Basedow, Guts Muths), Sweden (Per Henric Ling), India (Raj Kumari Amrita Kaur Coaching Scheme, YMCA, LNIPE, SAI, NSNIS).
  - 1.4 Olympic Games (Ancient and Modern)
- 2. Health Education**
  - 2.1 Definition of Health, health Education and Description of its components.
  - 2.2 Health Problems in India (Communicable and Non-Communicable Diseases, Nutritional Diseases and Environmental Diseases)
  - 2.3 School Health Services
  - 2.4 Nutrition, Assessment of Nutrition
  - 2.5 Classification of Food, Balance Diet
- 3. Anatomy, Physiology and Physiology of Exercise**
  - 3.1 Cell, Tissues, Organs and Systems Structure and Function.
  - 3.2 Bio-Electric Potential
  - 3.3 Study of following systems and processes with a view to understand the effect of exercise on different systems of the body.
    - 3.3.1 Cardio-Vascular System
    - 3.3.2 Respiratory System
    - 3.3.3 Nervous System
    - 3.3.4 Metabolism and Temperature Regulation
    - 3.3.5 Muscular System
- 4. Educational Methods and Educational Technology**
  - 4.1 Teaching Technique in Education
  - 4.2 Principles of Teaching, Commands and Class Management
  - 4.3 Lesson Planning - Physical Education and Coaching Lessons
  - 4.4 Tournaments-Knockout, League, Combination and Challenge types.
  - 4.5 Audio-Visual aids-values, criteria for selection and suggestion for use
  - 4.6 Presentation Techniques in Physical Education
  - 4.7 Micro Teaching, Simulation Teaching
- 5. Educational Psychology**
  - 5.1 Development Psychology (Heredity and Environment, Stages of Growth and Development, Individual Differences)
  - 5.2 Learning Processes (Theories of Learning (Trial and Error, Conditioned Response and Learning by Insight), Laws of Learning (Law of readiness, Exercise, effect)

- 5.3 Transfer of Learning and Learning Curve, Memory and Types of Memory
- 5.4 Personality (Meaning & Nature)
- 5.5 Motivation and Emotion
  
- 6. Kinesiology and Corrective Physical Education**
  - 6.1 Types of Joints and Muscles
  - 6.2 Major Terminologies of Fundamental Movements
  - 6.3 Location and Action of Major Muscles
  - 6.4 Motor Unit and All and Non-law
  - 6.5 Reciprocal Innervation
  - 6.6 Line of Gravity, Center of Gravity, Gravitational Force, Axis and Planes
  - 6.7 Equilibrium and Friction, Newton's Laws of Motion, Centripetal and Centrifugal Force and Types of Lever
  - 6.8 Prevention of Injuries
  - 6.9 Massage, Postural Deformities, Therapeutic Exercises, Rehabilitation of Sports Injuries.
  
- 7. Tests & Measurements**
  - 7.1 Tests, measurements, Evaluation, Statistics, their Meaning
  - 7.2 Measures of Central Tendency, Measures of Variability.
  - 7.3 Percentile and Correlation
  - 7.4 Criteria of Test Selection
  - 7.5 Motor Fitness Tests (AAHPER, JCR, Barrow, Indiana)
  - 7.6 Skills Tests of different Games and Sports (Badminton, Basketball, Football, Hockey, Volleyball)
  
- 8. Management of Physical Education**
  - 8.1 Meaning, Phases, Nature and Importance of Management
  - 8.2 Location, Preparation, Layout and Maintenance of Play Fields Construction
  - 8.3 Cares and Maintenance of Gymnasium and Swimming Pool
  - 8.4 Equipments in Physical Education, Criteria of Selection, Procedure of Purchase, Care and Maintenance of Equipments.
  - 8.5 Intramural and Extramural Programmes
  - 8.6 Budget for Physical Education - Budget making and Accounting.
  
- 9. Sports Training**
  - 9.1 Meaning, Definition and Principles of Sports Training
  - 9.2 Training Load Definitions, Types and Factors of Training and Adaptation
  - 9.3 Meaning, Factors Affecting and Classification of Speed, Strength, Endurance, Flexibility and Coordinative Abilities.
  - 9.4 Means and method of development of Motor Abilities (Speed, Strength, Endurance, Flexibility, Coordinative Abilities).
  - 9.5 Meaning, Types and Importance of Periodization.
  - 9.6 Aim and Contents of different phases of Periodization, Build-up and main Competition.
  - 9.7 Psychological Preparation for Competition.





## Annexure-XII

### SYLLABUS OF WRITTEN TEST M.A. (Yoga)

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Reasoning
2. General Awareness about Yoga.
3. Foundations of Yoga
  - (i) Four Traditional streams of Yoga (Gyan, Karma, Bhakti, Hatha)
  - (ii) Modern Yogic streams and Techniques.
  - (iii) Shatdarshans – a brief outline.
  - (iv) Basic knowledge of Life Histories of Yogis belonging to pre-classical, classical, modern and post-modern era.
  - (v) Perspectives of consciousness in Buddhism and Jainism.
4. Basic knowledge of Human Anatomy and Physiology
5. Basic Psychological concepts – Anxiety, Frustration, Agitation etc., Types of Personalities.
6. Practical application of Yoga
7. Yoga and Health
8. Basic awareness about benefits and contraindications of Yoga Practices.
9. Peripheral knowledge of Yoga in Vedas and Upanishads.
10. Diet and Nutrition
11. Concept of Wellness.
12. Fundamentals of Naturopathy and Alternate Therapies.



## Annexure-XIII

**SYLLABUS OF WRITTEN TEST**  
**M.A. (Sports Management)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Meaning and Concept of Management
2. Meaning and Concept of Administration
3. Introduction of Sports Management
4. Basic functions of Management
5. Basic functions of Management
6. Basic principles of Management
7. Purpose of Management
8. Scope of Management
9. Role of Manager
10. Introduction to Marketing Management
11. Meaning and Concept of Human Resource Management
12. Introduction to Strategic Management



**Annexure-XIV**
**SYLLABUS OF WRITTEN TEST**  
**M.A. (Sports Journalism)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Meaning and Concept of Journalism
2. Introduction to Sports Journalism
3. Meaning and Concept of Media
4. Types of Media
5. Role of Media in Sports
6. News and its components
7. News values and objectives
8. Role of Journalist
9. Journalism Ethics
10. Training and professionalism; qualities of journalist
11. Duties and responsibilities of editors and sub editors
12. Communication skill for event management
13. Introduction to Business communication.
14. Writing Skills, Planning business message, Rewriting and edition; the first draft;
15. Reconstructing the final draft
16. Characteristics of Magazine Writing
17. Magazine Writing : style vis-à-vis newspaper writing

