



Seshadripuram Educational Trust

SESHADRIPURAM FIRST GRADE COLLEGE

Permanently Affiliated to Bengaluru Central University, Recognised by Government of Karnataka
& Recognised under Section 2f & 12B of the UGC Act, 1956, NAAC Accredited 'A' Grade

Yelahanka New Town, Bengaluru – 560064

NORTH BANGALORE SCIENCE FORUM

&

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

In Association with

PHYSICAL EDUCATION FOUNDATION OF INDIA

BENGALURU CITY UNIVERSITY

KARNATAKA SCIENCE AND TECHNOLOGY ACADEMY

Dept. of Science and Technology, Govt. of Karnataka, Bengaluru, Karnataka

presents

8 DAYS VIRTUAL INTERNATIONAL CONFERENCE

“YOGA, SPORTS, FITNESS and HEALTH DURING – COVID - 19 ”

(21st June 2021 to 28th June 2021)

HIGHLIGHTS

1. 5 Olympians
2. 30 Speakers from 10 Countries
3. Jointly Organizing in Collaboration with 5 Global Universities
4. 8 – Themes a). Yoga and Meditation, b). Sports Medicine, c). Nutrition and Health, d). Sports Psychology and Stress Management - COVID – 19, e). Para Sports, f). Opportunities and Challenges of Elite Sports Personalities, g). Adventure Sports & h). Opportunity and Career in Sports, Life Journey of Olympians



Inauguration Program

Date : 21st June 2021

Time : 11.00 AM

About Seshadripuram Educational Trust (SET) :

Seshadripuram Educational Trust has been in the forefront of education for the best part of the twentieth century, over the past nine decades. The Seshadripuram Group of Institutions was founded originally in 1930 by two lady educational enthusiasts of Seshadripuram, viz. Smt. Anandamma and Smt. Seethamma who started a primary school with about 20 children in a two Mangalore tiled rooms in the present main Campus of Seshadripuram. The institution has grown from strength to strength and today the total student strength is about 25,000. Seshadripuram Educational Trust institutions - now numbering 34 - spread across four districts (Bengaluru, Mysuru, Tumakuru & Mandya) have been growing from strength to strength having students from kinder garden to postgraduate courses. Since the time of its inception and through the process of its evolution, the soul essence of **Seshadripuram Educational Trust has been - To Educate, To Empower & To Enrich!** It has followed the legacy to impart Academic Knowledge and inculcate value Education to its students. It has stood tall as a premier Education set up and over the decades has been growing from strength to strength with a dynamic outlook. Located in the Heart of Garden City, Bengaluru, Seshadripuram Educational Trust popularly known as SET runs **34 Educational Institutions** ranging from Kindergarten to Ph.D Courses comprising of **9 Schools, 8 Pre-University Colleges, 8 Degree Colleges, 3 Post Graduate Colleges, 1 Global Academy, 1 Law College and 2 Research Centres.**

About Seshadripuram First Grade College (SFGC):

S.F.G.C was established in 1992. The college has grown phenomenally during the past two decades and now we offer undergraduate courses in Commerce, Management, Physical Science, Life Science and Computer Science; and the Postgraduate course in Management (MBA) and Commerce (M.Com.). The primary objective of education at S.F.G.C is to create dynamic leaders in the corporate sector, entrepreneurs, academicians, researchers and professionals who contribute to the development of society and nation at large. We are committed to maintaining high academic standards and preparing our students to secure rewarding employment on graduation. At the same time we believe that at S.F.G.C students should develop as individuals, gaining in self-confidence and developing a sense of enterprise.

About 8 Days Virtual International Conference:

Theme - "YOGA, SPORTS, FITNESS and HEALTH DURING – COVID - 19 "
(21st June 2021 to 28th June 2021)

Health and Sports have traditionally served as a global unifier. Race, religion, politics, socioeconomic status and gender are all thrown out the window when supporters band together to celebrate (or commiserate) the result of a competition.

As Nelson Mandela once said: "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does."

With the world in the midst of the coronavirus pandemic and people feeling more isolated now more than ever with borders closed and stay-at-home mandates in place, sports its athletes, personalities, executives, coaches, leagues, teams and fans can again prove that the cohesive power of more is greater than any single individual.

DAY – 1 21st June 2021

21st June 2021

11:00 AM



Inauguration Ceremony

Lamp Lighting & Opening Remarks by
International Dignitaries,
The Trustees, Management, Board, Stake
Holders & Associates of Seshadripuram
Educational Trust, Bengaluru

REGISTRATION DETAILS

1. Registration is Mandatory . Visit – www.sfgc.ac.in
2. Join – https://t.me/joinchat/xz_DG60D0scxZjZl to receive event details
3. Registration Form – <https://forms.gle/GEBq1ytYz3kE4FLW9>
4. Further Details Mail – icohas@sfgc.ac.in / sfgcbengaluru@gmail.com
5. Last date for Registration – 19th June 2021

CHIEF PATRON

Shri N. R. Panditharadhy

President, Seshadripuram Educational Trust

OUR PATRONS

Nadoja Dr. Wooday P. Krishna

**Honorary General Secretary,
Seshadripuram Educational Trust**

Prof. S. Ayyappan

**Chairman, KSTA & Chancellor,
CAU, Imphal**

Shri S. Sheshanarayana

**Hon. Joint Secretary,
Seshadripuram Educational Trust**

Shri W. D. Ashok

**Trustee,
Seshadripuram Educational Trust
IQAC Management Representative, SFGC**

AN INTERNAL QUALITY ASSURANCE CELL (IQAC), SFGC INITIATIVE

All are cordially invited

Prof. Sudhir V. B.

**Director, Dept. of Physical Education
& Sports**

Shri R.Srikanth

**Nodal Officer
Department of Collegiate Education &
State Co-ordinator PEFI Karnataka**

Dr. S. N. Venkatesh

**Principal,
Seshadripuram First Grade College**

Prof. Santanu Das

**Secretary,
North Bangalore Science Forum
HOD, Biotechnology, SFGC**

ZOOM MEETING LINK & YOUTUBE LINK WILL BE SHARED AFTER REGISTRATION