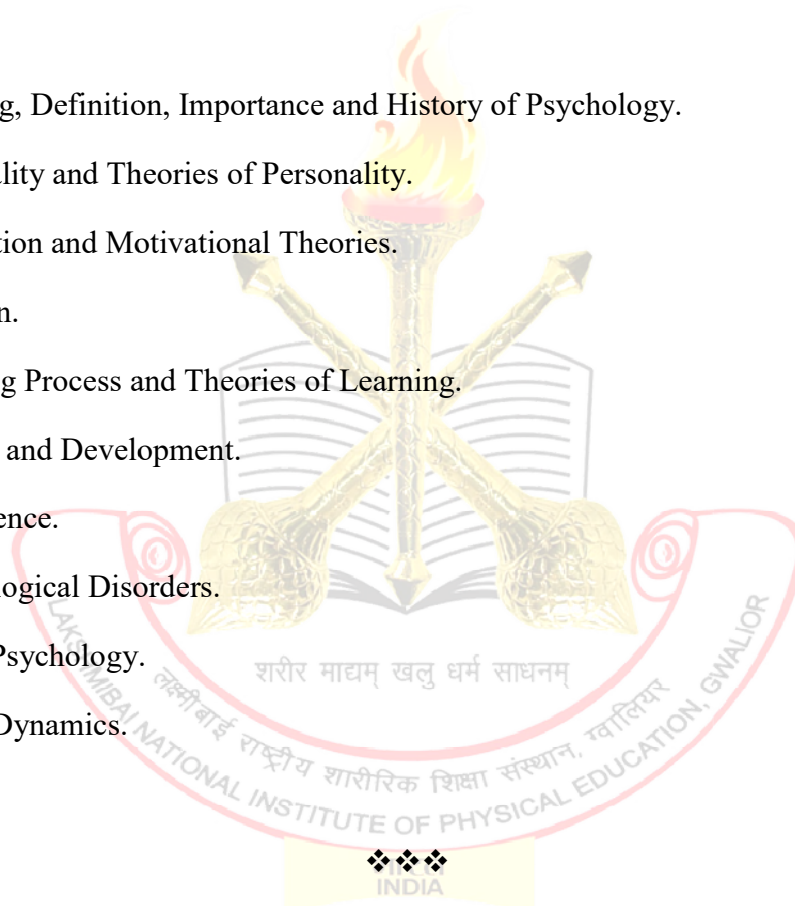


## Annexure-XV

**SYLLABUS OF WRITTEN TEST**  
**M.A. (Sports Psychology)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Meaning, Definition, Importance and History of Psychology.
2. Personality and Theories of Personality.
3. Motivation and Motivational Theories.
4. Emotion.
5. Learning Process and Theories of Learning.
6. Growth and Development.
7. Intelligence.
8. Psychological Disorders.
9. Social Psychology.
10. Group Dynamics.



**Annexure-XVI**

**SYLLABUS OF WRITTEN TEST**  
**M.Sc. (Exercise Physiology)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. **CELLULAR ARCHITECTURE :**
  - (i) Components of living cell.
  - (ii) Functions of various organelles.
2. **EXERCISE AND ENERGY METABOLISM :**
  - (i) Macronutrients, micronutrients and water.
  - (ii) Basic energy systems and their functions.
  - (iii) Drugs and doping.
3. **EXERCISE AND MUSCULAR SYSTEM :**
  - (i) Classification of muscle: skeletal, smooth and cardiac muscle.
  - (ii) Physiological anatomy of skeletal muscle.
  - (iii) Bio-electric potential.
  - (iv) Motor unit and All-or-none law.
  - (v) Muscular adaptations in response to training.
4. **EXERCISE AND CARDIOVASCULAR SYSTEM :**
  - (i) Basic anatomy of heart and vessels.
  - (ii) Cardiac output and cardiac cycle.
5. **EXERCISE AND RESPIRATORY SYSTEM :**
  - (i) Physiological anatomy of respiratory system.
  - (ii) Internal and external respiration.
6. **EXERCISE AND NERVOUS SYSTEM :**
  - (i) Nervous system: types, components and their functions.
  - (ii) Structure, types and functions of neuron.
  - (iii) Synaptic junction.
7. **EXERCISE AND THERMOREGULATION :**
  - (i) Hypo- and hyperthermia.
  - (ii) Mechanisms of heat exchange.
8. **BLOOD, BODY FLUIDS AND ENDOCRINOLOGY :**
  - (i) Composition of blood.
  - (ii) Fluid compartments.
  - (iii) Endocrinology: glands, their secretions and functions





**Annexure-XVII**

**SYLLABUS OF WRITTEN TEST**  
**M.Sc. (Sports Biomechanics)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

**1. FUNDAMENTAL CONCEPTS OF FOLLOWING TERMS :**

- (i) Axes and Planes.
- (ii) Center of Gravity.
- (iii) Line of Gravity.

**2. MOTION :**

- (i) Definition.
- (ii) Types of Motion.
- (iii) Newton's Laws of Motion.
- (iv) Application to Sports Activities.

**3. FORCE :**

- (i) Definition.
- (ii) Magnitude and direction of application of force.
- (iii) Centripetal and Centrifugal forces.
- (iv) Application to Sports Activities.

**4. EQUILIBRIUM :**

- (i) Definition.
- (ii) Major factors affecting Equilibrium.
- (iii) Role of Equilibrium in Sports.

**5. LEVER :**

- (i) Definition of Lever.
- (ii) Types of Lever
- (iii) Human Leverage.

**6. MECHANICAL PRINCIPLES INVOLVED IN**

- (i) Walking.
- (ii) Running.
- (iii) Throwing.
- (iv) Lifting.
- (v) Catching



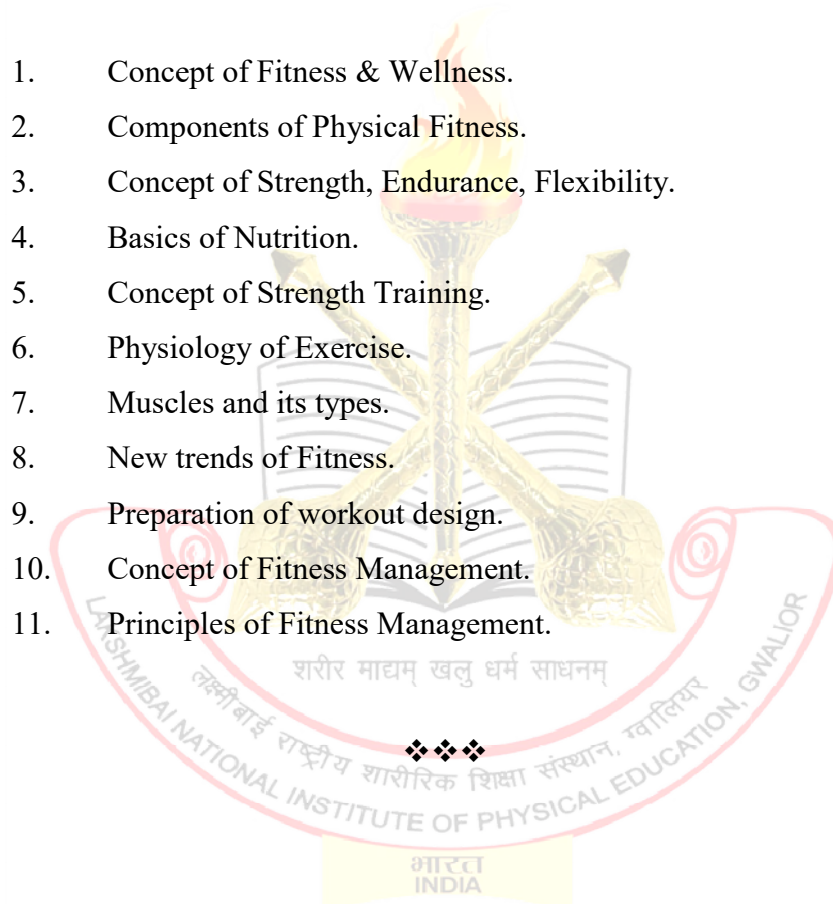
## Annexure-XVIII

## SYLLABUS OF WRITTEN TEST

## Post Graduate Diploma in Fitness Management (PGDFM)

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Concept of Fitness & Wellness.
2. Components of Physical Fitness.
3. Concept of Strength, Endurance, Flexibility.
4. Basics of Nutrition.
5. Concept of Strength Training.
6. Physiology of Exercise.
7. Muscles and its types.
8. New trends of Fitness.
9. Preparation of workout design.
10. Concept of Fitness Management.
11. Principles of Fitness Management.



## Annexure-XIX

**SYLLABUS OF WRITTEN TEST**  
**Post Graduate Diploma in Yoga Education (PGDYEd)**

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Fundamentals of Yoga
  - (i) Four Traditional streams of Yoga (Gyan, Karma, Bhakti, Hatha).
  - (ii) Modern Yogic streams and Techniques.
  - (iii) Basic knowledge of Life Histories of Yogis – Maharishi Patanjali, Hath Yogi Gorakshnath, Swami Vivekanand, Maharishi Aurobindo.
2. Basic knowledge of Human Anatomy and Physiology.
3. Basic Psychological Concepts – Anxiety, Frustration, Agitation etc., Types of Personalities.
4. Practical application of Yoga.
5. Yoga and Health.
6. Basic awareness about benefits and contraindications of Yoga Practices.
7. Diet and Nutrition.
8. Concept of Wellness.
9. Fundamentals of Naturopathy and Alternate Therapies.

**Annexure-XX (A)**
**SYLLABUS OF WRITTEN TEST**  
**Doctor of Philosophy (Ph.D.)**
**Paper-I : Research Methodology and Statistics**
**RESEARCH METHODOLOGY**

1. Meaning of Research, Need, Importance and Scope of Research in Physical Education, Types of Research, Survey of Related Literature, Need for Library Search, Library Sources, Preparation of Bibliography and Abstracts.
2. Formulation and Development of Research Problem : Location of Research Problem, Criteria in selecting the Research Problem, Formulation of Hypothesis, Null and Alternate.
3. Hypothesis, Assumptions and Limitations, Delimitations.
4. Historical Research, Scope of Historical Research in Physical Education, Historical Evidences, Validity of Historical Data.
5. Philosophical Research : Brief Introduction.
6. Survey Studies : Places of Survey Research, Tools of Survey Research, Questionnaire and Interviews.
7. Case Studies : Definition of Case Studies, Importance of Case Studies, Characteristics of Case Studies.
8. Experimental Research : Meaning, Scope and Nature, Control of Experimental Factors, Experimental Designs.
9. Research Proposal and Preparation of Research Report.

**STATISTICS**

1. Definition of Statistics, Importance of Statistics in Physical Education and Sports Research, Statistical Processes.
2. Frequency Distribution : Steps of Frequency Table Construction.
3. Measures of Central Tendency, Computation of Measures of Central Tendency, Computation of Percentiles and Quartiles and Grouped data.
4. Measures of Variability : Computation of SD from Ungrouped and Grouped data.
5. Definition and Principles of Normal Curve, Properties of Normal Curve, Skewness, Kurtosis, Standard Scales - Perentile Scale, Z-Scale, T-Scale, 6-Sigma Scale, Hull Scale, Standard Scores.
6. Correlation : Magnitude of Correlation, Computation of Correlation from Product Moment and Rank Difference Method.
7. Factors Affecting Reliability, t-ratio, Type-I and Type-II error, One Tailed and Two Tailed Tests.
8. Types of Sampling
9. One-Way Analysis of Variance with equal and unequal sample size, LSD and Scheffe's Test.
10. Computer Analysis in Physical Education and Sports.



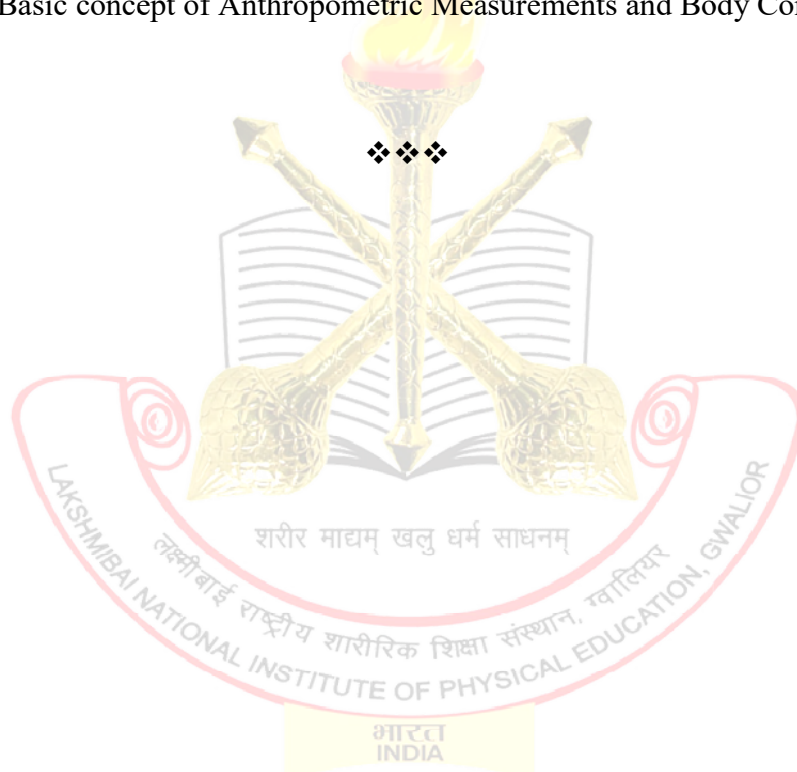
**Annexure-XX (B)**
**Paper-II : Specialization Area**
**PHYSICAL EDUCATION PEDAGOGY**

- 1. CURRICULUM DEVELOPMENT IN PHYSICAL EDUCATION :**
  - (i) Meaning, Definition and Principles of Curriculum.
  - (ii) Theories of curriculum development.
  - (iii) Factors affecting and sources of Curriculum.
  - (iv) Preparation & selection of content of the curriculum at various levels.
  - (v) Safety Consideration & Evaluation in Curriculum Development.
- 2. EDUCATIONAL TECHNOLOGY IN PHYSICAL EDUCATION :**
  - (i) Concept, Role and Importance of Educational Technology.
  - (ii) Hardware Technologies/Hardware Instructional Aids (Merits and Demerits).
  - (iii) Concept, Process, Principles and Barriers of Communication.
  - (iv) Achieving Effectiveness in Class Room Communication.
  - (v) Team Teaching: Meaning, Objective, Types, Principles, Procedure, Advantages and Disadvantages.
  - (vi) Evaluating Institutional Performance: Concept, Method Uses, Pupil and Teacher Evaluation and Institutional Performance Evaluation.
  - (vii) Method of Teacher Evaluation.
  - (viii) Meaning, Nature and significance of information and communication technology in teaching learning process.
  - (ix) Role of E-Learning, Components of E-Learning: CBT, WBT and Virtual Classroom, ELearning Tools.
  - (x) Learning Management Systems: Definition, Components- LMS vs LCMS
- 3. METHODS IN PHYSICAL EDUCATION :**
  - (i) Meaning and Scope of Teaching Methods in Physical Education.
  - (ii) Factors Influencing Methods of Teaching in Physical Education.
  - (iii) Maxing of Teaching.
  - (iv) Various Teaching Methods and Teaching Techniques in Physical Education.
  - (v) Characteristics of Good Class Management.
  - (vi) Values, Types and Construction of various Lesson Plans.
  - (vii) Introduction and Types of Competition.
  - (viii) Merits & Demerits of Competition.
  - (ix) General Guidelines for Organization of Competitions.
- 4. SPORTS TRAINING :**
  - (i) Meaning, Definition and Principles of Sports Training.
  - (ii) Training Load Definitions, Types and Factors of Training and Adaptation.
  - (iii) Meaning, Factors affecting and classification of Speed, Strength, Endurance, Flexibility and Coordinative Abilities.
  - (iv) Means and method of development of Motor Abilities (Speed, Strength, Endurance, Flexibility, Coordinative Abilities).
  - (v) Meaning, Types and Importance of Periodization.
  - (vi) Aim and contents of different phases of Periodization, buildup and main competition.



**5. EVALUATION TECHNIQUES IN PHYSICAL EDUCATION :**

- (i) Meaning, Definition, Principles and Importance of Measurement and Evaluation.
- (ii) Criteria of test selection.
- (iii) Factors Affecting and Procedure to Establish Scientific Authenticity.
- (iv) Steps for construction of knowledge test, skill test and specific fitness test.
- (v) Assessment of Physical Fitness, Motor Fitness, Motor Ability, Motor Educability and Health Related Fitness.
- (vi) Skill Test (Badminton, Basketball, Hockey, Soccer, Tennis and Volleyball).
- (vii) Meaning, Factors Associated and their items, Rating Scale and Interpretation  
Criteria of testing of psychological variables (Competition anxiety, Aggression, Group cohesion, Motivation and Self concept).
- (viii) Basic concept of Anthropometric Measurements and Body Composition.



## Annexure-XX (C)

### EXERCISE PHYSIOLOGY

1. Structural and Functional Classification of Muscles; Concept of Voluntary and Involuntary Muscles; Exercise and Cardiac Muscle; Comparative account of different types of Muscles; Hypertrophy and Atrophy of Muscles; Fiber type and their characteristics; Fiber types and Athletic performance.
2. Bioenergetics and recovery process; metabolism of Carbohydrate; Fat and Protein; Physiology of Blood Circulation.
3. Thermoregulatory Mechanism; Exercise in Hot & Cold Conditions - Physiological Response; Acclimatization - Process of Acclimatization and its affect, Changes in Bodily Systems during Acclimatization; Respiratory responses to high Altitude, Hypo- & Hyperbaric Environment.
4. Importance of Pulmonary Volumes and Capacities; Minute Ventilation, Alveolar Ventilation and Dead Space; Ventilation at Rest and during Exercise; Second Wind, EPOC.
5. Balanced Diet; Caloric Value of Food; Metabolism - Basal Metabolic Rate & Resting Metabolic Rate; Exercise Expenditure Metabolic Response to Exercise.
6. Concept of Neuron and its classification; Action Potentials & Graded Potential; Bio-Electrical Potential; Neuro-Muscular Junction and Thresh Hold Value; Basic Principle of Electricity.
7. Body Composition : Growth and Development of Tissue and Maturation; Physiology responses of Acute Exercise; Cardiovascular and Respiratory Function - Rest and Sub-maximal Exercise, Maximal Exercise.
8. Exercise, Aging and Cardiovascular diseases, Blood pressure, Diabetes, Osteoporosis, Hypercholesterolemia; Role of Heredity and Environment on Sports Performance; Physiological Aspects for Talent Identifications.



## Annexure-XX (D)

### SPORTS BIOMECHANICS

**1. ANATOMY OF HUMAN MOVEMENT :**

- (i) Neuromuscular Basis of Human Movement
- (ii) Concept and types of Motor unit
- (iii) Gradation in the strength of muscular contraction
- (iv) Structure, types, growth and development of Bone
- (v) Fiber type, Muscle size and its force production
- (vi) Adaptation of muscle to prolonged length changes
- (vii) Mechanical properties of matter such as elasticity, stress, strain etc.

**2. FUNDAMENTAL OF SPORTS BIOMECHANICS :**

- (i) Definition, Importance, Goal of Biomechanics & Sports Biomechanics
- (ii) Concepts and Forms of Motion
- (iii) Linear Kinematics of Human Movement (Concept and Explanation).
- (iv) Angular Kinematics of Human Movement (Concept and Explanation).
- (v) Linear Kinetics of Human Movement (Concept and Explanation).
- (vi) Angular Kinetics of Human Movement (Concept and Explanation).

**3. BIOMECHANICS OF HUMAN MOVEMENT :**

- (i) Fluid Mechanics (air resistance, water resistance)
- (ii) Projectile and Factors Influence projectile trajectory
- (iii) Concept and types of Spin, effect of spin on bounce.
- (iv) Mechanical Analysis of Fundamental Motor Skills : Walking, Running, Jumping, Throwing, Catching, Pushing, Pulling

**4. MECHANICAL ASPECT OF BIOMECHANICS :**

- (i) Application of Linear Newton's laws of motion in Sports Skill.
- (ii) Angular Analogues of Newton's Laws of Motion in Sports Skill.
- (iii) Centripetal and Centrifugal Force. • Equilibrium and Leverage of Human Movement
- (iv) Work, Power and Energy.
- (v) Composition and Resolution of Forces.

**5. ANALYSIS OF HUMAN MOVEMENTS :**

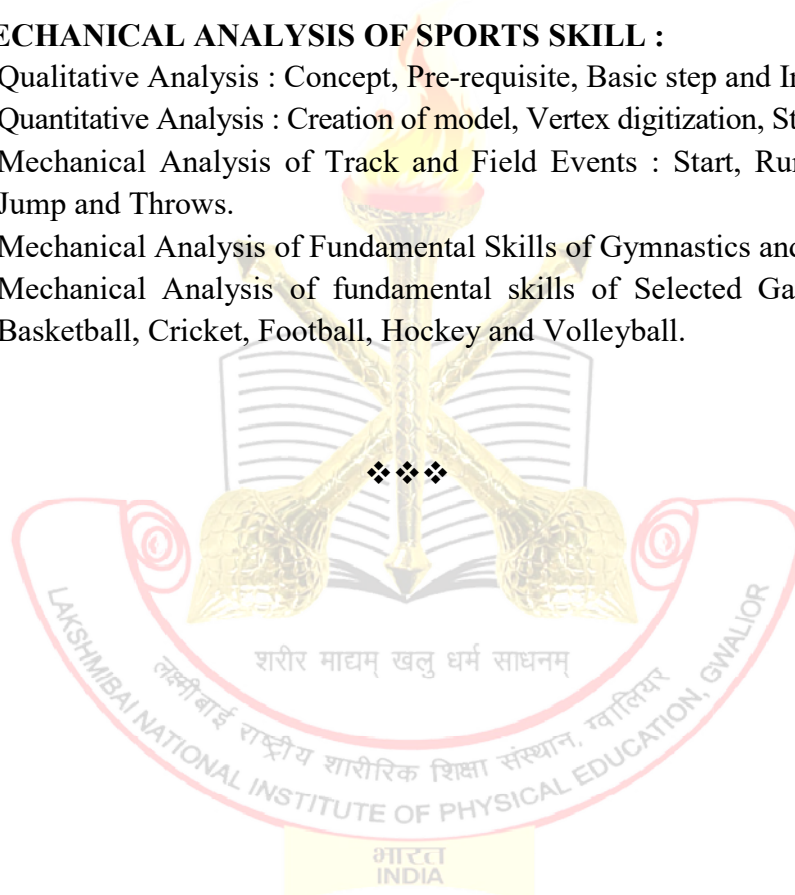
- (i) Concept of Mechanical and Biomechanical analysis and their Limitations.
- (ii) Mechanical Analysis of Fundamental skill such as Sitting, Standing, Lying, Lifting and Carrying positions.
- (iii) Mechanical Analysis of Locomotion such as Walking, Running, Jumping and Hopping.
- (iv) Mechanical Analysis of giving motion to external objects in everyday tasks and sports.

**6. INSTRUMENTATION IN BIOMECHANICS :**

- (i) Instruments for Sports Analysis and their applications (Radar Gun, Doppler radar device, Speedometer, Accelerometer, Force gauge, Spring scale, Dynamometer, Goniometer).
- (ii) Measurement of Force by force platform, force plate and podometric platform.
- (iii) Concept, technique, procedure and interpretation of electromyography.
- (iv) Different types of Cameras for motion analysis.
- (v) Different types of Motion analysis software (2D and 3D) and their procedure.

**7. BIOMECHANICAL ANALYSIS OF SPORTS SKILL :**

- (i) Qualitative Analysis : Concept, Pre-requisite, Basic step and Interpretation.
- (ii) Quantitative Analysis : Creation of model, Vertex digitization, Stick figure etc.
- (iii) Mechanical Analysis of Track and Field Events : Start, Running, Hurdling, Jump and Throws.
- (iv) Mechanical Analysis of Fundamental Skills of Gymnastics and Swimming.
- (v) Mechanical Analysis of fundamental skills of Selected Games & Sports : Basketball, Cricket, Football, Hockey and Volleyball.



## Annexure-XX (E)

### SPORTS PSYCHOLOGY

#### 1. INTRODUCTION TO SPORT PSYCHOLOGY :

- (i) Definition, Need, Importance, Role, Scope & Historical Development of sports psychology.
- (ii) Relationship of Sports Psychology with other Sports Sciences.
- (iii) Psychology for Healthy Life Style, quality of life, moral development and wellbeing.
- (iv) Meaning, Definition, Structures, Theories, Measurement of Personality.
- (v) Personality and Performance in Sports.
- (vi) Meaning, Definition, Structure, Theories, Measurement of Motivation

#### 2. DEVELOPMENTAL & EMOTIONAL ASPECT OF SPORT PSYCHOLOGY :

- (i) Physical, Cognitive, Emotional and Social Changes during Infancy, Childhood, Adolescence and Adulthood.
- (ii) Meaning, Definition and Theories of Motor Learning
- (iii) Developmental Considerations in Motor Skill Acquisition.
- (iv) Stages of Motor Learning and Plateau effect.
- (v) Meaning, Definition, Nature, Types and Assessment of Anxiety.
- (vi) Meaning, Definition and Nature of Arousal and Stress
- (vii) Meaning, Definition, Dimensions, Theories and Types of Aggression.
- (viii) Emotional States and their effect on Performance

#### 3. COGNITIVE PSYCHOLOGY IN SPORT :

- (i) Meaning and Concept of Sensation, Perception, Memory, Information processing, Decision making and Thought Process in Sports.
- (ii) Meaning, Types, Theories and Role of Attention in Sports.
- (iii) Meaning, Definition, Theories and Measurement of Intelligence in Sports.
- (iv) The Relationship Between Biological and Cognitive Psychology
- (v) Relationships between the brain and behavior.
- (vi) Importance of Sport Psychology and Cognitive processes in Physical Activity and Sports.

#### 4. SOCIAL PSYCHOLOGY IN SPORT

- (i) Structure, Forming and Understanding of Group.
- (ii) Measurement and Development of Team Cohesion.
- (iii) Coach Leadership in Sport.
- (iv) Coach-Athlete-Psychologist Relationship.
- (v) Spectators Effect on Sport Performance (Individual and Team Sports)
- (vi) Sport Environment and Motivational Climate.

#### 5. PSYCHOMETRICS AND PSYCHO-DIAGNOSTICS :

- (i) Meaning, Definition of Psychometrics.
- (ii) Administration, Scoring, Interpretation, Reporting and Feedback of various Psychological Measurement Tools.
- (iii) Meaning, Definition, Methods and Stages of Psycho-diagnosis.
- (iv) Steps of Construction of a Psychological Test.
- (v) Limitations, Uses, Misuse and Disuse of Psychometrics.
- (vi) Professional and Ethical Issues in Sport Psychology.
- (vii) Qualitative methods in Sport Psychology.



- 6. MENTAL TRAINING FOR PERFORMANCE ENHANCEMENT :**
- (i) Concept of Psychological characteristics for peak performance such as Achievement Motivation, Self regulation, Biofeedback, Self Confidence, Self efficacy and Coping with stress & anxiety.
  - (ii) Relaxation Techniques in Sports.
  - (iii) Goal setting and Sports Performance.
  - (iv) Imagery, Types of Imagery and Intervention strategies for activation techniques.
  - (v) Designing, Implementing, Importance and Common Problems of Psychological Skill Training Programme.
- 7. PSYCHOLOGY OF WOMEN AND SPECIAL POPULATIONS**
- (i) Meaning and Definition of Gender, Sex Differences and their importance.
  - (ii) Gender-Inequity and Gender Expectation in Sport.
  - (iii) Psychological perspective of Injured Athletes.
  - (iv) Psychological perspective on athlete's with Physically Challenged.
  - (v) Development of Psychological qualities of Officials.
  - (vi) Pre, During and Post Psychological Preparation for Officiating.
  - (vii) Problems and issues working with Individual and Team Sports.
  - (viii) Problems by high performance female athletes (Societal, Dietary, Menstrual, Emotional, Osteoporosis).
- 8. PSYCHOLOGICAL COUNSELING AND TALENT IDENTIFICATION :**
- (i) Meaning, Definition, Theories and Techniques of Counseling.
  - (ii) Theory and Practice of Individual and Group Counseling.
  - (iii) Psychological Perspective of Talent Identification.
  - (iv) Creating Motivational foundation and Promoting Talent.
  - (v) Diagnosis, Prevention and Treatment of Athletic Staleness and Burnout.
  - (vi) Causes and Cures of Drug Abuse in Sports.
  - (vii) Stress management in sport injury.
  - (viii) Eating Disorders, Substance Abuse, Sexual Abuse in Sports.

**Annexure-XX (F)**

**HEALTH SCIENCES**

**1. HEALTH AND HEALTH EDUCATION :**

Health, Public Health, Ecology of Health, Indicators of Health, Approaches, Objectives, Contents and Principles of Health Education, Communication Process in Health Education, Concept of Genetics, Chromosomal Abnormalities, Chromosomal Disorders, Factors which influence gene Frequencies, Preventive and Social Measures.

**2. HEALTH AND HYGIENE :**

Meaning and Importance of Hygiene, Environmental Hygiene, Personal Hygiene, Mental Hygiene, its nature and function, Hygiene and Health, Drugs, Anabolic steroids (Types and their effect), Tobacco, Physiological effect of Tobacco, Smoking and Disease, Quitting Smoking, Alcohol, Effects of Alcohol behavior, Long term effects of Alcohol.

**3. HEALTH AND NUTRITION :**

Food, Nutrient, Nutrition, Classification of Foods, Fast Food and its effects, Functions of Foods, Dietary guideline for eating right food, Sources, Functions and Requirement of Protein, Fat Carbohydrate, Vitamins and Minerals. Nutritional Diseases, Meaning and Importance of Balance Diet, Components of Balance Diet, Factors to be kept in mind for preparing Balance Diet Chart, Balance Diet Chart for Sedentary and Sportsman, Assessment of Nutritional Status, Food Hygiene and Food Safety, Food Additives, Food Adulteration, Mal-Nutrition Food Adulteration Act.

**4. HEALTH AND WELLNESS :**

Concept and Health and Wellness, Models of Health, Dimensions of Health Wellness, Making Healthy Changes, Relative Concept of Wellbeing, Definition of Stress and Emotion, Causes of Stress, Management of Stress, Understanding Thoughts of Emotion Depression, Anger and Mental Disorders, Developing coping strategies, What is Physical Activity, Physiological and Health Benefits of Physical Activity, Fitness and Conditioning, Exercise abuse, Meaning of Health Care and its Characteristics, Being a wise Health Care Consumer, Health Care Issue Today.

**5. HEALTH AND DISEASE :**

Concept and Causation of Disease, Natural History of Disease, Concepts of Control of Disease, Concepts of Prevention, Modes of Intervention, Definition of Epidemiology and its aims, Epidemiological Approval of Disease, Basic Measures of Epidemiology, Epidemiological Methods, Analytical Epidemiology, Respiratory Infection – Tuberculosis, Diphtheria, Intestinal Infection – Cholera, Typhoid, Arthropod Borne Infection – Malaria, Dengue, Surface Infection – AIDS, Leprosy, Zoo noses - Rabies, Plague, Coronary Heart Diseases, Rheumatic Heart Disease, their Causes and Prevention, Hypertension and stroke their Causes and Prevention, Cancer – Causes and Control, Diabetes Causes of Prevention, Obesity – Cause of Prevention.

**6. HEALTH AND ENVIRONMENT:**

Safe Water and its Requirement, Uses of and sources of Water, Purification of Water, Water Quality – Criteria and Standards, Special Treatment of Water, Components of Air, Indices of Thermal Comfort and Comfort Zones, Air Pollution Sources and Monitoring of Air Pollution, Health Effect of Air Pollution and Prevention of Control of Air Pollution, Meaning and Properties of Noise, Effect of Noise Exposure & Control of Noise, Requirement of Goods Light and Natural Light, Artificial Lighting and its Methods, Biological effect of Light, Sources and types of Radiation, Biological effect and Control of Radiation, Social goal of Housing and Criteria for Healthful Housing, Housing Standards and Housing and Health, Refuse – Sources and methods of Disposal, Excreta – Public Health Importance, how disease is carried from Excreta, Methods of Excreta Disposal, Sewage – Meaning and Health aspect, Modern sewage treatment.

**7. HEALTH AND DEMOGRAPHY :**

Meaning of Demography and its Cycles, Process in Demography, Fertility – Factors, Birth and Death rate, National Population Policy, Definition and its Scope of family planning, Health Aspects of Family Planning, Contraceptive Spacing Method and Terminal Methods, Medical Termination of Pregnancy Act, Evaluation of Family Planning, Meaning and its objectives, Basic Elements of RCH, RCH Interventions, Maternal and Child Health Programme, Child Survival, Sexuality Dimensions, Major Health Habits in Pregnancy, Benefits of Breastfeeding.

**8. HEALTH PLANNING AND MANAGEMENT :**

Meaning and objectives of Health Planning, Planning Cycle, Management Methods and Techniques of Health Planning, National Health Policy, Health Planning in India, Health System at the National Level, Health System at the State Level, Health System at the District Level, Integrated Rural Development Programme, Evaluation of Health Services, W.H.O. its Objectives Structure and Work, UNICEF, ILO, UNDP, FAO, Indian Red-cross Society, Indian Council of Child Welfare, International Red-cross, CARE, Meaning and Objectives Disaster Management, Classification of Disaster, Challenges in Disaster Management, Phases of Disaster, Common Natural Disaster in India and their Management.



## Annexure-XX (G)

### SPORTS MANAGEMENT

#### 1. **PRINCIPLES AND PRACTICES OF MANAGEMENT :**

- (i) Meaning and Concept of Management & Sports Management.
- (ii) Development of Management through-various approaches to Management Philosophy.
- (iii) Planning : Nature, Purpose, Objectives of Planning.
- (iv) Planning Process & Process of Decision Making.
- (v) Organizing : Nature; Principles of Organizing.
- (vi) Delegation, Element of Delegation (Authority, Responsibility, Accountability)
- (vii) Directing & Control : Nature of Directing; Principles & Process of Control.
- (viii) Principles of Control & Process of Control.

#### 2. **ORGANISATIONAL BEHAVIOR :**

- (i) Meaning and Concept of Organisational Behavior.
- (ii) Characteristics of Organizational Behavior.
- (iii) Organisational Environmental and Process.
- (iv) Meaning and Concept of Authority, Power and Policies.
- (v) Personality and Job Satisfaction.
- (vi) Measuring Job Satisfaction, Its Determination and Consequences.
- (vii) Leadership and Change Process.
- (viii) Factors Associated with Successful Change.

#### 3. **FINANCIAL MANAGEMENT IN SPORTS ORGANISATION :**

- (i) Introduction to Financial management.
- (ii) Meaning, Definition and Scopes of Financial Management.
- (iii) Financial Statement Analysis (Meaning, Definition, Types and Techniques).
- (iv) Objectives and Importance of Financial Management.
- (v) Introduction to Long Term and Short Term Financing.
- (vi) Sources of Finance in Sports.
- (vii) Definition, Need and Importance of Capital Budgeting.
- (viii) Introduction to Financial System in India.

#### 4. **MANAGING & PROMOTING SPORTS EVENTS :**

- (i) Meaning and concept of Event and Event Management.
- (ii) Skills required for an Event Management Professional.
- (iii) Role of Media in Event Management.
- (iv) Strategic Management of Public Relation for Events.
- (v) Concept of Integrated Marketing Communications (IMC)
- (vi) Concept and Role of Brand Image in Event Management.

#### 5. **MARKETING MANAGEMENT :**

- (i) Nature and Scope of Marketing
- (ii) Functions of Marketing Management.
- (iii) Factors Affecting Marketing Programme.
- (iv) Principles of Marketing Physical Education and Sports.
- (v) Planning of Marketing Mix Elements.
- (vi) Product Life Cycle.
- (vii) Advertising and Sales Promotions
- (viii) Significance of Marketing Research in Sports.

**6. HUMAN RESOURCE MANAGEMENT FOR SPORTS :**

- (i) Meaning and Concept of Human Resource Management.
- (ii) Scope and Importance of HRM in Sports.
- (iii) Guidelines for effective Human Resource Management.
- (iv) Aim and Objectives of Personal Management.
- (v) Meaning and Concept of Job Profile.
- (vi) Strategic Planning for Job Profile.
- (vii) Guidelines for Staff Recruitment and Training.
- (viii) Employee Feedback and Performance Appraisal.

**7. SPORTS FACILITY PLANNING, PROCUREMENT & LOGISTICS MANAGEMENT :**

- (i) Meaning and Concept of Facility Management.
- (ii) Planning the Facility.
- (iii) Health and Legal Considerations in Facility Planning.
- (iv) Indoor Facilities Management and Outdoor Facility Management.
- (v) Facility Maintenance, Facility Supervision and Security.
- (vi) Supply and Maintenance of Equipment.
- (vii) Meaning and Concept of Logistics Management.
- (viii) Selection and Training of Work Force.

**8. RISK MANAGEMENT IN SPORTS :**

- (i) Introduction to Risk and Risk Management.
- (ii) Key issues of Risk Management in Sports.
- (iii) Tort and Risk Management.
- (iv) Sport Law and Legal Liability.
- (v) Concepts of Legal implication in Physical Education and Sports.
- (vi) Racial Discrimination : Meaning, Damages and Defences.,
- (vii) Gender Discrimination and Sexual Harassment; Meaning, Damages and Defences.



**Annexure-XX (H)**

**YOGA**

1. Introduction and evolution of Yoga; Yoga in various philosophies; Yoga according to traditional texts; schools of Yoga; Biographies of famous Yogis and their contribution in Yoga.
2. Principles and Practices of Hath Yoga according to Hath Yoga Pradipika, Gherandasamhita, Hathratnavali, Shivsanhita, Siddhasiddhanta Paddhati.
3. Vedas; Messages of Upanishads and Yoga Vasishtha.
4. Human Anatomy and Physiology - Cell - Structure Composition, Function and its types, types of Tissues, their structure and functions; organs and systems of human body; Physiological effect of Yogic Practices; Metabolism.
5. Basics of Nutrition.
6. Bhagwad Gita - Sankhya Yoga, Gyana Yoga, Karma Yoga, Bhakti Yoga, Dhyan Yoga, Sanyasa Yoga, Characteristics of Ishwara and Yogi (Stithpragya), Nature of Soul, Trivida Shradha, Sristi Chakra Parampara.
7. Patanjali Yoga Sutra.
8. Principles of Psychology and counseling in Yoga; Mental Health through Yoga; Concept of Personality.
9. Yoga therapy for Lifestyle diseases; Postural correction; Diagnostic tools.
10. Swasthvat, Yogic Diet and Nutrition for Healthy Living.
11. Indian Philosophy and Human Consciousness - Samkhya, Yog, Nyaya and Vasheshika, Mimamsa, Vedanta Darshana, Nastika Darsana; Concept and Development of Human Consciousness in accordance with Western Philosophy.
12. Fundamentals of Naturopathy; Nature Cure; Fasting and Dietetics; Hydrotherapy and Mud Therapy; management of various Diseases with Naturopathy.
13. Alternate Therapies; Manipulative Therapies; Ayurveda; Psycho-Spiritual Therapies.
14. Application of Yoga in Education, Behavioral and Cognitive Psychology, Health, Personality Development, Sports & Rehabilitation.



**Annexure-XXI**
**FEE STRUCTURE**
**Bachelor of Physical Education (B.P.Ed.)**
*(Amount in Rupees)*

S. No.	Name of the Head	Indian Students		International/NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART – A					
1.	Tuition Fee	4,500/-	4,500/-	13,500/-	13,500/-
2.	Identity Card Fee	200/-	0	200/-	0
3.	Caution Money (Refundable)	2,000/-	0	2,000/-	0
4.	Registration/Immigration Fee	600/-	0	6,000/-	0
5.	Syllabus Fee	100/-	100/-	100/-	100/-
6.	Admission Fee	1,000/-	0	5,000/-	0
7.	Examination Fee	2,000/-	2,000/-	2,000/-	2,000/-
8.	Development Fund	2,160/-	2,160/-	6,480/-	6,480/-
9.	Library Fund	500/-	500/-	500/-	500/-
10.	Student Welfare Fund	100/-	100/-	300/-	300/-
11.	Sports Fund	2,160/-	2,160/-	6,480/-	6,480/-
12.	Medi–Claim Insurance	700/-	0	700/-	0
13.	Medical Fund	500/-	500/-	500/-	500/-
14.	Student Cultural/Literary Society Fund	500/-	500/-	500/-	500/-
	Total Fee Part – A	17,020/-	12,520/-	44,260/-	30360/-
PART – B					
1.	Uniform Fund	9,000/-	0	9,000/-	0
2.	Hostel cum Electricity Fee	3,460/-	3,460/-	6,920/-	6,920/-
3.	Mess Fund	23,650/-	23,650/-	23,650/-	23,650/-
	Total Fee Part – B	36,110/-	27,110/-	39,570/-	30,570/-
TOTAL PART A + B		53,130/-	39,630/-	83,830/-	60,930/-
GRAND TOTAL		92,760/-		1,44,760/-	

**Note :**

- (i) *Fee for subsequent years will be as per decision made by appropriate authority from time to time.*
- (ii) *Mess charges will be subject to Institute's discretion and review.*

**Annexure-XXII**
**FEE STRUCTURE**
**Ph.D. Course Work and other semesters /  
All M.Sc. / MASM / MASJ/ MASP**
*(Amount in Rupees)*

S. No.	Name of the Head	Indian Students		International/NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART – A					
1.	Tuition Fee	4,500/-	4,500/-	13,500/-	13,500/-
2.	Identity Card Fee	200/-	0	200/-	0
3.	Caution Money (Refundable)	2,000/-	0	2,000/-	0
4.	Registration/Immigration Fee	600/-	0	6,000/-	0
5.	Syllabus Fee	100/-	100/-	100/-	100/-
6.	Admission Fee	1,000/-	0	5,000/-	0
7.	Examination Fee	2,000/-	2,000/-	2,000/-	2,000/-
8.	Development Fund	2,160/-	2,160/-	6,480/-	6,480/-
9.	Library Fund	500/-	500/-	500/-	500/-
10.	Student Welfare Fund	100/-	100/-	300/-	300/-
11.	Sports Fund	2,160/-	2,160/-	6,480/-	6,480/-
12.	Medi–Claim Insurance	700/-	0	700/-	0
13.	Medical Fund	500/-	500/-	500/-	500/-
14.	Student Cultural/Literary Society Fund	500/-	500/-	500/-	500/-
	Total Fee Part – A	17,020/-	12,520/-	44,260/-	30360/-
PART – B					
1.	Uniform Fund	5,000/-	0	5,000/-	0
2.	Hostel cum Electricity Fee	3,460/-	3,460/-	6,920/-	6,920/-
3.	Mess Fund	23,650/-	23,650/-	23,650/-	23,650/-
	Total Fee Part – B	32,110/-	27,110/-	35,570/-	30,570/-
TOTAL PART A + B		49,130/-	39,630/-	79,830/-	60,930/-
GRAND TOTAL		90,760/-		1,42,760/-	

**Note :**

1. Fee for subsequent years will be as per decision made by appropriate authority from time to time.
2. Mess charges will be subject to Institute's discretion and review.

**Annexure-XXIII**
**FEE STRUCTURE**
**M.P.Ed./ M.A. (Yoga) / All PG Diplomas / DSC**
*(Amount in Rupees)*

S. No.	Name of the Head	Indian Students		International/NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART – A					
1.	Tuition Fee	4,500/-	4,500/-	13,500/-	13,500/-
2.	Identity Card Fee	200/-	0	200/-	0
3.	Caution Money (Refundable)	2,000/-	0	2,000/-	0
4.	Registration/Immigration Fee	600/-	0	6,000/-	0
5.	Syllabus Fee	100/-	100/-	100/-	100/-
6.	Admission Fee	1,000/-	0	5,000/-	0
7.	Examination Fee	2,000/-	2,000/-	2,000/-	2,000/-
8.	Development Fund	2,160/-	2,160/-	6,480/-	6,480/-
9.	Library Fund	500/-	500/-	500/-	500/-
10.	Student Welfare Fund	100/-	100/-	300/-	300/-
11.	Sports Fund	2,160/-	2,160/-	6,480/-	6,480/-
12.	Medi–Claim Insurance	700/-	0	700/-	0
13.	Medical Fund	500/-	500/-	500/-	500/-
14.	Student Cultural/Literary Society Fund	500/-	500/-	500/-	500/-
	Total Fee Part – A	17,020/-	12,520/-	44,260/-	30360/-
PART – B					
1.	Uniform Fund	7,000/-	0	7,000/-	0
2.	Hostel cum Electricity Fee	3,460/-	3,460/-	6,920/-	6,920/-
3.	Mess Fund	23,650/-	23,650/-	23,650/-	23,650/-
	Total Fee Part – B	34,110/-	27,110/-	37,570/-	30,570/-
TOTAL PART A + B		51,130/-	39,630/-	81,830/-	60,930/-
GRAND TOTAL		92,760/-		1,44,760/-	

**Note :**

1. Fee for subsequent years will be as per decision made by appropriate authority from time to time.
2. Mess charges will be subject to Institute's discretion and review.

**Annexure-XXIV**
**FEE STRUCTURE**
**DSEM/PGDSM/PGDSJ/PGDYEd**  
**(Open & Distance Learning Mode)**
*(Amount in Rupees)*

S. No.	Name of the Head	Indian Students		Foreign Students	
		I Semester	I Semester	II Semester	II Semester
1.	Tuition Fee	4,500/-	4,500/-	13,500/-	13,500/-
2.	Identity Card Fee	200/-	0	200/-	0
3.	Caution Money (Refundable)	2,000/-	0	2,000/-	0
4.	Registration/Immigration Fee	600/-	0	6,000/-	0
5.	Syllabus Fee	100/-	100/-	100/-	100/-
6.	Admission Fee	1,000/-	0	1,000/-	0
7.	Examination Fee	2,000/-	2,000/-	2,000/-	2,000/-
8.	Development Fund	2,160/-	2,160/-	6,480/-	6,480/-
9.	E-Library Fund/Computer Fund	1500/-	1500/-	1500/-	1500/-
10.	Student Welfare Fund	100/-	100/-	100/-	100/-
11.	Study Material	2,660/-	2,660/-	2,660/-	2,660/-
	<b>Total Fee</b>	<b>16,820/-</b>	<b>13,020/-</b>	<b>35,540/-</b>	<b>26,340/-</b>

**Note :**

1. Fee for subsequent years will be as per decision made by appropriate authority from time to time.
2. Mess charges will be subject to Institute's discretion and review.





## Annexure-XXV

### UNIFORM

The Uniform shall be purchased by the Institute and will be provided to the students on actual cost basis. The approximate cost of Uniform shall be **Rs. 9,000/-** for B.P.Ed., **Rs. 7,000/-** for M.P.Ed., M.A. Yoga and PG Diploma / Diploma Students and **Rs. 5,000/-** for other courses offered by the Institute.

#### B.P.Ed.

S. No.	Items	Boys	Girls
1.	T-Shirt (Light Gray)	Four	Four
2.	T-Shirt (White)	Two	Two
3.	Track Suit	One Set	One Set
4.	Short (Gray)	Four	Two
5.	Skirt (Gray)	-	Two
6.	Shirt (Full Sleeves) (White)	One	One
7.	Pant (Black)	One	One
8.	Tie	One	One
9.	Blazer (Navy Blue)	One	One
10.	Bag	One	One

#### M.P.Ed./M.A. (Yoga)/PG Diplomas/Diploma

S. No.	Items	Boys	Girls
1.	T-Shirt (Sky Blue)	Two	Two
2.	Track Suit (Royal Blue)	One Set	One Set
3.	Short (Navy Blue )	Two	One
4.	Skirt (Navy Blue)	-	One
5.	Shirt (Sky Blue)	One	One
6.	Pant (Black)	One	One
7.	Tie	One	One
8.	Blazer (Steel Gray)	One	One
9.	Bag	One	One

#### Remaining other courses offered by the Institute

S. No.	Items	Boys	Girls
1.	Shirt	One	One
2.	Pant	One	One
3.	Tie	One	One
4.	Blazer	One	One
5.	Bag	One	One

**Note :**

- (i) *The Uniform shall be purchased by the central Store of the Institute.*
- (ii) *In case of over/under expenditure, the excess/remaining amount will be paid/return back by/to the students.*



**Annexure-XXVI**
**LIST OF CENTERS/CITY (ONLINE WRITTEN TEST)**

S.No.	State	Cities	City Code
1	Tamil Nadu	Chennai	TN01
2	Tamil Nadu	Coimbatore	TN02
3	Kerala	Ernakulam	KL04
4	Kerala	Kozhikode	KL12
5	Karnataka	Belgaum	KK02
6	Karnataka	Mangalore	KK12
7	Andhra Pradesh	Vishakapatnam	AP18
8	Telangana	Hyderabad	TL01
9	Maharashtra	Pune	MR22
10	Maharashtra	Nagpur	MR17
11	Gujarat	Ahmedabad	GJ01
12	Rajasthan	Jaipur	RJ06
13	Madhya Pradesh	Bhopal	MP03
14	Madhya Pradesh	Gwalior	MP06
15	Odisha	Bhubaneswar	OR04
16	Odisha	Behrampur	OR03
17	Delhi	Delhi	DL01
18	Haryana	Rohtak	HR12
19	Haryana	Bhiwani	HR13
20	Haryana	Chandigarh	CH01
21	Himachal Pradesh	Shimla	HP06
22	Jammu & Kashmir	Jammu	JK02
23	Jammu & Kashmir	Srinagar	JK04
24	Assam	Guwahati	AM02
25	Manipur, Meghalaya & Nagaland	Imphal	MN01
26	Goa	Panjim	GO01
27	Uttar Pradesh	Lucknow	UP12
28	Uttar Pradesh	Meerut	UP14
29	Uttar Pradesh	Allahabad	UP03
30	Bihar	Patna	BR07
31	West Bengal	Kolkata	WB10
32	West Bengal	Siliguri	WB11
33	Uttarakhand	Dehradun	UK01
34	Uttarakhand	Halidwani	UK02
35	Chattisgarh	Raipur	CG01
36	Chattisgarh	Raigarh	CG04
37	Jharkhand	Ranchi	JH04
38	Jharkhand	Jamshedpur	JH03
39	Punjab	Amritsar	PB01
40	Andaman and Nicobar	Port Blair	AN01
41	Pondicherry	Pondicherry	PO01